

4-H is an opportunity to try new activities and learn new skills. If you're looking for an idea and want to try something new, check out the projects below. 4-H Friday will be created weekly with a variety of projects and skill levels highlighted each week. Please remember the social distancing guidelines while doing these projects. If you would like to take a picture of you or your family doing one of these 4-H projects, feel free to email it to me at penny.tank@wisc.edu, with the subject line: 4-H Friday Photo and each family will be entered into a drawing at a later date for some special gifts! I may even ask for your permission to post a few on Facebook or our website/newsletter. We have some supplies at the Extension Office that could possibly be mailed to your home if needed. Email Penny to discuss. *Penny Tank, 4-H Program Educator*

Deviled Eggs

Ingredients:

- ✓ 6 hard-cooked eggs*
- ✓ 2 teaspoons vinegar or lemon juice
- ✓ ½ teaspoon prepared mustard
- ✓ ¼ teaspoon salt
- ✓ 1/8 teaspoon pepper
- ✓ 2 tablespoons mayonnaise or salad dressing

Source: University of Illinois Extension, 4-H Cooking 101

Directions:

1. After peeling the hard-cooked eggs, cut the eggs in half lengthwise. Remove the yolks with a teaspoon. Place yolks in a bowl and egg whites on a plate.
2. Mash the yolks with a fork
3. Add remaining ingredients to the yolks and beat until smooth. If the mixture is very stiff, add 1 or 2 more teaspoons of mayonnaise or salad dressing.
4. With a teaspoon, fill the egg whites with the yolk mixture.
5. Keep deviled eggs refrigerated until you are ready to serve them.
6. Deviled eggs look very pretty if you put a dash of paprika on top of the yolk stuffing.



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Your feedback needed!

Please take a few minutes to answer some questions related to the 4-H Friday publications. Your input will help determine the impact of this weekly newsletter and the future of 4-H Fridays. Thank you in advance for your time and input! Survey link below:

<https://docs.google.com/forms/d/e/1FAIpQLSe8TcccazAjl6MDks2iJ1q-WVzEwP9qiYRGACrKwRTlZb2nAw/vjwform?vc=0&c=0&w=1>

**How to Hard Cook Eggs*

Place a single layer of eggs in a pan and cover them with cold water about one inch above the tops of the eggs. Cover the pan with a lid and heat water until it just begins to boil. Carefully remove the pan from heat. Let the eggs stand covered for 15 minutes for large eggs. Immediately run cold water over eggs until completely cooked. Drain and refrigerate. If an egg is hard to peel, hold it under slowly running cold water.

Recycled Milk Jug Piggy Bank



Supplies:

- 1 clean gallon milk jug with lid
- 2 cardboard tubes
- White glue / scissors / black marker
- Acrylic paint / paintbrush
- Googly eyes
- 2 additional white milk jug lids (for eyes)
- 2 felt triangles or cardboard (for ears)
- Pipe cleaner

Directions:

1. Cut both cardboard tubes in half. These are the pig's legs. Glue them to the side of the milk jug opposite the handle.
2. Paint the pig and let it dry.
3. Put one eye on each milk jug lid. Glue the lids on either side of the jug's handle
4. Glue the felt / cardboard triangles on the jug for ears. Draw nostrils on the cap with the black marker.
5. Poke a hole near the top of the back. Stick the pipe cleaner in halfway. Curl it around your finger or a pencil to make the tail.
6. Ask an adult to use a scissors to cut a coin slot on the top side.

Reflect:

- Do you have a place where you save money?
- Why is it important to plan saving and spending?

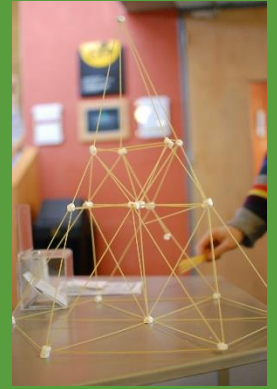
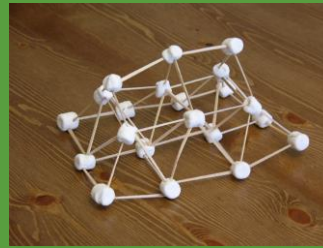
Source: *Fun Things to do with Milk Jugs* by Marne Ventura

Extension Waupaca County
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Tower Building

Supplies:

- ❖ Mini marshmallows
- ❖ Spaghetti or toothpicks



Here is a challenge you can do as a family.

- ✓ See how tall you can build a tower (can it stay standing without support for 5 minutes?)
- ✓ Or build a bridge structure and see how much weight it can hold.

Method:

1. Take some time to create a plan;
 - a. What will help the tower be taller?
 - b. What will help your structure be more sturdy?
2. Try different methods of putting spaghetti or toothpicks with marshmallows.
3. You can break or cut spaghetti into smaller lengths, when you do this though, be sure you use the same length in the same section or the tower may begin to twist.
4. There will be most stress at the base of the tower – think about how to add strength there.
5. Try out both squares and triangles, cubes and pyramids.

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