

Waupaca County Association for Home and Community Education

Calendar of Events

August 20 – 24 Waupaca County Fair, Fairgrounds in Weyauwega

Monday, August 25, Waupaca County HCE Executive Board Meeting, 10:30 am – Noon. Manawa Municipal Center (City Hall) 500 S. Bridge Street, Manawa. Lunch on your Own

Monday, August 25, Special Interest Program Open to the Public, 1:00 – 2:00 pm "Milk, Mail and Medications: Navigating Care Roles" Manawa Municipal Center (City Hall) 500 S. Bridge Street, Manawa

September through April: Wisconsin Bookworms Volunteer Readers read selected book each month at Headstart Centers in Waupaca, New London and Clintonville for the HCE Program

September 15 – 17, WAHCE State Conference, "Going Wild with HCE" Tundra Lodge, Green Bay

Monday, September 22, Waupaca County HCE Executive Board Meeting, 10:30 am – Noon. Manawa Municipal Center (City Hall) 500 S. Bridge Street, Manawa.Lunch on your Own.

Monday, September 22, Special Interest Program Open to the Public, 1:00 – 2:00 pm "Prevent Falls and Getting Up Safely" Manawa Municipal Center (City Hall) 500 S. Bridge Street, Manawa

Wednesday, October 1 – Deadline for HCE ACCENT articles for November-December, 2025 sent to HCE Secretary Marilyn Herman.

Wednesday, October 15, Waupaca County HCE Fall Business Meeting, Pot Luck Lunch and Auction to support our Scholarship Program 9:30 am – 2:00 pm Fox Valley Technical College, Clintonville. See enclosed flyer for detailed information.

Friday, October 31 and Saturday November 1, Coats, Hats, Mittens for Kids Distribution 10 am – 4pm Clintonville Community Center sponsored by Goodfellows – Salvation Army

Special Notice

Check the most recent <u>ACCENT</u> newsletter for the latest activity updates, change of date, time or place updates from your Program Booklet

Program Cancellations: In the event of inclement weather or hazardous roads, listen to WDUX Radio 8:30 AM and 92.7 FM or WIMQ 92.3 for cancellations and possible rescheduling.

A MESSAGE FROM YOUR HCE PRESIDENT

Hello HCE Friends and Happy Hot and Humid Summer! The good part is that my tomatoes, peppers, and herbs are growing and maturing really well. And, my husband and I welcomed our oldest son and his family for a little visit to the north country. They live in Las Vegas so heat was not a problem.

The summer has zoomed by for me. I was able to provide storytelling adventures to 12 libraries as part of their initiative to promote reading. I also continued my music therapy visits with Memory Care and Assisted Living residents. Lastly, I instructed adults and children on piano and guitar lessons in my teaching studio. And---that was my summer!

The Accent calendar and newsletter contains all sorts of information. There are also great pictures of our HCE members. Valuable programs will be presented to HCE members and the public. I encourage you to join in where ever you can!

Stay safe--stay well!

Lynn Marcks
Waupaca County HCE President

HCE LESSON "Milk, Mail and

Medication: Navigating Care Roles"

Milk, Mail, and Medications: Navigating Care Roles on August 25



Alicia Utke, Waupaca County Human development and Relationships Educator will present the Monday, August 25 Special Interest HCE Program starting at 1 PM at Manawa City Hall. The public and all guests are welcome to attend at no cost to them. Whether caring for a sick child or grandchild, helping a friend recover from surgery or long-term care for family members we all juggle the role.

Alicia will help us take a look at the role of caregiving and help us recognize the things that impact us in the role. Finally she will share some tools to help us in our current or future caregiving role. She will also share insights into how we receive our own caregiving help.

Please share the enclosed program poster with others and post in your community.

HCE LESSON "Prevent Falls and Getting up Safely"

Prevent Falls and Getting Up Safely Feature Topic September 22

John Hartenberger, longtime physical therapist and retired Orthopedic Spine Therapist will join us on Monday, September 22 for this HCE Special Interest Program starting at 1 PM at the Manawa City Hall. Please invite friends and family to join us for this session. At every age we need to maintain good balance and strength. Regular exercise, simple home improvements and the need to be aware of potential hazards all add up to safely navigate around. And if we do fall, John will demonstrate the safest way to get yourself up again.



Please share the enclosed program poster with others and post in your community. Thank You!

2025 Cultural Arts Show

2025 Cultural Arts Show Brought So Much Talent!

With 30 entries in this year's Cultural Arts Show and Contest, our judge,

Lois Probst and assistant Shelley Krisher were kept busy inspecting,

placing and displaying our efforts.

People's Choice was awarded by the members to Helen Heise's Quilt.

Ten Entries going on to state competition this fall include:

Helen Heise: Lambs in Black and White Quilt

Judy Long: Diamond Dot Highland Cow

Marilyn Herman: Mosaic Painted Picnic Basket and Diamond Dot

Hummingbird at Work

Lynn Marcks: Fall Decorated Sprinkling Can and Denim Decorated

Wreath

Diana Bonikowske: Hot Air Balloon Photo Kathy Manske: Button Flowers in a Vase

Mary Kautz: Purple/Teal and Black Knit Afghan and Crocheted Green

Prayer Shawl





Spring Meeting "HCE....How Sweet It Is" Got Everyone Buzzing



Led by President Lynn Marcks we were updated on WAHCE activities. Waupaca County had a very busy spring, hosting the Central District Meeting in April in addition to our ongoing HCE sponsored programs. Reports from our standing committees and officers showed our dedication and spirit of service to our communities.

We celebrated the following members for their long-standing efforts on behalf of HCE in Waupaca County:

4<u>5 Year Member</u>: Sue Krenke, County Line

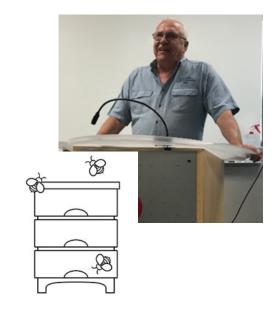
<u>40 Year Members</u>: Karen Euhardy, Sugar Bush VIP's, Kathy Manske, County Line and Jeane Tellock, Individual Member

35 Year Member: Vicki Much, County Line and Karen Stuhr, Sugar Bush VIP's

<u>20 Year Member:</u> Arlene Johnson, Honorary, Lynn Marcks, Individual and Cathy Weber, Modern M & M's

Our special guest speaker was Marty Mykisen, a member of the Waupaca County Beekeepers and President of the Portage County Beekeepers. He brought to life the daily labors of honey bees as well as the challenges for beekeepers and the need for encouraging a diverse plant landscape.

We did a "Bee Trivia" game and were surprised to find that 2 million flowers must be tapped to make one pound of honey. The average worker bee makes 1/12 of a teaspoon of honey in its lifetime. All honeycomb bee cells have 6 sides. A bee can fly about 15 mph. A queen bee can live 3 – 5 years. Bees cannot see the color red, those flowers are left to the hummingbirds. Dragonflies will eat bees. 75% of all main crops in the world are pollinated by bees.





We enjoyed lively lunch conversations over hot beef sandwiches, assorted salad and build your own ice cream sundaes with honey caramel sauce. Diana Bonikowske highlighted plans for the Wisconsin Bookworms reading program for the coming year and our book order for Head Start classrooms. She also offered extra books for sale to members. They make wonderful shower or family gifts or for reading to your own grandchildren.







Karen Stuhr, International Chair shared information about the Shoebox Collection project for Nicaragua Partners for school, beauty, garden or cooking supplies. Please bring to the August HCE meetings so they can be delivered at State Conference. Pennies for Friendship sponsored programs were also explained for our membership to make decisions about where we want our designated funds to go next year.

Alicia Utke, Extension Service Advisor to HCE updated us on the recent move of the Extension Office to downtown New London. This resulted from the ongoing renovation of the Courthouse that required many departments to find new office space. Education programs scheduled for the summer and early fall were shared with us. We are encouraged to attend and spread the word to others.



Four Years of Plastic Recycling for Benches Completed



Doris Budwit shared highlights at our Spring Business Meeting about the completion of four years of collecting, cleaning, sorting and delivering plastic caps and covers at the New London Senior Center. HCE has been a partner in this effort since the beginning. We not only collected hundreds of pounds of caps and covers but Doris Budwit, Marilyn Herman and especially Karen Euhardy have spent hundreds of hours cleaning and sorting caps each month. Here are some of the figures for the benches the past year two years. We transported 1550 pounds of caps to Evansville Indiana.

Eight benches were loaded and brought back to New London.

They were placed in the following locations:

New London Middle School - 28 foot red

Lincoln Elementary - 6 foot blue

Readfield Elementary - 8 foot red

Memorial Park - 6 foot red

Dog Park - 2, 4 foot blue

Legion Clubhouse - 6 foot blue (to go to Rosholt Camp) Photo: The volunteer group on the last day of sorting at the New London Senior Center.



In total there have been 24 benches brought to the community and this final year concentrated on benches for baseball field dugouts. The New London Senior Center is mentoring the Mary Beth Neinhaus Activity Center in Appleton to take over the project this fall. There is an informational meeting scheduled for late August to launch that project. A sincere thank you to the many folks and groups that saved caps and all those that sorted.

Central District Meeting Hosted by Waupaca County HCE

Waupaca County HCE hosted the eight counties of Central District (Green Lake, Marathon, Marquette, Portage, Shawano, Winnebago, Waupaca and Waushara Counties) to our Spring Meeting on Thursday, April 24th at the Fox Valley Technical College in Waupaca. The theme for our educational day was "HCE: Ain't We Got Fun".

Our fun educational day included the yearly general meeting, break-out sectionals, a special learning time with Marilyn Herman, a little exercise time, and a live auction. A bounty of breakfast snacks were available plus coffee and juice. A hot lunch buffet was also included.

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Members were encouraged to donate one item for the live auction with proceeds going to support the outreach efforts of HCE.

A special "THANK YOU" to our county members that brought morning baked goods as well as assisted in the food service, welcome and set-up for the day.

All done with a smile and a helping attitude.

"Let Yourself Bloom" was the message of the afternoon program. This lighthearted program helped us all appreciate the unique differences we, like flowers, bring to our home, family and community.

Planting for the Generations

• "No ray of sunshine is ever lost, but the green which it awakens into existence needs time to sprout, and it is not always granted for the sower to see the harvest. All work that is worth anything is done in faith."

Albert Schweitzer





Photo: HCE Members





Photo: A full house with great attendance and energy!

HCE Scholarship Committee Takes Job Seriously



Under the guidance of Kathy Manske, Scholarship Committee Chair we met to read the 20 applications submitted for our two HCE scholarships awarded to graduating seniors attending any Waupaca County High Schools. We had 3 applications from Waupaca; 2 from Weyauwega, 1 from Iola; 5 from Marion; 6 from New London, 2 from Manawa and 1 from Clintonville. The winners were from Waupaca (Riley Nelson) and Weyauwega (Octavia Wikowski) High Schools. They will receive a \$1000.00 award each from Waupaca County HCE.

Second 2025 Trip to Oshkosh Corrections with Donated Yarn

This June another carload of yarn, totaling 8 construction grade bags, was delivered to the Oshkosh Corrections facility.

The inmates working on hats, mittens, scarves, blankets and stuffed animals crochet over 2000 items to be delivered to thirteen different family service groups. Waupaca County HCE has donated yarn and received more than 200 warm winter wear sets each year for our Headstart enrolled students and elementary schools from this partnership. This year marks the 33rd year we have worked together on this project. We expect to make one more delivery of yarn in October and will collect our winter wear items at that time for November distribution.

