



Waupaca County 4-H Project Days

Waupaca County 4-H Project Days includes a variety of project boxes, live zooms, recorded videos, and written directions for projects to continue learning at home. 4-H projects are the basis for 4-H learning and are an opportunity to increase project knowledge in an area of interest or spark a new interest.

How does it work?

Below is a list of offerings for April (either use the google form linked on the registration/order page and send a check to the courthouse OR use the registration form on the last page of this document and mail with your check by April 7 for those items with a cost). Supplies may be limited and are listed for each item! **Please read each offering carefully**, as there are a few that you will need to get your own supplies for. **Registration due by April 7th**. First come, first serve.

For project boxes, there will be 2 pick-up options on 2 separate dates: Waupaca County Courthouse in Waupaca (**Tuesday, April 20 from 4-6:00 p.m.**) or the Lebanon Town Hall, north side of New London (**Thursday, April 22 from 4-6:00 p.m.**). Project boxes must be picked up on the appropriate date/location between 4:00-6:00 p.m., unless other arrangements are made. These will be no contact pick-ups. Only one person should leave the car to pick up the boxes. As we get closer to the pick-up date, a confirmation email will be sent to you with a reminder and instructions.



Mark your calendars and watch for more information about a rocket building and launching activity coming up on **May 23** in person at Poppy's Airfield near Royalton.

Poultry Project Live Zoom

Cost FREE

Join 4-H Ambassador Evan to learn about poultry breeds and characteristics during this live zoom meeting. Have fun playing a kahoot trivia game at the end of the meeting. **The live zoom will be Saturday, April 10, 2021 at 1:00 PM.** Register in advance for this meeting here:



https://uwmadison.zoom.us/meeting/register/tJYucuytqj8oGdFTqJugmy981A_3klOwOVKS

After registering, you will receive a confirmation email containing information about joining the meeting.

(Project Box) Beginner Sewing - Scrunchies

Cost \$2.00

Sew a Scrunchie (or two!): Those who would like to try a simple sewing project will receive pre-cut fabric, elastic, and thread to make two scrunchies (each with a tie). A how-to video and written instructions will be emailed to participants. The demonstration will involve using a sewing machine and an iron, so youth may need adult assistance.



(Project Box) Photography

Cost \$8.00

Get this project box to learn more about photography and play photography bingo! A 4-H curriculum book will be included along with a National Geographic guide to photography. You will also receive a bingo sheet containing different types of photos you need to take to get bingo. We are hoping to plan a live zoom call to bring in somebody and share feedback on photos you take – we will communicate with those that purchase this box.

(Project Box & Live Zoom) Marshmallow Catapult

Cost: \$2.00

Join 4-H Ambassador Allie to make your very own marshmallow catapult on **Sunday, April 25 at 6:00 pm via a live zoom.** It is a STEM project that is good for grades K-6 with a parent assisting. You will need your own glue gun, glue sticks, milk or soda bottle cap and newspaper to cover your work area. Other supplies will be provided in the box. You will receive connection information for the live zoom when you get your project box. Number of boxes available is unlimited.

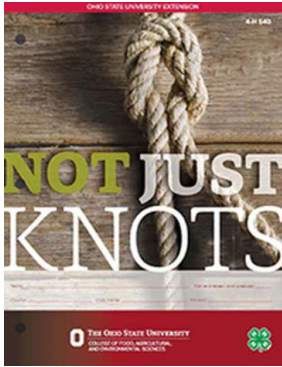


(Project Box) Duct Tape Projects

Cost: \$5.00

In addition to being useful for repairs, duct tape can be used for a variety of craft projects. Receive duct tape and cardstock paper, along with directions, to make bookmarks, a pencil case, wallet, and more. Be creative - some projects are more simple and some more complicated. Adult help with younger members is suggested. Number of boxes available is unlimited.





(Project Box) Not Just Knots

Cost: \$7.00

Receive 2 pieces of paracord and an Ohio 4-H Curriculum Book called Not Just Knots. Learn to make 14 different knots, bends, and hitches. Remember what they say—practice, practice, practice! Knot tying skills can be useful in a wide variety of settings. Number of boxes is unlimited.

(Project Box) Wildlife Activity Guide and Oriole Feeder

Cost: \$3.00

Do you like bird watching? Are you interested in learning about Oriole's, other birds and wildlife? This box will include supplies to make a baby food jar oriole feeder. You will also receive a 4-H Wildlife book that includes activities families can do together like scavenger hunts, identifying bird beaks, animal tracks and traces, animal identification cards, wildlife animal bingo and more. Number of boxes available is unlimited.



**Don't forget the Lego Contest
(details emailed to all families on
March 16). Entries due April 19th.**



<https://waupaca.extension.wisc.edu/files/2021/03/Lego-Contest-4-19-21.pdf>

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Bonus for all families – directions below for a Glitter Calming Jar

Learning Objective: Youth will learn new ways to help them manage their feelings.

Time: About 20 minutes.

Materials list: Plastic bottle or glass jar, glitter glue, fine glitter, hot water, super glue/glue gun to permanently close jar/bottle lid, ribbon or decorations to add to the top of the jar/bottle (optional)

Do (Instructions):

1. Add 1-2 tablespoons of glitter to the bottle.
2. Fill the jar with hot water, leaving about a half inch space on the top.
3. Add about 2 tablespoons of glitter glue to the water and put the lid on.
4. Shake the jar until the glitter glue is dissolved in the hot water. Add more glitter if desired and repeat.
5. Optional: Run a bead of super glue around the lip of the jar. Screw the cap down tight and let dry.
6. Optional: Decorate the top of the lid with ribbon or other decorations.



When you are feeling worried or upset about something, shake the bottle. Then breathe in and out while you watch the glitter settle at the bottom. To help you breathe in and out, think about smelling a cake and then blowing out the candles. Repeat until you feel calm.

Reflect:

- What advice would you give someone who wants to try this activity?
- When might you use this in the future?
- What surprised you about this activity?

Source: Health and Wellness 4-H Project Box by Amy Mangan-Fischer, Washington County 4-H Educator