

ADVENTURES PROJECT RECORD
OUTDOOR RECREATION

(Introduction to Adventures, Camping, Canoeing, Bicycling, Winter Travel, Backpacking)

Name _____ Grade (January 1) _____

Project(s) taken _____

Years in Project _____ Number of project meetings held _____ Number attended _____

CHECK ALL THAT APPLY TO YOUR PROJECT THIS YEAR:

- _____ Visited a camping or sporting goods store
- _____ Learned to read a topographic map
- _____ Used a compass to find direction
- _____ Practiced building and starting a fire
- _____ Went on a day trip adventure
- _____ Went on an overnight trip
- _____ Set up a tent and took it down
- _____ Planned, prepared and cooked a meal while on the trip
- _____ Kept field notes on animals and/or plants observed on trip
- _____ Took pictures while on trip
- _____ Kept a journal of trip
- _____ Selected appropriate clothing/gear for outing
- _____ Packed my own backpack
- _____ Used a camping lantern/camp stove
- _____ Planned and/or mapped out your adventure
- _____ Learned to tie the following knots and hitches. List: _____
- _____ Made an outdoor first aid kit
- _____ Unpacked after trip
- _____ Left the camping area cleaner than before I got there
- _____ Learned different types of snowshoes and their best use
- _____ Learned about different types of cross country skis and their best use
- _____ Purchased cross country skis and / or snowshoes
- _____ Learned basic cross-country ski maneuvers
- _____ Went snowshoeing
- _____ Learned about hypothermia and frostbite – how to treat and prevent, also dehydration
- _____ Developed and used a bike maintenance check list
- _____ Learned basic road safety for bikes
- _____ Learned about proper bike helmet fit and wore a helmet
- _____ Learned parts of a canoe and paddle
- _____ Properly entered and exited from a canoe
- _____ Properly fitted and wore a life jacket while canoeing
- _____ List the different strokes used while canoeing: _____
- _____ Gave a talk or demonstration on an adventure, list: _____
- _____ Other, please list: _____

Describe the trips/outings you went on:

Where	When	Length of Trip
_____	_____	_____
_____	_____	_____

In what ways did you help with the trip? _____

What safety methods did you learn/use on the trip or in your project?

What was your favorite part of the trip/project? _____

What would have made the trip/project better? _____

EXHIBIT RECORD

Exhibit	Placing at Fair