## WAUPACA COUNTY 4-H FOODS & NUTRITION RECORD

Name		Grade (Janua	ry 1)	Yrs. in project:	
Number of project meetings held:enjoyed the foods project because:		Number of project meetin		gs I attended:	
My favorite item I made th	is year was:				
What was the most difficul	It item you made and wl	hy:			
One thing I learned this ye	ar was:				
What is one item you plan	to make in the future ar	nd what skill(s)	will you nee	ed to complete this goal?	
Use the table below to rec	Preparation	How many	Liked by	What changes would you	
Name of dish	and cooking/ baking time	did it serve?		make to this recipe?	
			Yes / No		
			Yes / No		
			Yes / No Yes / No		

Yes / No

Pick two exhibits from your Foods project to share more detail abou	
Fair or Revue Entry:	Placing:
Attach Recipe	
List any new ingredients, techniques, or skills used for this recipe _	
Time to Prepare: Cost of Ing Changes or substitutions made to original recipe (if not from 4-H lit	gredients:
Changes or substitutions made to original recipe (if not from 4-H lit	terature):
What additional things did you do to make this entry ready for the ju	udges? (plating choice, garnishes, etc.)
Any comments from the judges or other exhibitors that you found h	elpful:
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Fair or Revue Entry:	Placing:
Attach Recipe	<del></del>
Attuch recipe	
List any new ingredients, techniques, or skills used for this recipe	
	gredients:
Time to Prepare: Cost of Ing Changes or substitutions made to original recipe (if not from 4-H lit	terature):
What additional things did you do to make this entry ready for the ju	udges? (plating choice, garnishes, etc.)
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Any comments from the judges or other exhibitors that you found h	eipiui:

## **EXHIBIT RECORD**

(List all items entered, including food preservation and cake decorating.

Add additional sheets as needed.)

Fair or Revue Entry (Be specific – i.e. for international food include name of dish, etc.)	Placing

Project story recommended but not required. May add additional pages.

Members are encouraged to include photos of projects with labels of what each project is. Revised 3/17