WAUPACA COUNTY 4-H FOODS & NUTRITION RECORD

Name		Grade (Janua	ry 1)	Yrs. in project:
Number of project meetings held:		Number of pro		s I attended:
My favorite item I made th	is year was:			
What was the most difficul	It item you made and wl	hy:		
One thing I learned this ye	ar was:			
What is one item you plan	to make in the future ar	nd what skill(s)	will you nee	ed to complete this goal?
Use the table below to rec	Preparation	How many	Liked by	What changes would you
Name of dish	and cooking/ baking time	did it serve?		make to this recipe?
			Yes / No	
			Yes / No	
			Yes / No Yes / No	

Yes / No

Pick two exhibits from your Foods project to share more detail about. List	
Fair or Revue Entry:	Placing:
Attach Recipe	
List any new ingredients, techniques, or skills used for this recipe	
Time to Prepare: Cost of Ingredient	s:
Time to Prepare: Cost of Ingredient Changes or substitutions made to original recipe (if not from 4-H literature) What additional things did you do to make this entry ready for the judges?):
what additional things did you do to make this entry ready for the judges?	(plating choice, garnishes, etc.)
Any comments from the judges or other exhibitors that you found helpful:	
Fair or Revue Entry:	Placing:
Attach Recipe	
List any new ingredients, techniques, or skills used for this recipe	
Time to Prepare: Cost of Ingredient	S:
Changes or substitutions made to original recipe (if not from 4-H literature)	
What additional things did you do to make this entry ready for the judges?	(plating choice, garnishes, etc.)
Any comments from the judges or other exhibitors that you found helpful:	
ing comments from the judges of other exhibitions that you found helpful.	

EXHIBIT RECORD

(List all items entered, including food preservation and cake decorating.

Add additional sheets as needed.)

Fair or Revue Entry (Be specific – i.e. for international food include name of dish, etc.)			

Project story recommended but not required. May add additional pages.

Members are encouraged to include photos of projects with labels of what each project is. Revised 3/17