



# ACCENT

November / December 2023

Waupaca County Association for Home and Community Education

## Calendar of Events

2nd and 3rd Week of October and November, **Wisconsin Bookworms Reading with HCE** members at Waupaca, Clintonville and New London

Thursday, October 12th, 9:30 a.m. to 2:30 p.m. **HCE Fall Business Meeting, Potluck Lunch and Fundraising Auction** Bear Creek Town Hall

Thursday, November 2, 9:30 a.m. to 2:00 p.m. **Cultural Arts Day** Manawa City Hall Meeting Room

Monday, November 27 10:30 a.m. - Noon, Waupaca County **HCE Executive Board Meeting**, 500 South Bridge St. Manawa City Hall.

Monday, November 27 - 1:00 - 2:30 p.m. **Special Interest Meeting "Cooking With Honey"** Manawa City Hall 500 South Bridge Street. Open to the Public

Saturday, November 25 – **United Nations International Day to Eliminate Violence Against Women.** Wear Orange to represent a brighter future, free from violence against women and girls

December 1 – Articles for **January – February 2024 ACCENT** newsletter due to HCE Secretary Marilyn Herman

**Program Cancellations or Corrections:** In the event of inclement weather or hazardous roads, listen to WDUX Radio 8:30 AM and 92.7 FM or WIMQ 92.3 for cancellations and possible rescheduling.

Check the most recent **ACCENT** newsletter for the latest activity updates, change of date, time or place updates from your Program Booklet

## **A Message from Your HCE President**

Hello HCE Friends and Happy Late Fall/Early Winter!

It is a wonderful time of year! Sometimes it is hard to see the beauty around us as we transition from fall to winter. Just take a look---it's there! This is also the time to celebrate holidays with family and friends.

The HCE Members in both Shawano and Waupaca Counties have decided not to continue the Learn-In which is typically held in the fall. However, Shawano County will be hosting the Central District educational meeting day on Wednesday, April 17, 2024.

I want to say thank you to Marilyn for taking over and leading the October Fall Membership meeting and the November Executive Board meeting. I am homebound recovering from my second total knee replacement surgery. This is the safest place for me to be.

Stay Safe---stay well!

*Lynn Marcks*

Waupaca County HCE President

## **Wisconsin Bookworms**

The Wisconsin Bookworms Early Reading Program is underway at three sites in Waupaca County. HCE members read to children ages 2, 3, and 4 who are enrolled in the Head Start program. The 2023-2024 readers are Diana Bonikowske at the Waupaca site; Doris Budwit at the New London site; and Marilyn Herman at the Clintonville site.

Thank you readers for the love of reading with the Head  
Start young readers!  
Happy Reading!  
Wisconsin Bookworms Co-Chairs

*Lynn Marchis and Diana Bonikowska*



## **Safety Tips from Special Interest Meeting “Fire Prevention and Home Safety” Could Save Your Life**



The Monday, September 25 session at the Manawa Fire Department on Fire Prevention and Home Safety was packed with useful information. The Manawa fire chief, Josh Smith explained how carbon monoxide detectors (CO<sub>2</sub>) should be mounted about one foot from the floor as CO<sub>2</sub> is heavy and builds from the floor up. There should be one on every floor and especially near any wood burner, furnace, water heater, fireplace etc. A smoke detector should be mounted on the ceiling or one foot down from the ceiling as smoke is lighter than air and travels up. There should be a smoke detector on EVERY floor of your home to give you the best chance of getting out of a fire safely. Get separate smoke and CO<sub>2</sub> detectors for best protection. Battery operated devices will expire so check the dates on the back of the device. Some manufacturers like Kidde will replace the unit free of charge if it does not operate for the full time it is under warranty.



We found out how heavy a fire extinguisher can be! Best to have one easily available so you don't have to carry it too far from a potential fire. The fire department will look over your extinguisher and recommend how and when to replace or refill. It is important to turn your extinguisher upside down every few months, smack the bottom with your hand or rubber mallet to loosen the contents so it lasts longer.

Fire extinguishers with a metal top nozzle can be refilled. A plastic nozzle extinguisher cannot be refurbished. We were able to practice using a fire extinguisher, which should be pointed to the base of a fire to knock it down. Aim too high and you could actually spread a fire!

## **Wisconsin – Nicaragua Partners Shoe Box Donation from Waupaca HCE**

WAHCE asked each county to prepare a box the size of a shoebox to send to our partners in the Learning Centers in Nicaragua with cooking, sewing or school supplies. We gathered items for the shoebox this summer. I had a big shoe box, so room for lots of stuff. We have 2 pairs of work gloves, combs, 4 hair accessories, toothbrushes. For sewing, 2 sets of sewing scissors, elastic, 2 boxes of pins, 4 packages of needles, 2 multi packs of thread, plus some loose spools, 4 measuring tapes, 1 pkg of embroidery floss, variety of seam binding and lace, 2 zippers, some hook and eye fasteners. For school, 4 pink erasers, 6 pencil sharpeners, 2 pkgs of pencils, 1 pkg of lined paper, 2 scissors, 2 pkg of crayons, 10 rulers, and wooden spoons.

I took it over to Helen's house as they were going to conference on Monday with the Cultural Arts entries and there was room in the car.

~ Karen Stuhr, *International Chair*



## Waupaca County HCE Donation for International Service Projects

Thanks to the generosity of our HCE members we put together a wonderful assortment of items from Waupaca County to display in a basket for silent auction at the State Conference to benefit the service projects in our International Programs. A huge thank you to Helen Heise for accepting our donations and making such an attractive basket to represent our wonderful organization. What was in the basket?

## WAUPACA COUNTY BASKET

Table Runner Helen Heise

“SIRENS” Local author Helen Heise

½ pint Honey Brandy Cherry Jam  
Karen Stuhr

½ pint Apple Wild Plum jelly  
Judy Long

1 pint maple syrup Sharon  
Wepner

1 pint honey Marilyn Herman  
Wisconsin magnet Karen Stuhr

Felt Thanksgiving pin Karen  
Stuhr

Hand stamped greeting card Marilyn Herman

3 boxes cookies/snacks Lynn Marcks

3 Hand Carved Butterflies

2 crocheted scrubbies

Kitchen towel with Machine embroidery Karen Stuhr’s Mom  
Basket Helen Heise

Estimated value of basket \$110.00

Thank you to everyone that donated to this effort. Items at State Conference in the Silent Auction made over \$2000.00 to support the United Nations ACWW (Associated County Women of the World) efforts worldwide.

*~Helen Heise Project Coordinator*



## **Why We Must Eliminate Violence Against Women**

Saturday, November 25 – **United Nations International Day to Eliminate Violence Against Women.** Wear Orange to represent a brighter future, free from violence against women and girls. Violence against women and girls is one of the most widespread, persistent and devastating human rights violations in our world today. It remains largely unreported due to the impunity, silence, stigma and shame surrounding it.

**More than 1 in 3 women experience gender-based violence during their lifetime**

**More than 5 women or girls are killed every hour by someone in their own family**

**Less than 40 per cent of women who experience violence seek help of any sort**

In general terms, violence manifests itself in physical, sexual and psychological forms, including:

- intimate partner violence (battering, psychological abuse, marital rape, femicide);
- sexual violence and harassment (rape, forced sexual acts, unwanted sexual advances, child sexual abuse, forced marriage, street harassment, stalking, cyber- harassment);
- human trafficking (slavery, sexual exploitation);
- female genital mutilation; and child marriage.

The adverse psychological, sexual and reproductive health consequences of violence affect women at all stages of their life. For example, educational disadvantages represents the primary obstacle to universal schooling and the right to education for girls. This is also to blame for restricting access to higher education and even translate into limited opportunities for women in the labor market.

Violence against women continues to be an obstacle to achieving equality, development, peace as well as the fulfillment of women and girls' human rights.

## **It Takes A Village...to Attend State Conference**

Getting everyone and all our contributions to WAHCE State Conference in September at Wisconsin Dells was truly a village effort! Special thanks go to:

Kathy Manske to field phone calls gather information and transport cultural arts entries to Myrtle Kutchenriter.



Helen and Arnie Heise to drive our HCE Cultural Arts entries, International donation basket and part of our County Display and get them to the right places on Monday morning.

Myrtle Kutchenriter for getting our county Cultural Arts entries in one place and over to Helen to transport and then collecting them all at the end of the conference and return them home safely. Myrtle also attended the two statewide Program Workshops for Waupaca County and brought the lesson materials home for us.



Diana Bonikowske for taking our County HCE display down to state conference, setting it up, taking down and returning it home.

Barbara Dain for representing and voting on behalf of Waupaca County at the WAHCE Annual Meeting.

Whew!!!! We made it! THANK YOU TO OUR AMAZING HCE

## Plastic Caps & Covers to Benches Update

We were back to cleaning and sorting plastic caps and covers at the New London Senior Center in September. Special thanks to Karen Euhardy, Doris Budwit and Marilyn Herman for lending a hand last month. There will be cleaning and sorting days in October and November.

Everyone has been collecting over the summer so there were barrels of plastic to be sorted. It takes 45 pounds of plastic covers and caps to make one foot of bench. This is the third and final year for the effort in New London.

I appreciate all the plastics our HCE organization has been collecting. I'm hoping you all will continue to collect these plastics. Continue to bring your collected plastics to our HCE meetings. Doing this project helps eliminate plastics from going into the landfills and makes the community a more inviting place to get out into nature.

~ Doris Budwit, Project Chair



## Upcoming Free Community Programs for You to Enjoy

Several HCE members shared the following information for our benefit

# KEEP EDUCATING YOURSELF

*Monday, October 16 6:30 pm – Wandering Curious: Notes and Photographs from the American Scene, Winchester Academy at Waupaca City Library*

*First Thursday of October, November, December, 5 pm to 6:30 pm Lawyer in the New London Library for a 30 minute free appointment. Call (920) 982-8519 to schedule an appointment.*

*Third Thursday of Each Month Mystery Lover's Lunch, Book Club Iola Village Library. Call (715) 445-4330 for details*

*Thurs., October 19, 6 pm: "Waupaca 101: The History of Our City" with Tracy Behrendt offered by the Waupaca Historical Society at the Holly History and Genealogy Center, 321 S. Main Street, Waupaca*

*Monday, October 23, 6:30 pm – Combatting Illegal Logging, Winchester Academy at Waupaca City Library*

*Monday, October 30, 6:30 pm – Technical Education for Today and Tomorrow, Winchester Academy at Waupaca City Library*

*Monday, November 6, 6:30 pm – Land From the Native Tribes to Today, Winchester Academy at Waupaca City Library*

*Thurs., November 9, 6 p.m.: "Ojibwa Culture and History" with Liz Arbuckle offered by the Waupaca Historical Society at the Holly History and Genealogy Center, 321 S. Main Street Waupaca*

*Monday, November 13, 6:30 pm – Staying on track in a Distracted World, Winchester Academy at Waupaca City Library*

*Embellished Fabric Greeting Card Craft – 10 am to noon, Scandinavia Public Library*

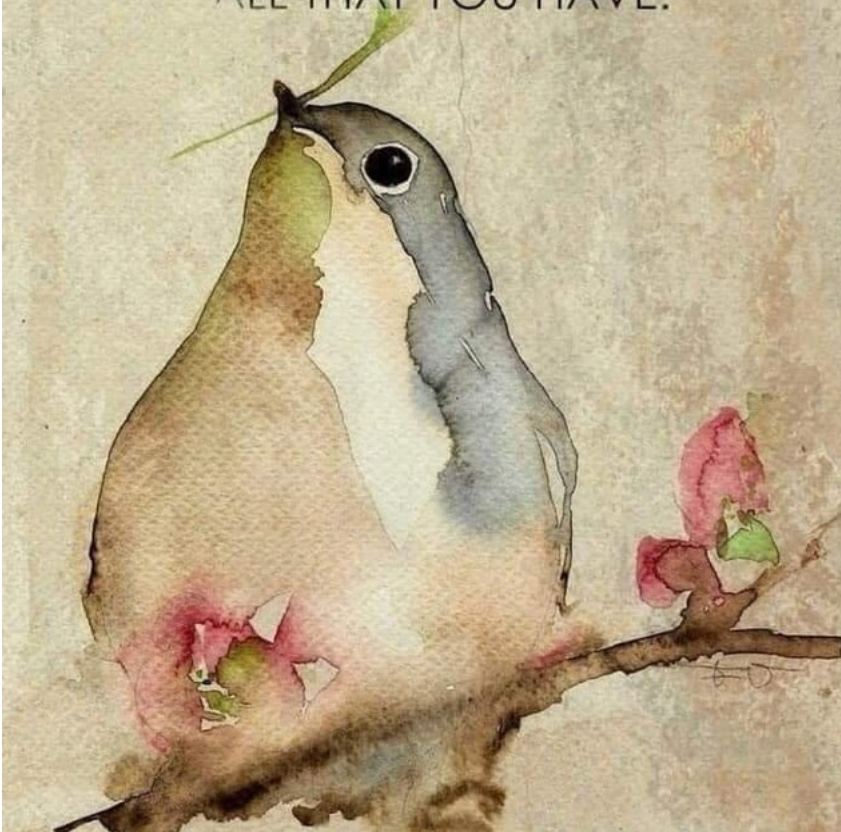
*Monday, November 27, 6:30 pm – The Stormy Kromer Story, Winchester Academy at Waupaca City Library*

**Crafting Bees** Thursday from 10am to noon at the Scandinavia Public Library is held weekly. Bring your project and work on it in an atmosphere of creativity and mutual support. For details, please call (715) 467 4636, **Friday Sit and Stitch** is held from 10 am to noon at the *Iola Village Library*.





TODAY, TAKE A FEW  
MINUTES TO **SIT QUIETLY** AND  
*be thankful* FOR  
ALL THAT YOU HAVE.



# **FREE Program**

## **Bee-utiful Treats -**

### **Cooking with**

### **Honey**



**Monday, November 27, 2023**

**1:00 - 2:30 p.m.**

Manawa City Hall  
500 S. Bridge Street  
Manawa, WI 54949

**Sponsored by the Waupaca County  
Association for Home and  
Community Education (HCE)**



#### **Program Highlights:**

- **The Flower Makes the Honey**
- **Tricks to Switching Honey for other Sweeteners**
- **Advantages in Using Honey in Cooking or Baking**
- **Taste Testing of Honey Treats**

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## WHAT TO SAY TO A CHILD INSTEAD OF “BE CAREFUL”

You are walking down the sidewalk and you see a child ready to dash across the street or your grandchild hops on their bike for a ride at a busy time of day. You call out “Be Careful!” We must help every child be safe by fostering awareness! **Here are some things you could say to foster their awareness of their surroundings and the risks they may encounter.**

**Notice how...** these rocks are slippery, that branch is strong, etc.

**Do you see...** the poison ivy, your friends nearby?

**Try moving....** your feet carefully, quickly, strongly.



**Try using your...** hands, feet, arms, legs

**Can you hear...** the rushing water, the singing birds, the wind?

**Do you feel...** stable on that rock, the heat from the fire?

**Are you feeling...** scared, excited, tired, safe?

**Help a Child Problem Solve by Saying:**

**What’s your plan...** if you climb that boulder, cross that log?

**What can you use....** To get across for your adventure?

**Where will you....** put that rock, climb that tree, dig that hole?

**How will you...** get down, go up, get across?

**Who will...** be with you, go with you, help you if?





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