



ACCENT

JANUARY / FEBRUARY 2023

Waupaca County Association for Home and Community Education

CALENDAR

JANUARY ON-YOUR-OWN LESSON - "*Home Hints*"
included in this issue of ACCENT

FEBRUARY ON-YOUR-OWN LESSON- "*99¢ Solutions*"
included in this issue of ACCENT

No January or February Executive Board Meetings. A February Executive Board meeting will be held if weather permits.

February 1 - Articles due to HCE Secretary for March-April ACCENT Newsletter

Program Cancellations or Corrections: In the event of inclement weather or hazardous roads, listen to WDUX Radio 8:30 AM and 92.7 FM or WIMQ 92.3 for cancellations and possible rescheduling.

Check the most recent **ACCENT** newsletter for the latest activity updates, change of date, time or place updates from your Program Booklet (included with this mailing).

Share any corrections from the 2023 Program Booklet with Marilyn Herman, HCE Secretary to include in future issues of our newsletter.

A MESSAGE FROM YOUR HCE PRESIDENT

Hello HCE Friends and Happy Winter!

Now that the winter season is here-- we will be more confined to indoor activities and projects! I have been planning ahead for these



cold and snowy winter months. I have been stocking up on

books to read and DVD's and videos to watch. It does not really matter what the book or the movie is about--I am just stocking up like a store where I go and "shop" for what I want to read or see. We also have a stock pile of puzzles (mostly for my husband Steve) and another couple of baskets and totes with handcrafted items to create or to finish for me.

What a great time of year to create your own/or try-out some new recipes. At our November Program Meeting, members had the opportunity to share their favorite family recipes. Those member recipes are being sent out to everyone so we can add these to our collection. And, while I was cleaning and organizing the house for the winter season, I found some "church cookbooks" that I totally forgot about. And yes---I started reading through them specifically looking at the "homemade breads" sections. I marked possible bread recipes with paperclips. Once you start reading a cookbook, the time flies by like you are reading a romance novel! It is a continuing project for me....

You have received the 2023 Waupaca County HCE Program booklet. Take time to read through each month and highlight our activities and meetings. We have a fun and exciting year of HCE planned. Please join in as many activities and meetings that you are able.

Stay safe--stay well!

Lynn Marcks

Waupaca County HCE President



WISCONSIN BOOKWORMS

The Wisconsin Bookworms Early Reading Program is underway at three sites in Waupaca County. Volunteers are reading books to children in Clintonville, New London,

and Waupaca. For January, volunteers read *Sleep Bear* by Shelby Alinsky. This author is a favorite writer for the National Geographic Books. And the photographs provide the real life connection to animals that children love. And, in February volunteers read *My Heart Fills with Happiness* by Monique Gray Smith. This bilingual book is written to bring people of all ages together--- just in time for Valentine's Day.

We are giving each child a copy of the read storybook so that they can "read" the story to their parents, grandparents, siblings, pets, and of course their Teddy Bears! The book becomes part of the child's home library.

Happy Reading!
Wisconsin Bookworms Co-Chairs
Lynn Marcks and Diana Bonikowska



CENTRAL DISTRICT UPDATE 2023

The Central District meeting is scheduled for Tuesday, April 18, 2023 from 9:00 am to 2:30 pm at the Jensen Center in Amherst. Our friends at Portage County HCE are hosting this fun and educational day.

Plans for the day include:

- | | |
|-------|--------------------------------------|
| 9:00 | welcome, registration, and breakfast |
| 9:30 | general meeting |
| 11:45 | hot lunch & conversation |
| 12:30 | a little stretching time |
| 1:00 | educational speaker |
| 2:00 | finish any business & planning |
| 2:30 | drawings and door prizes |

Please mark your calendars to join the Central District HCE members for our yearly event! A registration form will be coming our way in late January/early February. More details to follow!

Lynn Marcks

Central District Director



2023 WAHCE FAMILY & COMMUNITY LIFE

At the November, 2022, WAHCE State Board meeting a comprehensive discussion was held about the current "Contribution Report." This report is completed by all HCE members in every county throughout the state. Data is compiled and interpreted and shared by the state VP of Family & Community Life. The WAHCE Executive Board voted to **discontinue** the Contribution Report effective January 1, 2023. Individual counties may still choose to continue gathering their own data from members. Data is valuable as supporting information for grant writing.

The Waupaca County HCE Board decided to **continue** the collection of volunteering data from each member. At the Spring meeting, another discussion will take place about continuing this collection of data from our members. **Note:** Waupaca County had the largest amount of volunteer hours of all counties in the state and we were recognized at the recent WAHCE State Conference.

Lynn Marcks

WAHCE VP Family & Community Life

Jolly HCE Elves Meet Winter Chill Challenge

Myrtle Kutchenriter and Marilyn Herman delivered another full carload of yarn donated by HCE and community members to the Oshkosh Correctional Facility in early November and received 250 sets of knit hats, mittens and scarves for our ongoing Winter wear for Children Project. These, in addition to fleece sets of hats, mittens and scarves made by Myrtle Kutchenriter and her daughter were delivered to our designated service projects throughout Waupaca County



Waupaca County Public Health (Women, Infants and Children Program (WIC), Healthy Beginnings and Birth to Three Home

Visit Programs - 25 Sets

Waupaca Headstart - 50 Sets

Clintonville Headstart - 25 Sets Knit, 25 Sets Fleece

New London Headstart - 50 Sets

Manawa Food Pantry - 25 Sets

Tomorrow's Children Residential Treatment Center - 25 Sets

Manawa Elementary School - 25 Sets

Weyauwega Elementary School - 25 Sets

Salvation Army - 25 Sets



Plastic Recycling Project Update

Doris Budwit has been delivering plastic caps and covers on behalf of all of us for the past two years, as well as spending many hours with others, cleaning and sorting the covers. The collections are piling up and the New London Senior Center needs help with cleaning and sorting the collected covers. They may have enough plastic collected for another trip to Indiana to get more benches made for the community. If you or a small group wish to lend a hand please mark January 25 and 26 in your calendar. Any time you can help from 9 AM to 4 PM at the New London Senior Center (back side of the old Washington High

School) 600 W. Washington St. New London, WI 54961 would be greatly appreciated. Lunch will be provided thanks to food donations from area businesses. To sign up or for questions, please call Lori Schneider at (920) 982-8522.



Cultural Arts Day Sparked Our Creativity

Thanks to our gracious Cultural Arts Team of Mary Fenske, her daughter Ginny, and Sharon Wepner we were finally able to complete our cultural arts projects – a lighted Christmas Globe and a Stove Pipe Hat Decorated Candy Jar. A tasty lunch was served including barbecue, pickles, cheese, fruit fluff salad and three dessert choices (cookies, brownies and cake) along with beverage choices. The laughter, helping suggestions and great conversations made the day go by quickly. And we have two delightful holiday decorations made with our own hands to show for our effort. Thank you to Sharon Wepner for snapping a few pictures of our fun together.





A great start to the day was decorating and lighting our holiday greenery globes traditionally called Kissing Balls.



Decorated Coffee Can and Charger Plate made into Top Hats are ready to be filled with cookies, candy or snacks for a family gathering.

WAUPACA-SHAWANO COUNTY FALL LEARN-IN HIGHLIGHTS

HCE members and guests from 7 different counties gathered for the 37th Annual Fall Learn-In sponsored by Shawano and Waupaca County HCE. Shawano County took the lead this year and we thank planning committee members from both counties for making this a fun day of learning at Navarino Nature Center in October. A special thank you to Karen Stuhr for submitting

these pictures.



Marlene Bowan
walked us through the
steps to make a
decorated bead and
wire serving spoon for
gifting.



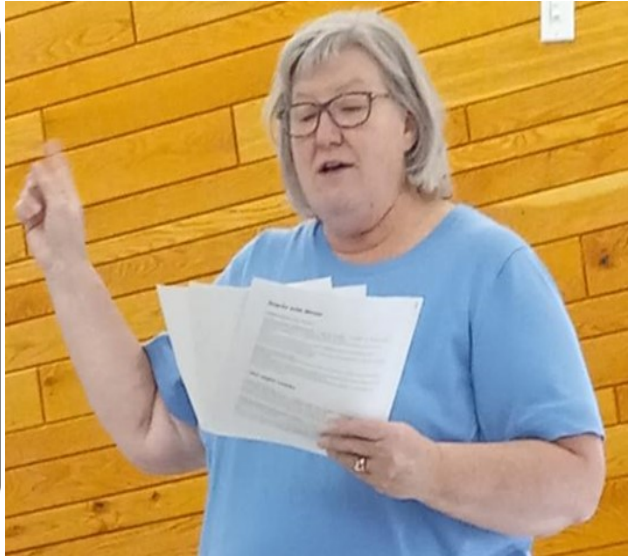


**Tim Ewing,
Director of the
Navarino
Nature Center
shared
amazing
photos and
stories about
the crane
breeding
grounds there.**



Bonnie Split challenged us to identify 15 objects that were essential tools in the past. Calling them gadgets, gizmos, thing-a-ma-jigs or what-cha-ma-call-its didn't pass her test. Winners of the challenge received an unlabeled can of food. Item #7 on the list was this tool. (a hickory nut cracker).

**Heidi Russell,
Shawano
County
Nutrition
Program
Coordinator
offered great
ideas for
eating
healthier for
mind and
body.**



HCE Fall Business Meeting Highlights



What a busy, delicious, and fun day we had! We thank Karen Euhardy for making the arrangements to meet at the Bear Creek Town Hall. Photos are compliments of Mary Ann Letten.



Arlene Johnson, Sugar Bush VIP's brought her smile to the Fall Meeting. Arlene recently was awarded HCE Honorary Membership.

Myrtle Kutchenriter shared the woven basket she made and entered in the WAHCE State Cultural Arts Contest and received a Medallion Award for her entry. She and Diana Bonikowske enjoyed the display of 2022 Waupaca County HCE Activities prepared by Doris Budwit.



Diana Bonikowske sells extra books from our reading programs with members at the Fall Meeting. The Waupaca County HCE Outstanding Recognition Award from WAHCE was on full display recognizing our efforts in outreach and service last year



Doris Budwit, Plastic Recycling Program Coordinator and Vicky Much discuss the process of collecting and cleaning bottle caps and covers with the New London City Program.



Newly installed officers for 2023 included Helen Heise, Scholarship Co-Chair, Kathy Manske, Vice President and Myrtle Kutchenriter, Family and Community Programs Coordinator.





Summer Tour In the Works

Last summer we enjoyed a wagon ride through the woods at the Lion's Camp in Rosholt as part of our summer tour. This year we are planning an adventure to a Senior Safari at Navarino Nature Center, a program on pollinators with lunch and a stop at the Erb Family Farm and Greenhouse. Thank you to Helen Heise for the picture of the wagon ride adventurers last summer.



Favorite Family Recipes Lesson a Hit



The November study topic “Can I Have the Recipe” proved to be a delightful time together. The lesson included a list and pictures of the most popular cake from 1920 to today and the favorite cookies for the past 10 decades. Of course we enjoyed sampling a few treats from special recipes and then we dived into each other’s family recipes. The stories that were told were full of laughter and tears as we went back in time remembering people and events that made our lives special. The recipes and short stories will be printed in a small booklet for all of us to enjoy. If you didn’t get your recipe and story to Marilyn Herman at or before this meeting please send it along in early January. Thank you Mary Ann for taking pictures for us!



Glendore Walker Remembered for Her Love of Family, Friends and HCE



On March 21, 1923 when the snow bound roads were impassable, the Doctor arrived with horse and sleigh 8.5 miles from Clintonville to the Erick and Lena (Herman) Miller farm to deliver their daughter Glendore Evelyn. On Tuesday, November 29, 2022 Glendore took her final trip home at the age of 99.

Glendore was baptized, confirmed, and married at St. Mark's Lutheran Church in Symco, WI. Her marriage took place to her beloved Chancy of Sugar Bush, WI on June 18, 1944. In her early years, she walked to the one-room Marble

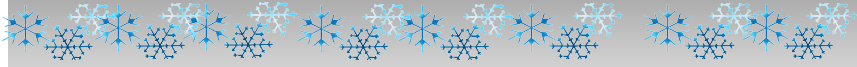
School, where she learned her ABC's and completed her Elementary education, and in 1941 she graduated from Clintonville High School. That same year, she was crowned Wisconsin's Dairy Queen.

Glendore was true to family and friends and was active in 4-H where she followed the adage "To Make the Best Better" and led many young members in Foods & Nutrition, and Child Care. She and Minerva Jepson, the Waupaca County Home Extension Agent, founded Marble H.C.E. Homemakers, and for over 65 years Glendore was active in the club and then an Honorary Member of HCE for another 10 years. Her love of learning and artistic nature were also apparent with the many crafts she experimented with through the years.

Glendore and Chancy loved to travel and their trips included New Zealand, Australia, China, Hawaii, Alaska, Caribbean, Mexico, Switzerland, and Germany. In 1991 they moved to Bear Lake, where she enjoyed beautiful sunsets, watching the boaters and jumping fish, and feeding the many birds who befriended her on her patio porch.

Glendore was a loving and dedicated mother, grandmother and great-grandmother. She and Chancy had 4 children, 11 grandchildren and 14 great-grandchildren, nieces, nephews and cousins. The picture above was taken at her early 100th birthday party in mid-November.

EXTENSION SCENE...



UW Extension Waupaca County New Life Span & Financial Security Educator



UW Extension Waupaca County welcomes its new Life Span & Financial Security Educator, Tiffany Iliadis. Tiffany hails from Central WI and is passionate about helping people to lead healthier lives. She comes with a strong background in public health education and outreach gained from a decade spent managing health food stores and supplement departments on the East Coast,

while also delivering and coordinating community wellness programming. She has honed these skills over the last two years, while earning her M.S. in Health and Wellness Management from UW-Stevens Point and her Health and Wellness Coaching Certificate, as well as while performing population health research and helping design and deliver undergraduate curriculum at UW-Stevens Point's School of Health Sciences and Wellness.

Her undergraduate background includes a Bachelor of Arts in Chinese Language, as well as one in East Asian Studies, from UW-Madison, along with a minor in teaching English to speakers of other languages. Tiffany has traveled and lived abroad extensively, while studying traditional Chinese healing modalities, and is fluent in Mandarin Chinese and is conversational in Spanish. Tiffany loves learning other languages and fostering cultural exchange and hopes to put this skill set to good use in Waupaca County. Over the course of Tiffany’s studies, she has become a strong proponent of applying evidence-based approaches to evaluating traditional treatments and other public health interventions.

As Life Span & Financial Security Educator for Waupaca County, Tiffany will be helping adults and families to transition throughout the various stages of life, as well as helping communities in creating more aging-friendly communities. Tiffany will deliver evidence- and research-based programming in the community and will help connect people to the resources they need. She is especially passionate about supporting caregivers and their families, after having recently helped care for her parents through life transitions, and she hopes to help others to successfully navigate these transitions, as well. She has additional experience in disability rights advocacy, and she passionately promotes health equity.

In her free time, Tiffany likes to research effective health and wellness treatments, life coach, read, weave, explore tiny-home-and more sustainable living, go antiquing, and take pictures with her DSLR camera of birds, nature, people, and the night sky. She looks forward to meeting more members of the community and invites you to reach out to her at the UW Extension Waupaca County office.





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Extension Waupaca County

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