

# Waupaca County 4-H Record Book Workshop

April 2020

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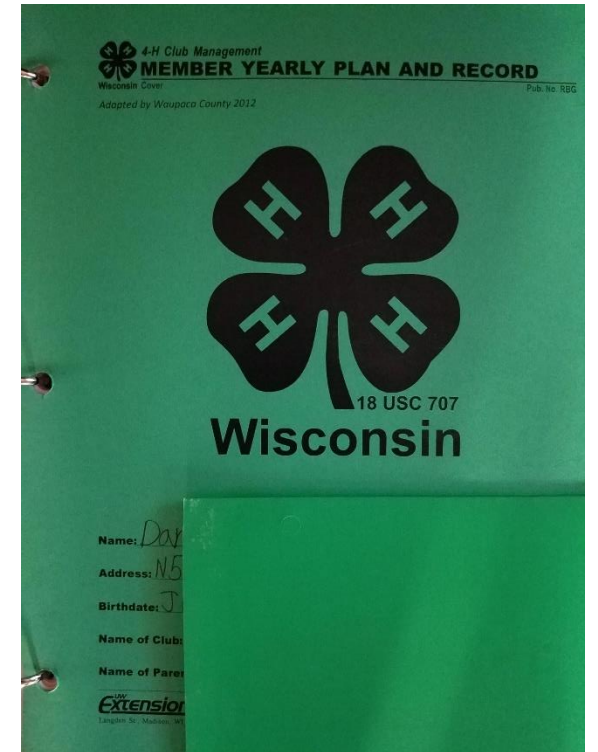
**Extension**

UNIVERSITY OF WISCONSIN-MADISON



Unfortunately, completing a 4-H record book often has become viewed as a mundane, outdated chore or something youth do at the last minute as a requirement to take part in competitive events.

However, there are many positive reasons for integrating record-keeping into 4-H projects throughout the year.



# 12 Reasons for Doing a Record Book

- Organization skills
- Identifying timelines
- Communication/writing skills
- Set goals for yourself
- Reaching goals
- Reflect on learning youth did in projects
- Demonstrate leadership skills
- Chance to highlight accomplishments
- Good practice for college / job applications or a resume
- Opportunity to plan for the future
- Keeping track of the cost of projects
- Possible awards and honors

# Record Book Pages

- Grade 3 and above for full record book; Cloverbuds (K-2) have a separate packet for a shortened version of a record book
- Youth can write in pen or pencil on printed forms, type on pre-printed pages, or complete fillable forms
- Remember to do the same throughout the whole book for each year. This can change from year to year.

<https://waupaca.extension.wisc.edu/4-h-youth-development/4-h-program-topics/record-book-pages/>

Picture Page, photo of member on top

HELLO!

I am \_\_\_\_\_ from  
the \_\_\_\_\_ 4-H Club.

This is my \_\_\_\_\_ year of club work. I am \_\_\_\_\_ years old and in the \_\_\_\_\_ grade  
(on January 1 of this project year).

The 4-H projects I enrolled in this year were (example: dairy, exploring, arts & crafts; not specific fair entries):

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# Order of pages

- Front and back cover
- Picture page (pg. 1)
- Table of contents (pg. 2)
- My 4-H activity program (pg. 3)
- Club and county activity pages (arrange as you choose-monthly, club then county, etc)
  - Remember to highlight your name if you include articles, label photos
- Project pages (arrange in any order)
  - project record page, pictures, project story (optional)

MPE-A 

MY 4-H ACTIVITY PROGRAM

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
 Years in 4-H: (including this year) \_\_\_\_\_ Current Year: \_\_\_\_\_  
 Number of meetings my club held this year: \_\_\_\_\_ Number I attended: \_\_\_\_\_  
 Name of school: \_\_\_\_\_ Year in school: \_\_\_\_\_

CLUB ACTIVITIES <input checked="" type="checkbox"/>	<u>Planned</u>	<u>Completed</u>
Demonstration/Speech .....	<input type="checkbox"/>	<input type="checkbox"/>
Recreation .....	<input type="checkbox"/>	<input type="checkbox"/>
Music .....	<input type="checkbox"/>	<input type="checkbox"/>
Drama .....	<input type="checkbox"/>	<input type="checkbox"/>
Club Tour .....	<input type="checkbox"/>	<input type="checkbox"/>
Club Fair .....	<input type="checkbox"/>	<input type="checkbox"/>
Picnic .....	<input type="checkbox"/>	<input type="checkbox"/>
Officer / Committee Chair .....	<input type="checkbox"/>	<input type="checkbox"/>
Adopt-a-Highway .....	<input type="checkbox"/>	<input type="checkbox"/>
Youth leader for a project, list .....	<input type="checkbox"/>	<input type="checkbox"/>
Community Service, list .....	<input type="checkbox"/>	<input type="checkbox"/>
Community Service, list .....	<input type="checkbox"/>	<input type="checkbox"/>
Other, please list .....	<input type="checkbox"/>	<input type="checkbox"/>
COUNTY ACTIVITIES <input checked="" type="checkbox"/>		
Super Saturday .....	<input type="checkbox"/>	<input type="checkbox"/>
Demonstrations .....	<input type="checkbox"/>	<input type="checkbox"/>

# I WONDER....

- What if I didn't reach a goal? *That is ok, be honest and share why.*
- What if I did project work and did not take anything to the fair in that project?  
*Record the project work in your record book.*
- Can I still do a record book if I didn't take all my projects to the fair? *Yes*
- What are some examples of club activities versus county activities? *County activities would be things like Super Saturday, Music and Drama, Camps; Club activities would be things your individual club plans like service projects, monthly meetings, etc.*
- What kind of photos should I include with the project pages, how many? *Pictures of you working on your project and the finished project. 4-6 pictures are good, whatever tells your story best (there is not a standard number of photos).*
- Do I have to include a project story? *Project stories are optional, but helpful and encouraged to tell about your 4-H experiences. Remember project stories can be typed even if the rest of your book is handwritten.*
- Should I do my record book like scrapbooking photos? *Record books are not scrapbooks, they are intended for you to plan ahead at the beginning of the year and to look back and evaluate at the end of the year.*
- How do I turn in my record book? What happens after I turn it in? *Record books are turned in to your general leader for a club review. Each member's book can be nominated for up to 3 project awards. Books are then forwarded for review at the County level.*
- If I got a grand champion at the fair, will I get a record book award? *Not necessarily. Record books are meant to be for reflection and showing what you learned, awards are not based on the placing you got at the fair.*



Cloverbud Record Book

Year in Review

I got to be on a committee for planning the club trip

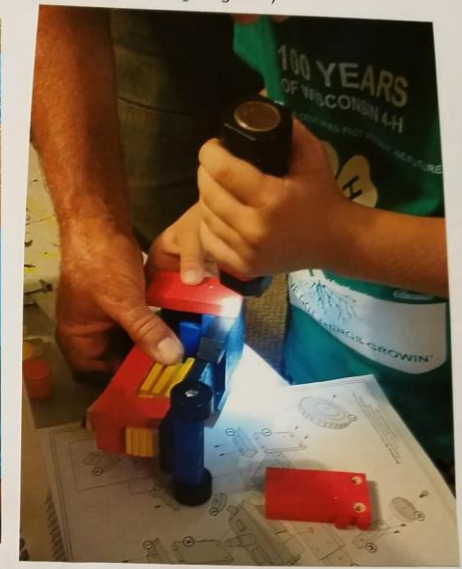
I liked being a 4-H Cloverbud because that I got to do lil shavers

Draw a picture of your favorite 4-H activity for this year. What was the activity? lil shavers



Fair Project Page

(Photograph or draw a picture of your project)



Kind of Project: wooden tractor

What is it made out of: wood

Why do you like this project: because I like tractors



WAUPACA COUNTY  
4-H EXPLORING PROJECT RECORD

2019

If you want—include photos, clippings, etc. of your 4-H year, be sure to underline your name and your club's name in the clippings.

Name: \_\_\_\_\_

I belong \_\_\_\_\_

I have been a 4-H member for \_\_\_\_\_ years.

In the beginning of the year, write down some things you would like to do and learn in the Exploring project. I want to learn how to knit

I also want to do craft projects.

FILL OUT THE REST OF THIS RECORD AT THE END OF THE YEAR.

- How many project meetings did your club have? 20  
How many did you attend? 20
- What did you make or do at your project meetings? I made a scarf, animal first aid kit, drawing, a flower, lego set, house decoration, and a ceramic bunny.

- What did you enjoy about being an Explorer? I enjoyed getting ribbons this year.

- Who helped you with the activities?  
 Mom and/or Dad       Older 4-H'er in your club  
 Brother/Sister       4-H Leader  
 Other (please tell us who) \_\_\_\_\_

Exploring Record Page

Project Talks, Demonstrations, and Tours

Title	Where Given
<u>Demonstration on my Ant Book</u>	<u>Club meeting</u>
_____	_____
_____	_____
_____	_____

Tell about any other activities you did as an Explorer (for example: Day Camp):  
I went to Super Saturday and made chapstick, a house decoration, and a carton.

County Fair Exhibits

What Was Shown	Placing
<u>Knitted Scarf</u>	<u>1st</u>
<u>Drawing</u>	<u>1st</u>
<u>Flower</u>	<u>1st</u>
<u>Lego set</u>	<u>1st</u>
<u>Ceramic Bunny</u>	<u>1st</u>
<u>Animal First-aid kit</u>	<u>1st</u>
<u>Home Decor</u>	<u>2nd</u>

What projects will you take next year? Why?

I would like to take a sewing project. I would like to enroll in the Home Environment project.

Project story recommended but not required. Add additional pages as needed.

R12/01

# Sample Exploring Project Story

[REDACTED]

This is my first year in the Exploring project. I took seven projects to the fair. Let me tell you about my projects.

My first project was my knitted scarf. My scarf has lots of colors. They are pink, purple, and blue. This was my first year in knitting. At some spots it was hard and in others it was easy. I got a blue at the fair.

My second project was my flower. I grew it in a big green pot with lots of other flowers. The flower I grew was a Petunia. It was purple. I watered it and made sure it had lots of sun. I got a blue at the fair.

My third project was my ceramic bunny. I painted the bunny gray. It soaked up a lot of gray paint. Then I painted the ears and the tail white. I painted the flower purple. It turned out really nice. I got a blue at the fair.

My fourth project was my buck drawing. I drew it, and then went over it with sharpie. Then I erased the lines to make the sharpie pop. I painted it brown with a flat brush. Then I matted it with black paper. I got a blue at the fair.

My fifth project is my Lego's. It is a ballerina set. It took a long time to finish it. I enjoyed making it. It took a long time, because it had 321 pieces, and the directions were not very clear. I got a blue at the fair.

My sixth project is my animal first-aid kit. It has a lot of items in it. My favorite thing in my kit is the stethoscope. It has the tools to take care of a cow or calf. I got a Merit award and a blue.

My seventh project is my home decoration. It has a farm scene on it. I wrapped the glass block in burlap. It also has my two favorite animals on it, a horse and a cow. I also put a bow made out of burlap on it. I got a red at the fair.

I had fun in the Exploring project, and I can't wait for next year to come!!







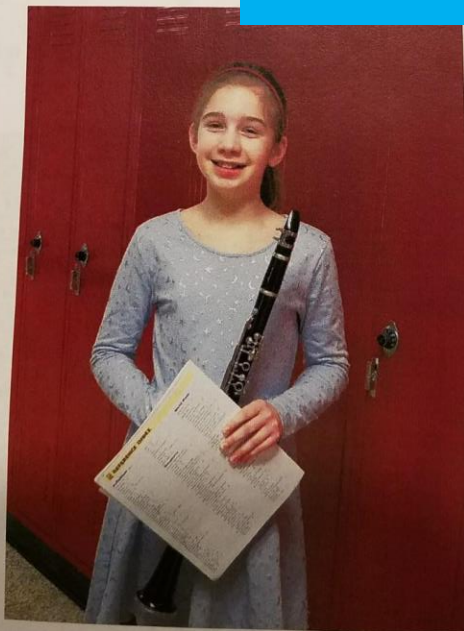
I had fun playing  
my clarinet at  
music and drama.  
I got a blue ribbon.

March 31,  
2019

### 4-H members showcase talents

Area youth participated in the Waupaca County 4-H Music, Drama and Speaking Contest, sponsored by the 4-H Leaders' Association, held at Little Wolf High School in Manawa. The contest helps 4-H members to learn how to work as teams, gain self confidence, and showcase their talents and improve their speaking skills. Pictured is D... London's Wolf River... who performed a c...

County and club activity  
pages.



We did a club fair at St.  
Joe's Nursing Home.

We each talked  
about one of our projects.  
I talked about my  
dress.





# Club event examples

Club Booth



Picking up Beckert Road





# EXAMPLE

## Crops Project Story

This year was my first year in crops, and I did a weed poster. My dad took me into the field near our house to look for weeds. I found close to 20 weeds, but we only needed 10 for the poster. The weeds needed to be pressed and dried. We made our own press out of cardboard, newspaper, paper towels, and wood pieces. My grandma helped me press them. The weeds stayed in the press for about 2 weeks. I thought that it was cool that the press could flatten even foxtail. It was hard to fit 10 weeds on a posterboard, but we did it! I used contact paper to put them on the poster. We labeled all the weeds. I was really excited when I got an honorable mention.

This is my ninth year in the Visual Arts project. This past school year I was in AP Art where I assembled a portfolio focusing on a wide variety of skills and a theme. Half of this portfolio was called the Breadth, twelve pieces which showcase the different mediums, subjects, and styles I can take on. The second half is called the Concentration, twelve pieces of work that follow a theme of choice. My theme was Eternalism, which is the theory that all time is equally real, thus generations and time periods coexist. Throughout the year I worked hard to produce quality work and improve my skills. I feel that because I took part in this test, I have grown as an artist. Not just in my work, but in my gained ability to put together a cohesive group of artwork and follow through on a story. I tried new mediums this year such as ink and micron pen, as well as improved my skills with graphite and acrylics.

I took five of my twelve concentration drawings to the fair, all earned first places, two earned honorable mentions, and one Grand Champion. The drawings I took from my concentration showcase the theme of Eternalism in different ways. However, my favorite is of Grandpa with the girls because, even though Grandpa is gone, he is sitting and interacting with his descendants. This idea of all time periods coexisting brings forth the really comforting notion that nobody is ever really gone. I demonstrated that he was not quite in the same existence as the girls with values one through ten for the children and the scene, but only one through three for him.

Because, I did not have the opportunity to paint much for my AP test, I focused on painting this summer and trying new styles that I have always loved. On my paintings I earned all firsts, four Honorable Mentions, and one Reserve Champion. The painting that earned Reserve Champion was my portrait of a woman, I really enjoyed this painting because I got to mimic the style of a palette knife, a style which I have always loved. Going forward I want to learn how to use a palette knife and continue creating pieces in that style. I also demonstrate realism in my lily pads and barn, and impressionism in my lavender flowers.

I look forward to continuing in the field of art, wherever that takes me, as I pursue a degree in Graphic Design at College this fall.

# Example Project Story 9<sup>th</sup> Year Project Member



WAUPACA COUNTY  
4-H CLOTHING RECORD

2015

Name \_\_\_\_\_ Grade (January 1) 8  
 Years in \_\_\_\_\_ t: 5 Did you participate in Clothing Revue? yes  
 Number of project meetings held: 0 Number attended: 0

CLOTHING TECHNIQUES CHECK LIST: (CHECK THOSE THAT APPLY TO SKILLS YOU LEARNED OR USED THIS YEAR)

- |   |   |
|---|---|
| <input type="checkbox"/> select and alter pattern           | <input checked="" type="checkbox"/> select and prepare fabric |
| <input checked="" type="checkbox"/> place pattern on fabric | <input checked="" type="checkbox"/> cut out pattern           |
| <input checked="" type="checkbox"/> staystitching           | <input type="checkbox"/> uses of interfacing                  |
| <input type="checkbox"/> darts                              | <input type="checkbox"/> buttons and buttonholes              |
| <input checked="" type="checkbox"/> pockets                 | <input checked="" type="checkbox"/> finished seams            |
| <input type="checkbox"/> facings                            | <input type="checkbox"/> collars                              |
| <input type="checkbox"/> zipper                             | <input type="checkbox"/> pleats                               |
| <input checked="" type="checkbox"/> gathering               | <input checked="" type="checkbox"/> waistband                 |
| <input checked="" type="checkbox"/> hems machine            | <input type="checkbox"/> hand stitching                       |
| <input type="checkbox"/> hems by hand                       | <input type="checkbox"/> any other (please list): _____       |

(CHECK THOSE THAT APPLY TO TOOLS YOU USED THIS YEAR):

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> seam ripper                    | <input checked="" type="checkbox"/> tape measure | <input checked="" type="checkbox"/> pressing cloth |
| <input checked="" type="checkbox"/> iron                | <input checked="" type="checkbox"/> scissors     | <input checked="" type="checkbox"/> sewing machine |
| <input checked="" type="checkbox"/> serger              | <input type="checkbox"/> marking tools           |  |
| <input type="checkbox"/> any other (please list): _____ |  |  |

Number of garments made for self: 2 Number of garments made for others: 1

Describe your most challenging sewing item: My shirt + skirt because I had to sew lace to lace.

Describe the project you enjoyed sewing the most: My shirt because the fabric was easy to work with.

Project Talks, Demonstrations, or Tours

Title	Where Given
<u>N/A</u>	<u>N/A</u>

Clothing Project – remember to keep a sample of material for your record book.

Name: \_\_\_\_\_ Item: Shirt



Attach sample of materials used:



Fiber Content and Care:  
60% cotton Machine Wash  
40% other line dry  
 Hours of Labor: 1-2 hrs  
 Cost to make: \$6.25  
 Estimated cost to buy: \$2.00  
 Comments:  
This was difficult because it was knit and I had to match the stripes.  
 Placing at Fair: 1<sup>st</sup>

Name: \_\_\_\_\_ Item: Dress



Attach sample of materials used:



Fiber Content and Care:  
50% knit  
50% other  
 Hours of Labor: 3-4 hrs  
 Cost to make: \$11.00  
 Estimated cost to buy: \$20.00  
 Comments:  
The hardest parts were making the elastic casings and the bows.  
 Placing at Fair: 1<sup>st</sup>



**FLOWER / FRUIT / VEGETABLE RECORD**

(Use one form for each project area in which you are enrolled. For example, if you are in flowers and fruit you would need 2 of these record pages.)

Name: [REDACTED] Grade (January 1): 5 Year in Project: 2

Project: Vegetables Number of project meetings held: 0 Number attended: 0

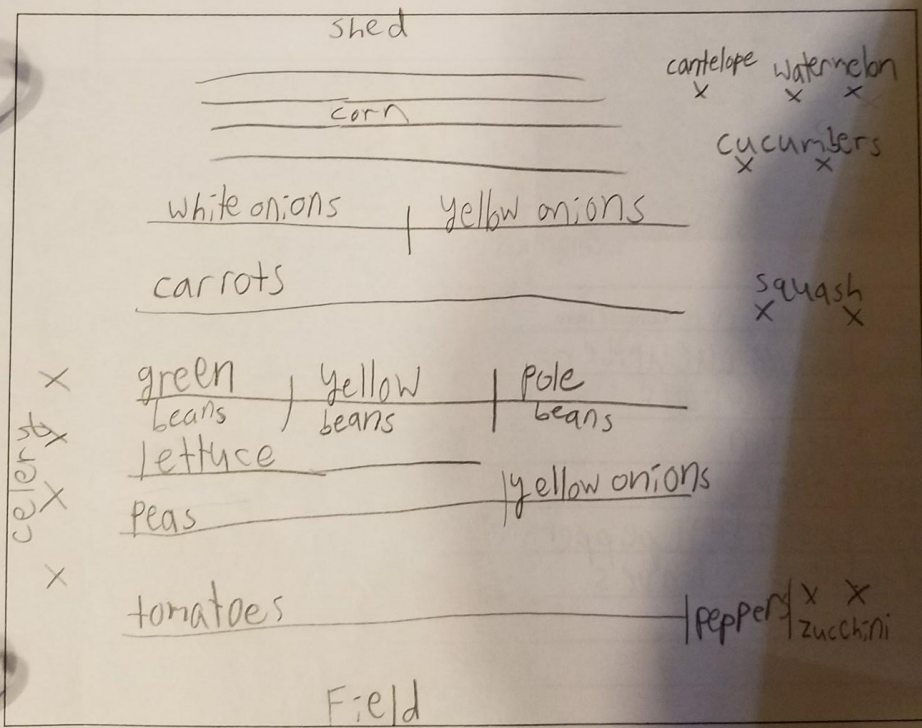
Size of garden or orchard: Width: 50 feet x Length: 100 feet = Total square feet: 500

Type of soil: Sandy:      Sandy loam:      Loam:      Clay:      Peat:       
Other (describe): Hortonville silt loam

Type of fertilizer used: Cow manure and 5-14-42 Corn Grower

**My Garden or Fruit Plan**

Use the box below, draw lines for rows and write the name of flower or vegetable, including the variety, on the line. Use small circles for hills or small plots. For fruit, map out your orchard and indicate the type and variety of fruits grown.



--OVER--

**Financial Record**

Expenses	Estimated Cost	Expenses	Estimated Cost
Seed & Plants	\$50.00	Fertilizer	\$34.00
Spray Materials	\$0.00	Garden Tools	\$5.00
Total Estimated Cost		\$89.00	

**Gardening Practices or Orchard Management**

Organic Matter Management: Composting      Plow down   
Type of tillage: Plow  Rototill       
Weed Control: Rototill  Hoe  Mulch & type       
Other:     

**Pest Control:**

What was the problem?	Control method, if spray, name
NA	NA

List any project talks, demonstrations, and tours: NA

**EXHIBIT RECORD**

Name of Item	Placing at Fair
Three slicing cucumbers	1st + honorable mention
Three yellow onions	3rd
One zucchini	4th
8 green snap beans	2nd
Three green bell peppers	3rd
leaf lettuce 5 leaves	2nd

Project story recommended but not required. Add additional pages as needed. R12/01



WAUPACA COUNTY  
HOME ENVIRONMENT RECORD

Name \_\_\_\_\_ Grade (January) \_\_\_\_\_  
Years in project: 2 Project meetings held: 0 Number attended: 0

Which project was your most challenging and why:

The painter's tape canvas board because you have on the tape really good, and try not to have the under the tape.

Describe your favorite project in home environment this year:

Even though it was the most challenging, the painter's tape canvas board was my favorite because I like the colors and I have never did anything like it before. I got the idea from my cousin.

One thing I learned in home environment this year:

How to glass etch. I did a class at Super Saturday and at my aunt's 4-H.

I enjoyed the home environment project because:

There is a lot of different things you can do.

On the other side of this page, pick one exhibit from Home Environment this year to share more detail about. Then list all of your exhibits on the exhibit record. Members are encouraged to include photos of projects with labels of what each project is.

A project story is recommended but not required. Add additional pages as needed.

Some project pages have more written questions; others have check boxes.



Me at Super Saturday making my stained glass block.



My finished project

leataller

photography

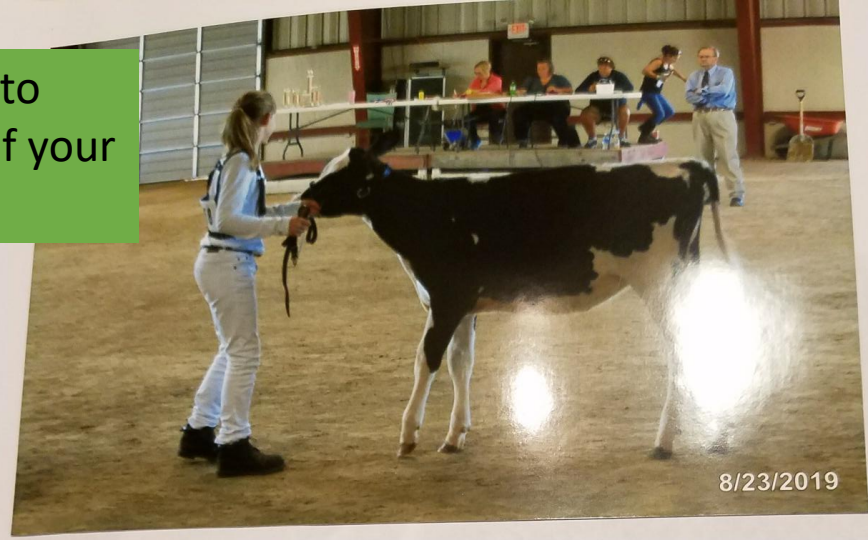
Scale Models





As much as possible, you want to include photos from the start of your project to entering at the fair.

Practicing walking Power and Lydia.



Show ing Power. I got a 3rd place.



WAUPACA COUNTY  
4-H FOODS & NUTRITION RECORD

2019

Name \_\_\_\_\_ Grade (January 1) 12 Yrs. in project: 9

Number of meetings held: 0 Number of project meetings I attended: 0

I enjoyed the foods project because: Through the foods project I get to try dishes outside of my comfort zone and experiment with different recipes.

My favorite item I made this year was: My Greek Diplos were interesting, because of their history as a traditional Greek dessert.

What was the most difficult item you made and why: I made toffee which was difficult because it was important to be quick and vigilant when mixing.

One thing I learned this year was: I learned how to do 6-branded loaf, my first attempt turned out okay.

What is one item you plan to make in the future and what skill(s) will you need to complete this goal?  
I want to continue trying different and more complicated breads. I love making bread and will continue to do so during the year.

Use the table below to record a few new foods or recipes you prepared during this project year.

Name of dish	Preparation and cooking/baking time	How many did it serve?	Liked by family	What changes would you make to this recipe?
<u>Cinger doodle cookies</u>	<u>2hr</u>	<u>24</u>	<u>Yes</u> / No	<u>I made a vanilla glaze for them.</u>
			Yes / No	
			Yes / No	
			Yes / No	
			Yes / No	

Pick two exhibits from your Foods project to share more detail about. List all of your exhibits on the exhibit record.  
Fair or Revue Entry: Fruit Dessert Placing: Grand Champion

## Blueberry Peach Tart with Vanilla Glaze

### Ingredients

- 1 sheet of puffed pastry, thawed for 20 minutes
- 1 large egg
- 1 tablespoon water
- 3 large peaches, peeled, pitted, and thinly sliced
- 1 1/2 cups fresh blueberries
- 1/4 cup granulated sugar
- 1/4 teaspoon salt
- 1/4 teaspoon cinnamon
- 1 teaspoon cornstarch
- For the Vanilla Glaze:
- 1 cup of confectioners' sugar

List any new ingredients, techniques, or skills used for this recipe: \_\_\_\_\_

Time to Prepare: 30 min Cost of Ingredients: \$10.00

Changes or substitutions made to original recipe (if not from 4-H literature): \_\_\_\_\_

What additional things did you do to make this entry ready for the judges? (plating choice, garnishes, etc.)

I placed a slice of tart at the edge of the plate and directed vanilla cream.

Any comments from the judges or other exhibitors that you found helpful: The judge said the peaches were all evenly sliced.

Fair or Revue Entry: International Dessert Placing: Honorable Mention

### Greek Diplos

- Servings: 70-75
- Time: 2hr 30mins

### Ingredients

- 6 cups sifted all-purpose flour
- 10 large eggs, beaten
- 1/4 cup ouzo
- Vegetable oil for frying
- For the syrup:
- 1 cup honey
- 1/4 cup water
- 1/2 cup crushed almonds
- 1/2 cup crushed walnuts

### Directions

I directed syrup and nuts on top of the diplos.

Any comments from the judges or other exhibitors that you found helpful: The judge said they were very crispy.



Complete the following section in relation to the picture mounted below:

Title of Picture Natural Growth

Time of Day Photo Was Taken Midday

Light Conditions Shady

Type of Camera Used Galaxy S7



Critique or tell about your picture:

I took this close-up of mushrooms and moss on a fallen log in the woods. The colors are very vibrant and offer contrast against the white of the mushrooms.

The Photography page asks you to evaluate a few of the photos you took during the project year. These do not necessarily need to be all photos you entered in the fair.

Inside of the back cover of the record book.

### Current Year Record of My 4-H Activities

#### Judging and Demonstrations

Year	Event	Where
16-17	County Fair	Weyauwega
17-18	Dairy judging County Fair	4 farms Weyauwega
18-19	Dairy judging County Fair	4 farms Weyauwega
	Area animal science day	Weyauwega

#### Other 4-H Activities

Year Delegate; trips won; drama; music; athletics; safety; other:

16-17	summer camp Day camp super saturday Ice skating Pumpkin contest worked in food stand
17-18	Officer training Pumpkin & poster contest ice skating speaking contest Junior camp Fair clean up Packer 4-H Family Night worked in food stand
18-19	pumpkin contest music and drama intermediate camp super saturday Fair clean-up Day camp counselor worked in food stand Library display & school open house

You can use a 3 ring binder, folder with prongs, or other fastener for 3 hole punch pages.



# THANK YOU

- Thank you to the following members for sharing record book pages for this presentation:
  - Abbey
  - Alison
  - Hailey
  - Brooklyn
  - Danielle
  - Josh



**Extension**

UNIVERSITY OF WISCONSIN-MADISON



# Feedback

- Using the annotate feature at the top of your screen, can you try to share one thing that was helpful from this workshop? Write anywhere on this screen or check the items you feel were helpful below:
  - Seeing completed pages
  - Chance to ask questions
  - Discussing the reasons for doing a record book
  - I feel like I knew this information already
  - Other