



# ACCENT

November/December 2024

Waupaca County Association for Home and Community Education

## Calendar of Events

Saturday, November 16 9:30 am – 11:30 am, HCE Family Activity Program “Make a Fleece Headband for Yourself, Family or Friends” This community service project is sponsored by Waupaca County HCE. Free and Open to the Public

Monday, November 25 10:30 am – Noon, HCE Executive Board Meeting, Sturm Memorial Library, 130 N. Bridge Street, Manawa (Lunch on your own if attending Leader Training)

Monday, November 25 1:00 pm to 2:00 pm Special Interest Program “Who Loves the Library: How Today’s Libraries Meet Our Needs” Sturm Memorial Library 130 Bridge Street, Manawa  
OPEN TO THE PUBLIC

December 2 Deadline to Mail in dues and signed membership forms for 2025 to Treasurer Donna Pruett.

December 2 Deadline for HCE ACCENT articles for January – February, 2025 sent to HCE Secretary Marilyn Herman.

No December HCE Executive Board Meeting.

Program Cancellations or Corrections: In the event of inclement weather or hazardous roads, listen to WDUX Radio 8:30 AM and 92.7 FM or WIMQ 92.3 for cancellations and possible rescheduling.

Check the most recent ACCENT newsletter for the latest activity updates, change of date, time or place updates from your Program Booklet

## A MESSAGE FROM YOUR HCE PRESIDENT

Hello HCE Friends and Happy Fall/ Winter!

It is a wonderful time of year! Sometimes it is hard to see the beauty around us as we transition from fall to winter. Just take a look---it's there! This is also the time to celebrate holidays with family and friends. Wishing you the best!

Stay Safe---stay well!

*Lynn Marcks*

Waupaca County HCE President

## Wisconsin Bookworms

Our early reading program has begun at three Head Start locations in our county. Volunteer readers share stories with children ages 2, 3, and 4. What fun! Thank you to our volunteer readers: Marilyn Herman, Diana Bonikowske, and Vicki Much.

## Highlights from State WAHCE Conference in Appleton

HCE members representing Waupaca County at State Conference included Lynn Marcks, Doris Budwit, Diana Bonikowske, Barbara Dain and Marilyn Herman.

This year's conference theme was "*Experience the Magic of HCE*". Table centerpieces featured a rabbit coming out of a magic top hat made from a coffee can and record for the brim. At one of our banquets we even had a strolling magician doing tricks at each table.



We had a rare treat with Inga Witscher, host of *Around the Farm Table*, PBS and her mother providing a light-hearted storytelling program while preparing a 1950's Ribbon Sandwich loaf. Oh the memories of HCE meetings where the hostess would try the newest recipes on us! Ta Da! The ribbon loaf was complete with dried flower garnish.



Dozens of education sessions were offered this year including this session "*Honey, Its Worth the Sting*" presented by Nancy Lanyi of Fond du Lac County.



A craft session produced several seasonal items including pumpkins, snowmen and gnomes. Marketplace featured many new items including this yard sign "*HCE Member Lives Here*". Dr. Annie Jones, UW Madison, Division of Extension brought her message of "*The Magic of Leadership*" to HCE members.





Wisconsin HCE was recognized for the Wisconsin Bookworms Literacy Program that, since 1998 has read to 104,000 preschoolers and distributed 987,000 books to young readers. Now that's a milestone! We also donated over \$1200 to the Wisconsin

Nicaragua Partners purchases of native art, and \$600.00 to Pennies for Friendship. HCE counties in Wisconsin packed over 200 shoeboxes with supplies for Education Centers in Nicaragua and Guatemala with school, hair salon, cooking and sewing supplies.



## Congratulations to our State Cultural Arts Winners

There were 342 entries at the WAHCE Cultural Arts Show representing 38 counties. Waupaca County HCE members selected to represent Waupaca County at the State contest were rewarded for their efforts as follows:

Mary Kautz – Knit Baby Hat (Blue) and Baby Knitted Blanket (Blue)

Helen Heise – Christmas Pointsettas Table Runner (Blue)

Marilyn Herman – Diamond Dots Musical Notes (White)

Kathy Manske – Boys on the Farm (Red) and Sunflowers in the Field (Red)

Lynn Marcks – Wreath from Natural Materials (Blue)

## Showing Gratitude and Finding Joy

The September featured program helped us realize it's nice to be thankful but it also helps our body, mind and spirit to express gratitude to family, friends, and community helpers.

### **What are benefits of gratitude?**

- It makes us happier. ...
- It reduces stress. ...
- It improves self-esteem. ...
- It helps us be more resilient. ...
- It helps us sleep. ...
- It improves our physical health. ...
- It improves our romantic relationships. ...
- It improves our friendships

It improves our friendships.

**Be sure to take the time to relay your gratitude. Express your gratitude to others with these opening lines....**

- I appreciate your help.
- I am grateful for your help.
- I am so very grateful for your time.
- I greatly appreciate your help.
- Thank you for such a wonderful contribution.
- Thank you for taking the time.
- Thank you for taking the trouble to help me.

Thank you for all the help!

**"Gratitude is not only the greatest of virtues, but the parent of all others."**

**"Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings."**

**"When we give cheerfully and accept gratefully, everyone is blessed."**

We made a “Grateful Angel” from sea shells and wrote a special note to give this gift to a special person in our lives. A sincere thank you to Karen Euhardy for this program activity idea (left) and Doris Budwit’s finished Grateful Angels to give to each of her daughters (right).



## A Busy Fall Business Meeting, Potluck Lunch, Live Auction

HCE President Lynn Marcks kept the business agenda moving.



HCE members consider reports and information presented during the business meeting.



Our 25 year community service program partnership with Oshkosh Corrections and 16 outreach programs in Waupaca County received the State WAHCE award for County Community Service “Winter Wear Warmth” most recently lead by Myrtle Kutschenriter.



Bonnie Bartel and Sue Krenke, County Line HCE, received a certificate and \$100.00 from the Wisconsin Association for Home and Community Education (WAHCE) for their Club Community Service Project “Dresses for Africa”. This project was originally spearheaded by Mary Fenske and the club finished this year’s contribution of more than 100 dresses for their next mission distribution.



Doris Budwit accepts the WAHCE Award for Educational Program and \$100.00 for the March Program “New Ways with Vegetables” taught by our able staff with the Food Wise Nutrition Education Program





Renewing officers for 2025 include Doris Budwit (Program) Helen Heise and Kathy Manske (Co-Scholarship) receive the oath of office from President Marcks.

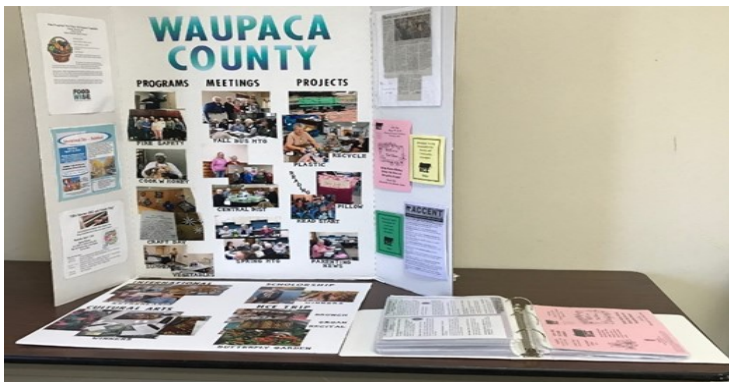


Business completed, its time to enjoy a bountiful potluck lunch...



And wonderful conversations!

The Waupaca County HCE display board and History Binder prepared by Doris Budwit was featured at the State Conference. Several counties asked for more information on various programs be shared with them.







Cultural Arts projects to consider for next year's program.

Live auction to benefit our Scholarship Program included garden produce, crocheted items, books, bakery, puzzles, and small gift items. What fun with our Auctioneer Kathy Manske!  
Extra Children's books on sale for members to use when gifting.



## WAUPACA COUNTY HCE SILENT AUCTION BASKET 2024

Thanks to our able chair, Helen Heise and donations from members and local stores we were able to offer a special gift basket from Waupaca County at state conference with proceeds going to our state international projects. The basket was won by someone in Outagamie County. All together HCE counties and members brought in 137 items for bidding and the Silent Auction raised \$3144.00 for United Nations International Programs.

Item	Donated By
1 Pint Dilly Beans	Marilyn Herman
12 oz. Boysenberry Jam	Country Corner Store, Marion
Rolling Pin and Flour Bin Cookbook	Amish Community of Marion
Pink Bandana Amish Bonnet	Country Corner Store,
Pink Twirl Scarf	Marilyn Herman
A Perennial Life, Local Author	Marilyn Herman
Kitchen Towel	Judy Long
Needle Holder	Helen Heise
Football Table Centerpiece	Marilyn Herman
Honey	Kathy Manske



## Winter Warm Project in High Gear



On October 23, Marilyn Herman and Doris Budwit represented Waupaca County HCE at a Winter Warmth Project Recognition Luncheon held at Oshkosh Correctional Institution. Representatives from 4 of the 13 community groups that partner with the prison this past year attended. Waupaca HCE donated four carloads of yarn to the inmates over this past year so they can make crocheted hats, mittens and scarves which we donate back in our communities. We requested

150 sets for our enrolled Headstart children to be given at our three Centers in Waupaca, Clintonville and New London so everyone has hats, mittens and scarves to play outside during recess. Waupaca HCE sews and distributes another 200 sets of sewn fleece sets to our other county partners.



The inmates in the Food Service Program with the Technical Collage prepared a 4 course meal for all the community representatives and 30 inmates in the program to enjoy together. A short program highlighted our partnerships and the benefits to inmates and local communities.

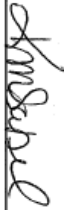
# Certificate of Appreciation

This certificate is awarded to:

Waupaca County Association for Home and  
Community Education

In recognition of your generous contribution and  
support of the Oshkosh Correctional Knitting  
Program.

It's people like you who make it possible.



Unit Supervisor K. Sabel



Warden B. Cahak



## WISCONSIN DEPARTMENT OF CORRECTIONS

Governor Tony Evers / Secretary Jared Hoy

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Oshkosh Correctional Institution

October 14, 2024

Merilyn Hermans  
E6631 State Road 22  
Bearcreek, WI 54922

I am writing to thank you for your generous donation of knitting yarn to Oshkosh Correctional Institution. As we are under a very tight budget, donations of this sort are of great value to the Institution.

With this donation, our special needs inmates have a way of giving back to the community. It is meaningful work for participants, many who have been productive workers throughout their lives before coming to prison. We have been able to provide hats, mittens, blankets, etc. to many needy organizations because of the donations.

Your generosity is appreciated.

Sincerely,

A handwritten signature in black ink, appearing to read "Brian Cahak".

Brian Cahak  
Warden

**FREE Program Open to the Public**



**Who Loves the Library?  
Today's Library: Meeting  
Our Needs**



**Guest Speaker: Bradley Shipp,  
Regional Director of OWLS**

**Monday, November 25, 2024**

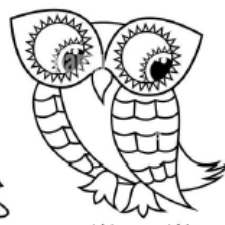
**1:00 - 2:00 p.m.**

**Sturm Memorial Library, Manawa  
130 N. Bridge Street  
Manawa, WI 54949**

**Sponsored by the Waupaca County Association for Home and  
Community Education (HCE)**

**Program Highlights:**

- See how local libraries make our lives interesting
- See what's on the horizon for local library services
- Appreciate how the library helps communities thrive



# Let's Make Cozy Fleece Headbands

Saturday  
November 16  
9:30-11:30 a.m.

at the  
Library

**No sewing skills or  
supplies required.  
All ages welcome.**

Co-sponsored by Waupaca  
County Association for  
Home and Community  
Education (HCE) and the  
Sturm Memorial Library.



**For more information:  
920-596-2252  
manawalibrary.org**

# Planning AHEAD

FOR THE END OF THIS LIFE

a FREE 7-Week Program for Veterans

As a veteran, you've made sacrifices and taken on responsibilities in service to your country. Now it's time to plan for the future to **ensure your loved ones are cared for and your wishes are honored.**

"Planning Ahead" is a 7-week program designed to guide you through the process of making important end-of-life decisions, so your family won't have to navigate these choices alone.

Date: Thursdays 1/09/25-2/20/25

Time: 9:30am-10:30am

Location: FVTC Waupaca

1979 Godfrey Dr, Waupaca, WI

Free and Open to the Community

**REGISTER HERE:**

**[HTTPS://GO.WISC.EDU/A4J7R5](https://go.wisc.edu/A4J7R5)**



Questions???  
Contact Alicia Utke:  
[alicia.utkebecher@wisc.edu](mailto:alicia.utkebecher@wisc.edu)  
715-258-6225



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## Planning AHEAD program topics

Getting Started

Handling Financial  
Changes

Advance Medical  
and Legal Directives

Estate Planning

Choices in End-of-  
Life Care

Final Wishes

Understanding Grief

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. UW-Madison Division of Extension provides equal opportunities in employment and programming including Title IX and ADA requirements. Any person requiring special accommodations can call 715-395-1363 in advance of scheduled programs so that appropriate arrangements can be made.



# Powerful Tools FOR Caregivers



**A FREE 6 week evidence-based workshop that can help caregivers:**

- Reduce stress
- Improve self-confidence
- Set goals and problem solve
- Make tough decisions
- Communicate effectively with family, doctors and paid caregivers

6 week class held every TUESDAY  
January 14th through February 18th

12:30pm-2:00pm

Respite is available!

Waupaca Fox Valley Technical College  
1979 Godfrey Drive, Waupaca

For registration and questions:  
Carrie Esselman 920-289-1303  
[carrie@foxvalleymemoryproject.org](mailto:carrie@foxvalleymemoryproject.org)



SCAN HERE

Class facilitated and support by:



**In Memoriam: Celebrating the Life of Jackie,  
UW Extension Educator**



**Jackie Carattini**

*July 30th, 1974– October 27th, 2024*

With a warm smile and a boisterous laugh, Jackie could fill any room with her magnetic energy. Her personality drew people to her, and she was known for her generosity of spirit and kindness. As Human Development and Relationship Educator for Wood and Marathon Counties Jackie dedicated more than two decades of service to the people of Wisconsin, leaving a lasting impact through her work and compassion. As we remember her, we carry forward her message to us all: *find moments of awe and be kind*. In Jackie's memory, may we continue to celebrate life's beauty, create memories, and find joy in the little things, just as she did.



**Extension**

UNIVERSITY OF WISCONSIN-MADISON  
WAUPACA COUNTY

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**4-H Summer Assistant**— Macey Popple

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