



UW-MADISON EXTENSION
Waupaca County



4-H FORECAST

February / March 2023

WELCOME to the more than 55 new 4-H members in Waupaca County 4-H and welcome back to the returning 4-H members! We look forward to a great year of 4-H opportunities and experiences. I encourage everybody, returning members and new members, to ask questions, try new things, set goals for yourself, make new friends, work together, learn, and have fun.

ELECTIONS FOR THE 4-H LEADERS' BOARD will be held at the March Association meeting, March 28. If any leaders are interested in learning more about this rewarding experience have them contact a current board member or the Extension Office. The positions the board is looking to fill are Vice President, District Representatives (one from each District each year), Secretary, and two Youth Representatives (grade 7 and above).

5 Reasons to be a part of the 4-H Leaders' Board

- Learn about other 4-H clubs in the county and how they work.
- Work closely with other youth and adult leaders who are committed to making the Waupaca County 4-H Program the best it can be.
- Get the scoop on the latest 4-H opportunities and news.
- Ensure funds are budgeted for items most important to the membership.
- Discuss ideas with others in similar roles around the county.

Thank you for considering this important role in our 4-H Program!

Penny Tank

Penny Tank, 4-H Program Educator

Inserts in this Newsletter

- ◆ 2023 4-H Calendar of Events
- ◆ Scholarships
- ◆ Lego Contest
- ◆ Project Resources



Music, Drama, Speaking, and Demonstration Contest

This event is an opportunity for youth of all ages to share talents and practice speaking and performing in front of an audience. After not taking place during the last year, the 4-H Leaders' Association suggested sending a survey to families to gather interest in participating as well as when you may want to hold the contest. Watch for a survey in the next few weeks to come through email and share your thoughts.

Super Saturday will be held on March 25, 2023 at the Elementary School in Manawa. Super Saturday is a project exploration event where members, leaders, and parents can sign up for a variety of sessions. Registrations will be mailed and emailed to all families soon.



2023 Waupaca County Fair Dates: While planning for 2023, please note the Waupaca County Fair dates are August 23-27. Check out the Waupaca County Fair website at <https://waupacacountyfair.org/> for more information.

New enrollments after February 1

Youth can enroll in 4-H anytime, however new 4-H members who join after the February 1st new enrollment deadline pay a reduced enrollment fee of \$3.00 and cannot exhibit in the junior fair under 4-H for the current year.

4-H Lego Contest

The Waupaca County 4-H Lego Contest is back! Check out the enclosed informational flyer and submit your entries by March 10th at this link <https://bit.ly/3kHSnkJ>



4-H New Family Orientation

All new families are invited to attend New Family Orientation on Tuesday, February 21 at 6:15 p.m. at the Waupaca County Courthouse, 811 Harding Street, Waupaca, WI 54981. We will meet in the large meeting room in the lower level. There will also be games or a craft for children. More information will be mailed to new families.

4-H Forecast

The 4-H Forecast is the primary way to keep 4-H families up to date on what is happening in Waupaca County, as well as on the district, state, and national levels. The newsletter contains information about upcoming workshops, programs, contests, and registration information. In some cases, this is the only way you will receive information about activities and events at the county level. Please read each issue and make note of events your family is interested in. The 4-H Forecast can be found online at <https://waupaca.extension.wisc.edu/4-h-youth-development/4-h-program-topics/4-h-newsletters/>

Each **4-H Forecast** includes county and state level 4-H opportunities and deadlines. These are in addition to your own club's meetings. You are expected to attend 4-H club meetings; however, you are invited to take part in as many county activities as your family schedule will allow. **Enclosed is a 2023 Waupaca County 4-H Calendar.**

Please honor the deadlines listed. They are established so planning committees can prepare for you. If we do not know you are coming, we can not buy supplies for you, send you more information you may need, or events could be cancelled due to low registration. If you need more information about any of the items in the Forecast or about 4-H, call the Extension Waupaca County office at 715-258-6230. Office hours are 8:00 a.m.—4:00 p.m., Monday through Friday. Our address is: Courthouse, 811 Harding Street, Waupaca, WI 54981. You can also find more at <https://waupaca.extension.wisc.edu/> and Facebook Waupaca County 4-H. Email Penny at penny.tank@wisc.edu

State 4-H Newsletter

You have hopefully noticed in your email inbox a State 4-H newsletter from the State 4-H Office. I encourage you to read these newsletters in addition to the Forecast newsletter to stay up to date on many opportunities! The state newsletter is emailed approximately every 3 weeks and the Waupaca County 4-H Forecast comes out every other month. If you have missed past issues of the state newsletter please check them out here <https://4h.extension.wisc.edu/home/news/> There may be some items you only see in the state newsletter because of the timing in between local newsletters. Don't miss out!

Record Book Pages

Printed record book pages are now available by request. For members, record books are a valuable part of the 4-H experience. They are intended to help you develop lifelong skills such as:

- ⇒ Setting goals
- ⇒ Planning and organizing
- ⇒ Communicating in writing
- ⇒ Evaluating effort and progress



Once completed, you have a valuable record of accomplishments that can be used when applying for awards, scholarships, college or a job! Remember to begin saving information for your record books throughout the year and to start filling out the record book pages early. Refer to the guidelines you receive with the record book pages for details about completing your record book.



Record book pages are available in print or as fillable forms on the internet.

VOLUNTEER LEADER NEWS

Becoming a 4-H Volunteer

If adults are interested in becoming a project or activity leader for your club or county, call your general leader or Extension Office for enrollment information. There are numerous projects offered to members and it would be great to have more leaders to help throughout the year with project meetings and events.

Becoming a 4-H Volunteer includes the following steps to ensure youth protection for 4-H members.

- signing up as a volunteer on 4HOnline
- passing a background check
- doing an online module called the Mandated Reporter
- completing the Volunteer in Preparation (VIP) training (via zoom or in person at Super Saturday on March 25)
- Title IX Training (self paced on computer)
- Building Safe Spaces Training (self paced on computer)

Contact Penny Tank, penny.tank@wisc.edu for questions about training and registering as a new leader.

Join the Youth Mental Health Movement

Adults who volunteer with young people, care about young people. One way to show we care is to give help and support when someone is feeling down. That's what the Supporting Youth Mental Health for Volunteers Training—Supporting YMH, for short—is all about: knowing how to support youth when they're down, whether it's simply a bad day or it's more than that.

Supporting YMH has two parts:

1. A 1-hour online training
 2. A 1.5-hour live training—offered virtually or in-person
- A team of youth, volunteers, and staff developed this training. Now, it's available to you!

An in-person training is scheduled for March 26, 3:00 – 5:00 p.m. at the Marathon County Extension Office in Wausau.

To sign up, visit this link: <https://go.wisc.edu/xzb175>. For more information and to register for other trainings, go to: <http://symh.wi4h.org>. Use the same link to find out more about waivers for those recently trained in Youth Mental Health First Aid.

Club and/or Project Printouts

With the switch to 4-H Online, club managers have the capability to print club reports/member information for their club. If you need any reports run for your club or a specific project area the Extension Office will gladly print them by request. Please look these reports over as soon as you receive them and get back to us with discrepancies. It's much easier to fix now than when fair entries are due!

What is Expected of 4-H Project Leaders?

- ◆ First, make sure you're a certified 4-H leader!
- ◆ Get started now. Member enthusiasm for a project is highest at the time of enrollment. Find out who is enrolled in the project and set up your meeting now.
- ◆ At one of the first meetings of the year, help members set their goals for the project. Be sure members bring their 4-H member's record sheet with them to the meeting.
- ◆ Help members keep a record of what they did or made in the project for the year.
- ◆ Review progress toward the year's goals at your final meeting of the year.

- ◆ Try to organize and conduct at least three project meetings per year. Remember project tours or smaller work sessions can be offered to members in addition to group meetings.
- ◆ Involve youth leaders in meaningful ways. They are capable of helping in planning and teaching—not just being the helper or the clean up crew!
- ◆ Set an example in being prepared, organized, and flexible in working with youth.
- ◆ Seek out additional resources for project meetings.
- ◆ CHECK THE INSERT IN THIS NEWSLETTER FOR PROJECT RESOURCES!
- ◆ Keep your club’s General Leader informed about meetings and other announcements.

Call the Extension Office if you have any questions.

LEADERS’ BOARD AND ASSOCIATION

The next Leaders’ Board Meeting will be on Thursday, March 9 at 6:30 p.m., Manawa City Hall. The next Leaders’ Association Meeting will be Tuesday, March 28 at 7:00 p.m., Manawa City Hall. Clubs in District II (Friendly Valley, Town & Country, Wisconsin Workers) are asked to report and share a light snack.

Elections in March

4-H Leaders’ Board Members Needed

Youth and Adult Positions Available!

**Meet 6x per year *Learn together*
**Great Opportunities *Have fun & Do good*

All 4-H leaders are encouraged to attend!
Plan to attend, vote on issues and be informed, have fun!

NEW 2023 Waupaca County 4-H Sponsored Platbook
 The 4-H Leaders’ Board signed a new contract with Mapping Solutions to create a 2023 Waupaca County Platbook. This is one of the fundraisers the Board conducts to raise all of the funds for support of youth and adult opportunities.

One of the next steps is to create a cover for the platbook—this is where you come in! The Leaders’ Board would like to collect

photos of 4-H events to make a collage on the cover. Here are the details:

- Action photos of 4-H events would be preferred
- Only a few people, if any, in each photo (by the time all pictures are together it will be very hard to see individuals in a large group photo)
- If you can see faces or know who is in the photos, we will need to have each individual (or their parents) sign a photo release form
- Anybody can submit photos, those selected for the cover will be acknowledged with their name listed as a photo credit.
- From all photos submitted a random drawing will be held for some appreciation prizes.
- **Photos are due to penny.tank@wisc.edu by March 24, 2023.**



General Leader Meeting

There will be a general leader meeting on Tuesday, March 28 beginning at 5:45 p.m., prior to the 4-H Leaders' Association meeting (7:00 p.m.). All General Leaders, or a representative from each club, is asked to attend the meeting. This is a great opportunity to talk with other leaders about a variety of topics. Penny will also present about results from the Youth Thrive Survey and how youth feel about components of our local program.

MEMBER OPPORTUNITIES

4-H Art beat

4-H ArtBEAT! is for 4-H members in grades 3-5 and their parents and leaders. It is an introductory program for Wisconsin 4-H Arts and Communication where 4-H members will have the opportunity to explore their own creativity while discovering a variety of 4-H Arts & Communication experiences available to them now and in the near future.

The 2023 WI 4-H ArtBEAT! will be held March 17 through 19 at

Upham Woods in Wisconsin Dells. The weekend will feature a variety of arts projects including music, drama, visual arts, and more! Camp check-in begins Friday at 6:30 pm and runs through Sunday at 11:00 am.

The \$125.00 per person fee for youth and \$75.00 per person fee for adults will include all materials and supplies (including a very cool ArtBEAT! backpack), overnight lodging, and meals.

Register early! Registration needs to be done through your 4-H online account and closes Feb. 21 and often fills up. For additional information check out: <https://4h.extension.wisc.edu/opportunities/statewide-events-and-opportunities/art-beat/>

Chris Clover T-Shirt Design Contest

We're excited to learn about what is important to YOU in this statewide challenge. We hope you'll help us by designing a shirt for Chris Clover so we can share with everyone else!

Here's what to do: check out

<https://4h.extension.wisc.edu/the-movement/#> for details.

1. Download the Chris Clover shirt template from the options below, or if you want to create your own or free draw, please do! [PDF Printable](#) | [Digital Graphic \(PNG Transparent\)](#) | [Digital Graphic \(PNG white\)](#) | [Digital Graphic \(Adobe Illustrator editable\)](#)
2. Create your shirt about a cause, project, history, anything important to you.
3. Write about your shirt and any information or resources you have that will help others learn.

Submit your design at <http://bit.ly/wi4hmovementpic>

Open Enrollment Summer Camp is Back!

Sign up to spend time at Upham Woods canoeing, exploring Blackhawk Island, and making new friends. We have a few options from youth camp to family camp, so that everyone can have fun this summer. **Registration opens soon!**

To be kept up to date on all information regarding open enrollment camp including when registration opens, please let us know through this form: <https://app.e2ma.net/app2/audience/signup/1978805/1951094/>

Youth Camp:

Who: Any youth entering 4th-8th grade. Scholarships will be available and information on applying will become available in January.

When: July 5-8 or July 19-22

Cost: \$295.00



Family Camp:

When: July 14-16

Cost:

Family of 2: \$285.00

Family of 4 \$550.00

Family of 3: \$420.00

additional family members: \$130 ea.

4-H Project Discovery—Global Reach

Want to join a global student event from your home computer!? A ticket to this event will propel you into an international arena! Dial in to learn about different cultures, countries and languages while representing our US culture to other participating countries!

Each month, Zoom in to have the chance to discuss how our US culture is different from (and also similar to!) the cultures of 2 to 3 international students – learn more about these students and the associated Reach ambassadors here: <https://www.youtube.com/watch?v=yI4HkufQOmW> February 21 | March 21 at 6:30-7:30 PM via Zoom Register via: <https://go.wisc.edu/66h62v>

Wisconsin State Fair

If you are interested in exhibiting at the Wisconsin State Fair, August 3-13, you will want to follow the State Fair news and website for competitions <https://wistatefair.com/competitions/>

2023 Wildlife & Woods Virtual Classes –

Wildlife and Woods is Wisconsin 4-H's statewide natural sciences, wildlife, and forestry monthly, virtual event. Outdoor enthusiasts connect with other 4-H youth of all ages from around the state. Together, we explore the natural world with a special focus on wildlife, wildlife

Register via 4-H Online
wi.4honline.com

Wildlife & Woods
VIRTUAL SERIES

JAN. 25
FEB. 22
MAR. 22
APRIL 26
MAY 24

To learn more about virtual learning opportunities, please visit 4h.extension.wisc.edu/vlc

As EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.

habitats, and trees. Participants learn about wild places across the United States following the 4-H Wildlife Habitat Education Program (WHEP) and the 4-H Forestry Program. Sessions are held the 4th Wednesday of each month from 7-8 p.m.

Materials are designed for all ages and knowledge levels, so everyone can benefit. Since the sessions are co-presented by youth and adult leaders, the youth leadership opportunities are plentiful.

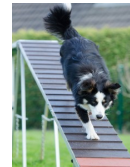
To register for the virtual sessions, log into your family account in [4HOnline](#). Under the EVENTS tab look for “Wildlife & Woods Virtual Series,” register and then you will receive an email with the Zoom link.

Go here for more information <https://4h.extension.wisc.edu/.../wildlife-woods-virtual.../>

4-H PROJECTS

Dog project start up meeting

If you are in the dog project, watch for information soon about start up meetings for the countywide project. Project leaders have started meeting to plan for the upcoming year. Older youth are welcome to volunteer to assist with training, groom checks, and other areas too. This would be a great way to share your knowledge with other members. Some more specific volunteer opportunities will be shared during the meetings for parents to help as well. If you are on Facebook, ask to join the Waupaca County 4-H Dog Project page.



Horse Project

Mark your calendars for the next countywide horse project meetings on Monday, February 27 and March 27, at the Manawa Elementary School.

Please follow the group on Facebook at Waupaca County Horse and Pony Project for project updates and info.



4-H Horse Association Handbook

The 4-H Horse Association Handbook has now been updated for 2023! The Horse Handbook is located at <https://4h.extension.wisc.edu/opportunities/projects/large-animals/horse-project/>

4-H Shooting Sports

All youth registered in shooting sports MUST work with a STATE CERTIFIED SHOOTING SPORTS LEADER.

2023 Adult Certification Workshops—Check out the Wisconsin 4-H website for more information on the 2023 workshops: <https://4h.extension.wisc.edu/opportunities/projects/shooting-sports/leader-certification-training-workshops/>

♦ **2023 Northwestern Workshop, Hudson**

April 22, 2023 (Registration deadline April 22, 2023)

2023 Competitive Shoots—For more information go to: <https://4h.extension.wisc.edu/opportunities/projects/shooting-sports/competitive-shoots/> Registration forms are being updated.

DAIRY

Waupaca County Dairy Judging

Dairy judging is an excellent opportunity to increase your knowledge of dairy cattle and practice life skills such as communication, critical thinking, and decision making. Members have the opportunity to participate locally in practice sessions and then compete at Area Animal Science Day. Please contact Penny at the Extension office to let us know of your interest in participating in Dairy Judging and your availability or suggestions for practices.



Crowley 4-H Dairy Leadership Award

The James W Crowley 4-H Dairy Leadership Award program provides recognition to youth who have excelled in their dairy project. The award named in honor and memory of James W. Crowley, longtime Extension Dairy Specialist and strong supporter of dairy youth projects. A special engraved medallion will be presented to the outstanding 4-H dairy project member in each county for their accomplishments in 2022. County Award winners are eligible to compete for 15 state-wide awards. State winners will receive plaques and the top three youth in the state competition will each receive \$1,000 awards. Eligibility: 1) Must be currently enrolled in the 4-H Dairy

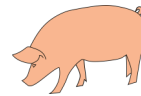
Project and have at least two previous years of membership in it. 2)Must be in 10th-13th grades as of January 1. 3)Should have an outstanding record of involvement and accomplishments in the 4-H Dairy Project. Contact Penny at the Extension office for an application which is due by March 15. A county winner will then be selected and forwarded to the state.

LARGE MARKET ANIMAL

The Large Market Animal Committee has 2 tag pick up meetings planned as drive thru events at the Fairgrounds

- April 1, 9:00 a.m. to 11:00 a.m. at Waupaca County Fairgrounds
- April 20, 6:30 to 7:30 p.m. at Waupaca County Fairgrounds

Check your large market rules for more details.



Large Market Animal Committee Meeting

The next Large Market Animal Committee Meeting is Thursday, May 11, 6:30 p.m., at the Weyauwega Municipal Building on Main Street.

Large Market Animal Committee Scholarship

Check out the insert in this newsletter for information about this scholarship and others. Large Market Scholarship due March 15.

Livestock Quiz Bowl & Skillathon Contest

Mark your calendars for the upcoming 4-H Livestock Quiz Bowl and Skill-a-thon Contest on March 25! If you have participated in the past or this is the first time you are hearing about the contest, we would love to have you join us for this day of learning, fun, and competition.

What are the contests? These are two different contests all about livestock where you can use your knowledge about the animal species (beef, sheep, swine, meat goat) and the industry. More information <https://4h.extension.wisc.edu/.../livestock-quiz-bowl.../>

When: March 25, 2023
Registration Deadline: March 10th, 2023
Where: UW-Madison Campus
Time: Registration 9 a.m., Competition starts 9:30 a.m.

Youth for the Quality Care of Animals (YQCA) Update

It is required that all food animal project youth (beef, sheep, swine) complete a YQCA course (either online or in person). YQCA also counts as an educational point for small market animal sale participants (rabbit, poultry, goat). The YQCA website is <https://yqcaprogram.org/>.

Online completion is always an option and costs \$12. This year there will be 2 in person options to complete YQCA:

1. Saturday, March 25 immediately following Super Saturday project day at Manawa Elementary School. Youth can start arriving at 12:30 and the class will start at 12:45. Youth MUST register through the YQCA website above, NOT on the Super Saturday registration form.
2. Saturday, June 24 at 8:00 a.m. at the Waupaca County Fairgrounds during the Large Market Animal Educational Day.

For either class you need to register at <https://yqcaprogram.org/> And pay the \$3.00 fee online for the instructor led course.

Animal Sciences Education Series Announced for 2023

The Wisconsin Youth Livestock Program (WYLP) is excited to offer these LIVE Virtual Zoom educational programs for the spring of 2023. These current topics are for youth and adults alike and from January through April. Each session begins at 7 p.m. CST with a presentation followed by the question-and-answer time. Register for any or all events to get the connection information by email.

February 13th – Beef Live/Carcass Evaluation & Cookery

Register for Session – WebEx, Link forthcoming

April 3rd – Reproductive Technologies in Agriculture

[Register for Session – Zoom](#)

Please have the [Educational Verification Form](#) printed before the

session begins. You can write down thoughts throughout the session. Complete the form and turn it into your county fair and or livestock committee to verify your participation. These activities can serve as “county educational requirements”.

Questions, contact Bernie O’Rourke, UW- Madison Animal & Dairy Science Extension Youth Livestock Specialist at (608) 263-4304 or borourke2@wisc.edu.

SMALL MARKET ANIMAL SALE (Rabbit, Poultry, Goat)

The Small Market Animal sale is voluntary, but members or a family member/ guardian representative **MUST** sign up to sell an animal in the Small Market Animal Sale by attending one of the meetings below.



MANDATORY MEETINGS will be held in two places.

- ◆ **Thursday, March 9, 2023**, City Hall, Main St, Weyauwega
- ◆ **Monday, March 20, 2023**, at the Manawa City Hall

Meetings will start at **6:30 p.m.**

A zoom option will be available if requested (not recorded) for the March 20th meeting only. If you need to participate by zoom, you need to notify penny.tank@wisc.edu by 3 p.m. on March 20th

Waupaca County 4-H Small Animal Fun Show

Save the date for the Waupaca County 4-H Small Animal Fun Show (both poultry and rabbits), **July 8, 2023**. This will be held at the Fairgrounds in Weyauwega with registration from 9:00-9:30 a.m. and the show from 10:00 a.m. to approximately 1:30 p.m.

AGRICULTURE PROJECT CONTESTS/STARTER PROGRAMS

2023 Targhee Sheep Association Starter Flock

The U.S. Targhee Sheep Association (USTSA) will again, for the 15th straight year, be offering a free registered Targhee Starter flock to a deserving youth at the 2023 USTSA National Show and Sale, held



July 13-15, 2023, in Little Falls, MN. The winner must be present to receive the flock and will be awarded one (1) ewe lamb, one (1) yearling ewe, and one (1) brood ewe donated by members of the USTSA. Each animal will be a USTSA registered animal, and at least QR in Scrapie Codon 171 genotype. The winner will also receive a \$150 credit for use toward purchase of additional animals at the national sale. Applications, due April 1st, are now available <http://www.ustargheesheep.org/> Any young person, ages 9-17, as of January 1, 2023, whose family does not raise Targhee sheep may apply.

Wisconsin Dairy Goat Association Share-a-Kid Contest

The contest is open to Wisconsin youth ages 10-17 by January of this year to enter. Entries are accepted Jan. 1st until April 1st of 2023. The youth write an essay about why they would like a goat and how they are going to take care of her and complete an application. They give away 4-6 goats per year. Complete contest details can be found at the following link: <http://bit.ly/3VYU5ez> Entry deadline is April 1.



CLUB HAPPENINGS

Baldwin's Mill – Members enjoyed a Christmas party and pound exchange. They will be baking desserts for a community service project at the Bread Basket.

Dayton Community—Club members went ice skating and made tie blankets and hot chocolate bags to donate to Foundations for Living.

Friendly Valley- They held a club Christmas party at Keglers Bowling Center. Members also did Christmas caroling at area nursing homes. They are planning Valentine activities.

Krossing Creeks—The club worked on their calendar for the year and are going bowling.

Lebanon Cedars- Club members are busy making plans for the new year including ideas for a cake decorating class and tubing at Nordic Mountain.

Peterson Mill- A Christmas potluck was held with a gift

exchange and games. They also selected gifts to donate to Toys for Tots.

Sandy Knoll- They held a club Holiday party that included a potluck, singing Christmas carols, and a gift exchange. Members are planning a future ceramics workshop. They made tie blankets and adopted families at the Holidays.

Tri-County- The December meeting involved Christmas games, wrapping presents for the Adopt-a-Family service activity, and card making. They also planned to do bell ringing.

Wolf River Rascals—New officers were installed. Members went bell ringing for a community service, made ornaments, and plan to go ice skating.

Secretaries Report

Please remember part of the secretary officer duties, besides keeping accurate records of club business, is to turn a copy of the minutes into the Extension Office. This can be done by mail, fax (715-258-6232) or email: penny.tank@wisc.edu. The club minutes are important for 4-H records and highlights from the minutes are also shared in each 4-H Forecast.

THANK YOU

- Sarah Burmeister, Lora Korth, and Karen Acker for your help with Club Officer Training
- Dog, horse, large market and small market committee volunteers that have been meeting and planning these countywide projects and educational opportunities.

CONGRATULATIONS

- Danielle Tank on becoming a new 4-H Ambassador
- Vincent Backes, Kylie Heise, Zephaniah Postel, and Danielle Tank for being accepted to attend Space Camp coming up in April
- Kylie and Parker Heise, Allie and Grant Knoespel, Onan Retzlaff, and Danielle Tank for being accepted to participate in the American Spirit Educational Experience in



MISCELLANEOUS

Grocery Store Tours w/ Hailee



JOIN ME, register today!

MUST register with Hailee @ 715-258-6261, hailee.struck@wisc.edu, or by filling out this form <https://forms.gle/pYzuZ56SHN8CUwpJ7>



Receive a reusable grocery bag & \$10 grocery store gift card, one time only.

Learn to shop for health at your local grocery store!

Tours include:

- choosing foods in season,
- tricks of unit-pricing
- finding healthiest options

Will travel to the local grocery store near you!



FoodWise is supported by the USDA Supplemental Nutrition Assistance Program (SNAP), UW-Extension, FoodShare Wisconsin, and local partners. In Wisconsin, FoodShare can help provide a healthy diet. To find out more about FoodShare call 1-800-254-4568 or go to <http://www.foodshare.org>. An EEO/AAE employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and Americans with Disabilities Act (ADA) requirements.



4-H Forecasts are posted on our website or scan the QR Code

<https://waupaca.extension.wisc.edu/4-h-youth-development/4-h-program-topics/4-h-newsletters/>

State 4-H Website

Please take a few minutes to check out the updated state 4-H website for a number of resources and information. The web address is <https://4h.extension.wisc.edu/>

Waupaca County 4-H Facebook Page

<https://www.facebook.com/Waupaca-County-4-H-497545503725584>

Extension Waupaca County Facebook Page

<https://www.facebook.com/WaupacaCountyUWEX/>



UW-MADISON EXTENSION

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Support Staff—Amy Ebert, Program Assistant

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Please make requests for reasonable accommodations to ensure equal access to educational programs as early as possible preceding the scheduled program, service or activity. For communicative accommodations in languages other than English, please contact languageaccess@wisc.edu For communicative accommodations based on a disability, please contact oedi@wisc.edu



Extension

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WAUPACA COUNTY

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