

# 4-H FORECAST

April/May 2024

# JOIN US IN CELEBRATING NATIONAL **VOLUNTEER WEEK APRIL 21-27, 2024!**

National Volunteer week was established in 1974 and has become a nationwide effort to encourage people to volunteer in their communities. We are so thankful for all of the 4-H volunteers in our county. In Waupaca County 4-H we have over 170 adult volunteer leaders who serve in various roles. 4-H Volunteers are valued partners in the 4-H Program! In addition there are many youth who serve as volunteers. Behind every one of our success stories there are mentors. People who support 4-H and help bring ideas to life.

To show our appreciation, we have ordered 4-H chip clips. These will be at the Extension Office for any youth or adult volunteers that are able to stop in. Penny will also bring them to meetings and distribute.

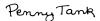


4-H Youth and Families—National Volunteer Week is also an excellent time to show your appreciation for club, activity, project, and county leaders. Some ideas include:

- ♦ A hand written thank you note!
- ♦ A token of appreciation, bag of treats, cookies, etc.
- ♦ Let volunteers know something you have learned from them.

To all youth and adult volunteers, we appreciate your time, talents, and support for 4-H!

Penny Tank, Extension Waupaca County 4-H Educator





# **COUNTY NEWS**

#### **Cloverbuds**

Did you know that there are close to 80 Cloverbuds in Waupaca County 4-H (grades K-2)? We are continuing County-wide Cloverbud meetings with one on Thursday

Cloverbud meetings with one on Thursday,

May 30 from 6:00-7:00 p.m., in

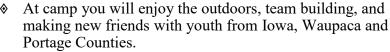
Weyauwega. The focus of this workshop



will be the foods project. We will practice measuring and some other kitchen basics first. See page 12 for a registration link and this will also be emailed to all Cloverbuds.

# <u>4-H Summer Camp!!</u>

- If you are in grades 3-8, save the dates of June 25-27 for Junior Summer Camp at Upham Woods in Wisconsin Dells.
- REGISTRATION IS OPEN IN 4-H ONLINE AND ENDS MAY 6.



- An email was sent to all families with youth in this age group. See page 13 & 14 in this newsletter for more information about the benefits of 4-H camping.
- Upham Woods is also offering open enrollment Outpost Camp this summer for youth entering grades 8-10. Dates are August 3-6. The cost is \$315. Scholarships are available for through their registration process. 4-H members can request additional scholarship funds through Wisconsin 4-H. Registration can be found here https://fyi.extension.wisc.edu/ uphamwoods/2024/01/11/summer-camp-2/

# June Dairy Month

Is your club planning to celebrate June Dairy Month? Here is a website where you can look for resources https://wisconsindairy.org/Promote-Dairy/dairy-month-promotion



## **AmeriCorps Update**

Alison Acker has been busy as the Waupaca County 4-H AmeriCorps member. Some of the ways she has shared 4-H programming include:

- 4 week after school program at Parkview Elementary in New London
- Marion after school program
- ♦ Plans to have a table at the Waupaca Superhero Fun Run
- ♦ Assembling Project Kits for distribution at local libraries
- ♦ Upcoming summer library programs

# 4-H Food Stand at the County Fair

The 4-H Food Stand Committee will have a meeting soon to make plans for the upcoming County Fair food stand. The food stand is a valuable fundraiser for the Waupaca County 4-H Program and help is appreciated. If you are interested in helping on this committee contact Penny for meeting details.

#### Record Book Pages

For members, record books are a valuable part of the 4-H experience. They are intended to help you develop lifelong skills such as:

- ⇒ Setting goals
- ⇒ Planning and organizing
- ⇒ Communicating in writing
- ⇒ Evaluating effort and progress



Once completed, members experience personal satisfaction from completing a worthwhile task.

You also have a valuable record of accomplishments that can be used when applying for awards, scholarships, college or a job! Remember to begin saving information for your record books throughout the year and to start filling out the record book pages early. Refer to the guidelines you receive with the record book pages for details about completing your record book.

Similar to last year, printed copies of record book pages will be given to those that want them. We will not be printing and handing out record book pages to all members as in the past unless requested through your club leader or the extension office. You can also access record book pages on the Waupaca County

4-H website here <a href="https://waupaca.extension.wisc.edu/4-h-youth-development/4-h-program-topics/record-book-pages/">https://waupaca.extension.wisc.edu/4-h-youth-development/4-h-program-topics/record-book-pages/</a>. On this website there is a powerpoint that you can look at for tips and sample record book pages/project story examples. More detail about awards and recognition for record books will be included in a future Forecast newsletter. Completed record books are due to your club general leader in mid-September.

# **COUNTY FAIR**

**2024 WAUPACA COUNTY FAIR DATES:** The Waupaca County Fair dates are August 21-25. The Waupaca County Fair website address is https://www.waupacacountyfair.com/
The updated fairbook has been posted and online entries are due July 1.

# 4-H Projects vs. County Fair Exhibits

What's the difference between 4-H projects and fair exhibits? A 4-H "Project" is an area of interest you want to learn more about (like a hobby). This is what you sign-up for during enrollment in 4-HOnline (i.e. horse, electricity, dogs, photography, etc.). A project is intended to help you explore, learn, and practice skills in your areas of interest. Youth must choose their projects at the time of enrollment so they have plenty of time to learn about or practice with their project area before the fair.

A County Fair "Exhibit" is what you actually take to the fair – like the cabbage you grew, the animal you trained, or the rocket you built while exploring and learning about your projects. There may be some things you do while exploring your project area that you do not take to the fair as exhibits and that is ok. Youth sign up to exhibit at the County Fair during June/early July based on the exhibits and rules listed in the Waupaca County Fair Premium book.

# **VOLUNTEER LEADER TRAINING**

<u>Supporting Youth Mental Health Training for Volunteers</u> https://4h.extension.wisc.edu/resources/volunteer-resources/training-for-volunteers/supporting-ymh/

For adults who volunteer with young people and care about young people. One way to show we care is to give help and support when someone is feeling down. That's what the Supporting Youth Mental Health for Volunteers Training—Supporting YMH, for short—is all about: knowing how to support youth when they're down, whether it's simply a bad day or it's more than that.

# Supporting YMH has two parts:

- 1-hour online training
- 2-hour live training—offered virtually or in-person



#### Join the YMH Movement

A team of youth, volunteers, and staff developed this training.

# **LEADERS' BOARD and ASSOCIATION**

The next Leaders' Board Meeting will be on Thursday, May 9 at 6:30 p.m., Manawa City Hall.

# Election results for the Waupaca County 4-H Leader Board

Thank you to all of the outgoing 4-H Leader Board members. Thank you also to all who were willing to add their name to the ballot this year for the 4-H Leaders' Board. New Board members elected this year are:

- ♦ Amanda Pockat—Wisconsin Workers, Vice President
- Sarah Burmeister—Woodland Badgers, District I
- ♦ Gloria Zemple—Friendly Valley, District II
- ♦ Sommer Peterson—Peterson Mill, District III (1 year term)
- ♦ Amy Korth—Lebanon Cedars, District III (2 year term)
- ♦ Janet Wiechert—Casey Lake, District IV
- ♦ Sara Knoespel—Sandy Knoll, District V
- ♦ Kylie Heise—Sandy Knoll, Youth Representative

# **MEMBER/CLUB OPPORTUNITIES**

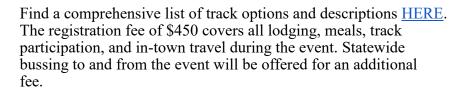
# **Summer Academy—Grades 8-11**

**Summer Academy** is the Positive Youth Development Institute's signature career, leadership, & college readiness conference hosted at UW-Madison. The event focuses on

preparing young people (grades 8-11) for higher education in a way that complements formal education prep programs. Summer Academy offers an immersive college experience; participants will experience life in a residence hall, explore campus, and enjoy the unique elements of higher ed that only Madison can offer.

A sampling of this year's SPARK tracks include:

- Baking & Decorating
- Civic Engagement
- Agriculture & Animal Science
- Climate Science & Ecosystem Resilience
- Biological Sciences
- Automotive
- Trades
- Diesel/Ag Equipment Technician
- Arts
- Health



For more information, please visit go.wisc.edu/4HSummerAcademy ... We can't wait to see you in Madison!

# Wisconsin State Fair

State Fair is August 1-11. If you are interested in exhibiting at the Wisconsin State, go to this website for more information. https://wistatefair.com/competitions/ There is an e-newsletter you can sign up for to continue getting information.

2024 Waupaca County Fairest of the Fair Applications Available

The Waupaca County Fair is seeking candidates for the position of the 2024 Waupaca County Fairest of the Fair! Applications must be submitted by Wednesday, May 15, 2024. Applicants must be 18 years of age as of January 1, 2024. The selection process will include each, a written

application, individual and group interviews, on-stage questions,



STATE FAIR

and interactions with the judges during the Fairest of the Fair Competition in June. Attendance is mandatory for the competition with a finalized date being shared with all applicants.

The Waupaca County Fairest of the Fair serves as the official ambassador of the Waupaca County Fair, representing and promoting the Fair at events across the county throughout the year. The Fairest also makes daily appearances during the week of the Fair and will be responsible for speeches, other community interactions and promotional events.

The Fairest program provides an opportunity to applicants to grow in public speaking, etiquette, confidence, presentations, interviews and more. To find the application for the Waupaca County Fairest of the Fair position visit <a href="https://www.waupacacountyfair.com/fairest-of-the-fair/">https://www.waupacacountyfair.com/fairest-of-the-fair/</a>, email <a href="wcfairestcoordinator@gmail.com">wcfairestcoordinator@gmail.com</a> or call Katie Loehrke, Coordinator at (715) 281-0168 with any questions.

# 4-H PROJECTS

# Youth for the Quality Care of Animals (YQCA)

If you attended the YQCA training on Saturday, March 23 or plan to register and attend the in person training on June 29, you need to register at this website https://yqcaprogram.org/. There is a help video under more information for youth and parents. NEW—there is a pre-test you must complete and a post survey in order for the instructor to mark your training complete so you can acquire your certificate.

# **Dog Project**

The first training night for 1st year members with dogs will be Monday, May 13. The first training night for all members and dogs will start on Monday, May 20th. Please check the calendar for the time slots based on the classes you are entered in.

The best way to stay in the loop for this project is by finding us on Facebook (Our group is called **Waupaca County 4-H Dog Project**) and requesting to join our group. If you do not have Facebook, please let Colleen know so other arrangements can be made.

Questions about the project can be directed to Colleen Rae at 920-636-5271 or by email at colleensranch@gmail.com.

# Horse Project

- ⇒ Mark your calendars for the next countywide horse project meetings on Mondays, April 29 and May 20 at the Manawa Elementary School Commons, 6:30-8:00 p.m. Remember, project members need to participate in at least 2 monthly meetings (January May) to show at the fair.
- ⇒ Jumping Worknights will begin on Wednesdays, May 8, 15, 22 at the Weyauwega Fairgrounds, 6:30-8:00 p.m.

## Waupaca County Dairy Judging

Dairy judging is an excellent opportunity to increase your knowledge of dairy cattle and practice life skills such as communication, critical thinking, and decision making. Members have the opportunity to participate locally in practice sessions and then compete at Area Animal Science Day. Please contact Penny at the Extension office to let us know of your interest in participating in Dairy Judging.

#### Area Animal Science Days

June 18 in Shawano. Area Animal Science Day is a day-long event where youth in the beef, dairy, horse, sheep, and swine projects increase their decision-making skills and knowledge of animals through judging and grading experiences. Events include evaluation of dairy cattle, horses, and meat animals; dairy showmanship contests; and oral reasons workshops. In addition, some sites may offer a variety of workshops for small animal projects too.

## Wisconsin Shooting Sports Project

If you are enrolled in shooting sports projects be sure to go to the State 4-H Shooting Sports website for the latest news and information, including certification requirements of adult volunteers and safety guidelines that need to be followed for project meetings <a href="https://fyi.extension.wisc.edu/wi4hshootingsports/">https://fyi.extension.wisc.edu/wi4hshootingsports/</a>

# 2024 Adult Shooting Sports Leader Certification Workshops

Check out the Wisconsin 4-H website for more information on

the 2024 workshops: https://4h.extension.wisc.edu/opportunities/projects/shooting-sports/leader-certification-training-workshops/2024 Saturday Certification Workshops, 8 AM to 5 PM

- West Central Workshop, May 4, Eau Claire, WI Disciplines offered: Archery, Muzzleloader, Rifle/Air Rifle, & Shotgun.
- West Central Workshop, September 14, Marshfield, WI Disciplines offered: Archery, Coordinator, Muzzleloader, Rifle/Air Rifle, Pistol/Air Pistol, & Shotgun.

# <u>2024 Competitive Shoots</u>—For more information go to: https://4h.extension.wisc.edu/opportunities/projects/shootingsports/competitive-shoots/ Registration forms are being updated.

- Annual Shawano Co. All Star Shootout, May 10-11, Shawano, Disciplines: Archery, Air Pistol, Air Rifle, Wildlife
- *Brown County Statewide Shoot,* June 7-8, De Pere Disciplines: 3D Archery, Air Rifle, Air Rifle Silhouettes, .22 Rifle, .22 Silhouettes, Shotgun-trap, and Wildlife Conservation
- Shawano Co 4-HAll Star Summer Archery Shootout, July 13
- Shawano Co 4-H All Star Summer Shootout, July 14,

# Waupaca County 4-H Small Animal Fun Show

Save the date for the Waupaca County 4-H Small Animal Fun Show (both poultry and rabbits), **July 6, 2024**. This will be held at the Fairgrounds in Weyauwega with registration from 9:00-9:30 a.m. and the show from 10:00 a.m. to approximately 1:30 p.m.

# THANK YOU

- ⇒ All volunteers who helped plan and teach at **Super Saturday!** About 175 youth and adults registered with another 100 parents and teachers in attendance!!
- ⇒ Outgoing **Leader Board Members** and those elected for the Leaders' Board
- ⇒ Over 30 youth who participated in the 4th Annual **Lego** Contest

- ⇒ **Abbey Acker** for leading the bunny cake zoom for close to 30 families
- ⇒ Riley Persells, Rylee Nelson, Katie Johnson, Evan Retzlaff, and Abbey Acker for helping lead 4-H New Family Night
- ⇒ **General Leaders** who participated in the annual General Leader Meeting
- ⇒ Participants in the 4-H Speaking and Demonstration Contest: Charlie Meier, Harlie Meier, Abbey Acker, Rylee Nelson, Danielle Tank, and Brooklyn Grimm.

# CONGRATULATIONS

- ♦ **Isabelle Dietzler** for being selected to represent WI 4-H at National 4-H Conference in Washington D.C.
- Micah Postel, Eli Zempel, Trenton Baumgart, and Macintyre McNamee for representing Waupaca County at 4-H Space Camp
- Sophie Stueck, winning the 4-H Non-photography category during the Wisconsin 4-H Foundation Celebrate the Arts Contest.

# Wisconsin Pork Association Scholarship

WPA Youth Committee recently awarded 85 youth with \$100 scholarships to help offset the costs of their upcoming swine projects. Congratulations to Waupaca County youth recieving the award: Archer Umnus, Owen Hartwig, Eleanor Schneiderwent, Kylie Heise, and Victoria Havlik.

# **CLUB/GROUP HAPPENINGS**

- <u>Ambassadors</u>—supported the county Lego contest, helped at New Family Night and Super Saturday.
- <u>Casey Lake</u>— they recently held an art project meeting and Cloverbud workshop for members.
- <u>Dayton Community</u>— members enjoyed several recent club outings. They painted pottery, played games at the Mineshaft and swam at Tundra Lodge.
- <u>Friendly Valley</u>—club members held a holiday party and made plans to attend a Gambler's game in April.
- Peterson Mill—they are planning club project meetings

- and enjoyed a winter activity of ice skating.
- Woodland Badgers—recently held a bowling & pizza party. They are working on planning upcoming club tours.

# **MISCELLANEOUS**

JOANN Stores: JOANN is in the middle of their annual point-of-service campaign. You can support Wisconsin 4-H through your purchases. Through in-store donations, custom 4-H products and digital experiences, JOANN customers and 4-H supporters are helping to empower the next generation of makers to lead lives with their hearts, hands and minds. See more here: <a href="https://4-h.org/support/corporate-foundation-support/joann-fabric-and-craft-stores/">https://4-h.org/support/corporate-foundation-support/joann-fabric-and-craft-stores/</a>

Waupaca County Master Gardener Scholarship: The Waupaca County Master Gardener Volunteers are offering a \$500.00 scholarship to a Waupaca County High School graduating senior or Waupaca County student who is currently attending a 4-year college or technical college pursuing a degree or associated degree relating to Master Gardener coursework, including: horticulture, landscaping, soil science, crop science, greenhouse management, forestry or related fields. For more information, see your high school guidance counselors or contact Carrie Esch at <a href="mailto:esch@uniontel.net">esch@uniontel.net</a>. Applications must be received by Monday May 1, 2024.



# 4-H Forecasts are posted on our website or scan the QR Code



https://waupaca.extension.wisc.edu/4-h-youthdevelopment/4-h-program-topics/4-h-newsletters/

#### **State 4-H Website**

Please take a few minutes to check out the updated state 4-H website for a number of resources and information. The web address is <a href="https://4h.extension.wisc.edu/">https://4h.extension.wisc.edu/</a>

# Waupaca County 4-H Facebook Page

https://www.facebook.com/Waupaca-County-4-H-497545503725584

# **Extension Waupaca County Facebook Page**

https://www.facebook.com/WaupacaCountyUWEX/

4-H members in grades K-2 enroll in the Cloverbud Project. 4-H and non 4-H youth in grades K-2 are invited to this 4-H sponsored workshop.

# Countywide Cloverbud Workshop

Tonight we will be focusing on foods projects, kitchen basics, and you will all go home with a free gift. Come to meet other young people and learn about Cloverbud project ideas for the County Fair.

Where: Weyauwega City Hall, 109 E. Main Street

When: Thursday, May 30, 2024

Time: 6:00-7:00 p.m.

Who: Any youth in grades K-2

Cost: FREE



Register by May 10 using this google link or scan QR code: bit.ly/CloverbudWorkshop





Waupaca County 811 Harding Street Waupaca WI 54981 (715) 258-6230

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# Exploring 4-H for New Families



# Making Memories at 4-H Camp

4-H camp provides a unique opportunity for all youth to develop life skills. It helps youth build confidence and meet new people in a safe, supportive environment! Camp is meant for everyone, and campers come from all walks of life. Camps can be offered overnight, as day camps, or have a project focus. 4-H staff are committed to making accommodations to ensure that all youth have a chance to learn, grow, and have fun at summer camp!



#### Why is camp important?

Campers and youth counselors both have a lot to gain from camp! For some youth, this is their first time away from home. For others, it is an opportunity to get back together with friends. 4-H camp gives youth the opportunity to develop independence, build self-confidence, and master new skills. Youth make new friends and get to spark new

interests through camp programs. Camp counselors serve as role models and develop valuable leadership skills that will be useful for a lifetime!



#### Each camp provides a unique experience.

Most camp programs are based on a specific theme each year. Campers are divided into small groups to create a positive learning environment during the program. They participate in a wide variety of activities. Typical activities at camp include: learning sessions taught by counselors or adult volunteers, swimming, canoeing, hiking, campfires, arts and crafts, and more!

#### We've done this for awhile. Trust us!

4-H camps rely on years of youth development experience using research and best practices from across the nation.
4-H educators use these best practices to develop camp programming alongside their youth counselors and adult volunteers. Making camp a safe place, both physically and socially, for youth, is a priority. All youth and adult leaders receive training and educational resources to help youth work through their new experiences away from home—whether it be the campers' first time or their tenth time!



If you're still not sure how camp may be a fit for your youth member or if you need to know about special accommodations, please reach out to your local 4-H educator!



Have a minute? Please provide feedback by filling out this <u>5-question survey</u>





# Exploring 4-H for New Families Member Edition





# Go Pack!

Going to summer camp means you need to pack your bags for a fun time! The items below are important items to bring. Before you leave for camp, make sure you have everything you need. See if you can track down all of the items and practice getting packed for your big adventure.

> Toothbrush/Toothpaste Sleeping Bag

Shampoo/Conditioner Pillow

Towel **Pajamas** 

Sweatshirt for nighttime Sunscreen

3 pairs shorts/pants & t-shirts Sunglasses

Underwear Hat

Swimsuit

Water Bottle

Closed toe shoes (tennis shoes)

Waterfront shoes (footwear that can get wet)

#### What did we miss?

Were there some items that you think should be on the list? List them here, and then try and get everything packed to make sure you can carry it all! Remember, you can't bring everything!



## Every camp is different!

Some camps require that you bring certain items. Make sure you also check with the camp you're attending to see if there is anything special you need to bring along.

Exploring 4-H for New Families is developed by Heidi Vanderloop Benson, Chippewa County 4-H Program Educator and Ben Hoppe, Brown County 4-H Program Educator, UW-Madison Division of Extension.

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# WAUPACA Children's Garden Program

Be WELL Waupaca is teaming up with the Waupaca County
Master Gardeners and several community partners to offer a <u>FREE</u>
summer-long children's garden program. Children will learn where
their food comes from by planting, maintaining, and harvesting
produce to <u>keep</u> from their own square-foot garden. Each week
will include special quest, activities and themes.

# WHO

Children in 1st-5th grade.

Must be accompanied by an adult each week

# WHERE

The Waupaca Community Garden 913 Riverside Drive, Waupaca, WI

# WHEN

- · Thursday mornings from 9:30-11am
- 9 weeks long, from June 13th August 15th.
- No session the week of July 4th.
- Harvest & Garden Graduation Party- August 15 5:30- 7pm



Space is limited! Call or email Hailee at 715-258-6261 or hailee.struck@wisc.edu or scan the QR code to register.









SCAN HERE





FoodWise is supported by the USDA Supplemental Nutrition Assistance Program (SNAP), UNV-Extension, FoodShare Wisconsin, and local partners. In Wisconsin, FoodShare can help provide a healthy diet. To find out more about FoodShare call 1-888-256-4563 or go to http://access.wisconsin.gov/An EEO/AA employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Titled X and Americans with Dissibilities Act (ADA) requirements.

Attendance each week is strongly encouraged!





# + + + + +

# SUPERHERO

# **FUN RUN**

05.04.2024

Location: 950 Park Ave. Waupaca

Rolling start, beginning anytime from 8:30-11:00 a.m.

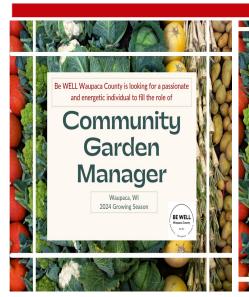
5K: \$20 1-Mile: \$15

14 & under, any distance: \$10

Same day registration is available for any accommodation needs.

**Dress Up ENCOURAGED!** 

Register by April 26th to guarantee t-shirt! https://www.runreg.com/11514 BE WELL Waupaca County



#### Waupaca Community Garden Manager 2024 Season

The Waupaca Community Garden Manager will collaborate with Be WELL Waupaca County for Community Garden efforts.

## The Gardenmanager position will entail:

- Marketing and Outreach
- Promotion of garden efforts and events
   Collaborations with community partners
- Collaborations with confinitinity parti
- Volunteer Recruitment
- Represent the Community Garden at Be WELL Waupaca County meetings throughout the summer months. (Third Friday of the Month from 8-10am)

#### Garden Management

- · Plant, maintain, and harvest donation beds
- · Oversee general garden maintenance
- Support Master Gardeners with implementation of Childrens Garden Program (Thursdays from 9 - 11)

#### Compensation

- . \$500 monthly stipend May- October
- . Hours will vary week to week, with an estimated 8-10 hours / week

The Community Garden Manager is overseen by the Be WELL Waupaca County Coalition. Interested in learning more? Reach out to Christi at christi.gabrilska@wisc.edu







#### **UW-MADISON EXTENSION**

#### EXTENSION WAUPACA COUNTY STAFF

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## 4-H/Positive Youth Development

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#### Community Development

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#### **Life Span & Financial Security**

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#### **FoodWise**

Christi Gabrilska, FoodWIse Nutrition Coordinator christi.gabrilska@wisc.edu

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