**WAUPACA COUNTY** 2023

 **ADVENTURES PROJECT RECORD**

**(**Introduction to Adventures, Canoeing, Bicycling, Winter Travel, Backpacking**)**

Name:       Grade (January 1):

Project(s) taken:

Years in Project:       Number of project meetings held:       Number attended:

**CHECK ALL THAT APPLY TO YOUR PROJECT THIS YEAR:**

[ ]  Visited a camping or sporting goods store

[ ]  Learned to read a topographic map

[ ]  Used a compass to find direction

[ ]  Practiced building and starting a fire

[ ]  Went on a day trip adventure

[ ]  Went on an overnight trip

[ ]  Set up a tent and took it down

[ ]  Planned, prepared and cooked a meal while on the trip

[ ]  Kept field notes on animals and/or plants observed on trip

[ ]  Took pictures while on trip

[ ]  Kept a journal of trip

[ ]  Selected appropriate clothing/gear for outing

[ ]  Packed my own backpack

[ ]  Used a camping lantern/camp stove

[ ]  Planned and/or mapped out your adventure

[ ]  Learned to tie the following knots and hitches. List:

[ ]  Made an outdoor first aid kit

[ ]  Unpacked after trip

[ ]  Left the camping area cleaner than before I got there

[ ]  Learned different types of snowshoes and their best use

[ ]  Learned about different types of cross country skis and their best use

[ ]  Purchased cross country skis and / or snowshoes

[ ]  Learned basic cross-country ski maneuvers

[ ]  Went snowshoeing

[ ]  Learned about hypothermia and frostbite – how to treat and prevent, also dehydration

[ ]  Developed and used a bike maintenance check list

[ ]  Learned basic road safety for bikes

[ ]  Learned about proper bike helmet fit and wore a helmet

[ ]  Learned parts of a canoe and paddle

[ ]  Properly entered and exited from a canoe

[ ]  Properly fitted and wore a life jacket while canoeing

[ ]  List the different strokes used while canoeing:

[ ]  Gave a talk or demonstration on an adventure, list:

[ ]  Other, please list:

OVER

Describe the trips/outings you went on:

|  |  |  |
| --- | --- | --- |
| Where | When | Length of Trip |
|       |       |       |
|       |       |       |

In what ways did you help with the trip?

What safety methods did you learn/use on the trip or in your project?

What was your favorite part of the trip/project?

What would have made the trip/project better?

 **EXHIBIT RECORD**

|  |  |
| --- | --- |
|  Exhibit | Placing at Fair |
|       |       |
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 Project story recommended but not required. Add additional pages as needed. R1/13