

**ADVENTURES PROJECT RECORD**

(Introduction to Adventures, Canoeing, Bicycling, Winter Travel, Backpacking)

Name \_\_\_\_\_ Grade (January 1) \_\_\_\_\_

Project(s) taken \_\_\_\_\_

Years in Project \_\_\_\_\_ Number of project meetings held \_\_\_\_\_ Number attended \_\_\_\_\_

**CHECK ALL THAT APPLY TO YOUR PROJECT THIS YEAR:**

- \_\_\_\_\_ Visited a camping or sporting goods store
- \_\_\_\_\_ Learned to read a topographic map
- \_\_\_\_\_ Used a compass to find direction
- \_\_\_\_\_ Practiced building and starting a fire
- \_\_\_\_\_ Went on a day trip adventure
- \_\_\_\_\_ Went on an overnight trip
- \_\_\_\_\_ Set up a tent and took it down
- \_\_\_\_\_ Planned, prepared and cooked a meal while on the trip
- \_\_\_\_\_ Kept field notes on animals and/or plants observed on trip
- \_\_\_\_\_ Took pictures while on trip
- \_\_\_\_\_ Kept a journal of trip
- \_\_\_\_\_ Selected appropriate clothing/gear for outing
- \_\_\_\_\_ Packed my own backpack
- \_\_\_\_\_ Used a camping lantern/camp stove
- \_\_\_\_\_ Planned and/or mapped out your adventure
- \_\_\_\_\_ Learned to tie the following knots and hitches. List: \_\_\_\_\_
- \_\_\_\_\_ Made an outdoor first aid kit
- \_\_\_\_\_ Unpacked after trip
- \_\_\_\_\_ Left the camping area cleaner than before I got there
- \_\_\_\_\_ Learned different types of snowshoes and their best use
- \_\_\_\_\_ Learned about different types of cross country skis and their best use
- \_\_\_\_\_ Purchased cross country skis and / or snowshoes
- \_\_\_\_\_ Learned basic cross-country ski maneuvers
- \_\_\_\_\_ Went snowshoeing
- \_\_\_\_\_ Learned about hypothermia and frostbite – how to treat and prevent, also dehydration
- \_\_\_\_\_ Developed and used a bike maintenance check list
- \_\_\_\_\_ Learned basic road safety for bikes
- \_\_\_\_\_ Learned about proper bike helmet fit and wore a helmet
- \_\_\_\_\_ Learned parts of a canoe and paddle
- \_\_\_\_\_ Properly entered and exited from a canoe
- \_\_\_\_\_ Properly fitted and wore a life jacket while canoeing
- \_\_\_\_\_ List the different strokes used while canoeing: \_\_\_\_\_
- \_\_\_\_\_ Gave a talk or demonstration on an adventure, list: \_\_\_\_\_
- \_\_\_\_\_ Other, please list: \_\_\_\_\_

OVER

Describe the trips/outings you went on:

Where	When	Length of Trip
_____	_____	_____
_____	_____	_____

In what ways did you help with the trip? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What safety methods did you learn/use on the trip or in your project?  
\_\_\_\_\_  
\_\_\_\_\_

What was your favorite part of the trip/project? \_\_\_\_\_  
\_\_\_\_\_

What would have made the trip/project better? \_\_\_\_\_  
\_\_\_\_\_

**EXHIBIT RECORD**

Exhibit	Placing at Fair