## FREE Program Open to the Public Milk, Mail and Medications: Navigating Care Roles



Monday, August 25, 2025 1:00 - 2:30 p.m. Manawa Municipal Center 500 S. Bridge Street Manawa, WI 54949

## Sponsored by the Waupaca County Association for Home and Community Education (HCE)

## **Program Highlights:**

- Take a look at your caregiving roles
- What does the role of caregiver do for you
- Learn tools to help you be a better caregiver
- Consider how you accept help yourself

Questions?? Call Marilyn Herman, (920) 596-3594