

4-H is an opportunity to try new activities and learn new skills. If you're looking for an idea and want to try something new, check out the projects below. 4-H Friday will be created weekly with a variety of projects and skill levels highlighted each week. Please remember the social distancing guidelines while doing these projects. If you would like to take a picture of you or your family doing one of these 4-H projects, feel free to email it to me at penny.tank@wisc.edu, with the subject line: 4-H Friday Photo and each family will be entered into a drawing at a later date for some special gifts! I may even ask for your permission to post a few on Facebook or our website/newsletter. We have some supplies at the Extension Office that could possibly be mailed to your home if needed. Email Penny to discuss. *Penny Tank, 4-H Program Educator*

Wooden Pencil Holder



UW-MADISON EXTENSION

Supplies:

- ✓ Piece of wood, approximately 4" x 4" and 8" long
- ✓ Sandpaper
- ✓ Drill**
- ✓ Paint (optional) or other finish for wood
- ✓ Paintbrush
- ✓ Mod Podge / brush
- ✓ Scrapbook paper & stickers for decoration

****Adult help needed for this project with power tools.**



Directions:

1. Pick a piece of wood (if the wood needs to be cut to the size you wish, [ask an adult to help cut the wood](#)).
2. Sand all sides of the wood.
3. Use a pencil to lightly mark where you would like the holes on the top of your wood. This can be whatever design you choose or for any number of pencils.
4. [Adult help needed](#) to drill holes in your block of wood. Be sure the holes are large enough and deep enough for the pencils or supplies you wish to put in it.
5. Sand the top of the wood block again to smooth any spots where the drill may have made it rough.
6. Choose how you would like to finish the wood (varnish, paint, etc.). Be sure it dries completely.
7. Once dry, if you wish to add decoration with a piece of scrapbook paper, use a brush to put a coat of mod podge on the wood, place the paper over the mod podge and then add a coat of mod podge on top of the paper to secure.
8. Allow to dry completely.



Source: <https://cherishedbliss.com/diy-wooden-pencil-holder/>

Make Your Own Window Clings

Did you know that you can make your own window clings to decorate at home with only a few supplies?

Watch this video from Oklahoma 4-H for more detailed directions (a summary is written below).

https://www.youtube.com/watch?v=t9pSRN-hjqM&feature=youtu.be&fbclid=IwAR3I2RPrMO02GMeg6gpvZWqOwbGCp1_kGCCgFAiTXb5kK0QmhYzt4Fcicbk

Ingredients:

- ❖ 2 Tablespoons of white glue
- ❖ ¼ teaspoon of liquid dish soap
- ❖ Food coloring
- ❖ Cup & plastic utensil for mixing
- ❖ Photo you want to make into a window cling
- ❖ Plastic sheet protector
- ❖ Paintbrush

Directions for making a window cling:

1. Mix glue, dish soap, and food coloring (the more food coloring you add, the darker the color will be)
2. Take the picture you would like to make into a window cling and put it in a plastic sheet protector (this way you can peel the window cling off when ready to hang). It is better to use a simple picture that you will be able to see by the outline. In the video, the instructor uses a 4-H clover symbol.
3. Use the paintbrush to “paint” the glue mixture onto the sheet protector covering your whole photo. The glue mixture is what will be your window cling.
4. It may take a few coats to make the window cling darker for better viewing and less fragile. You will also want to give it enough time to dry.
5. After it is completely dry, carefully peel the window cling off of the sheet protector.
6. You may need to use just a little water to get it to stick to your window.

Reflect:

- Are there other at home recipes that you have discovered during this time?

Courtesy of Oklahoma State University; Oklahoma 4-H

Extension Waupaca County
<https://waupaca.extension.wisc.edu/>
715-258-6230

Yogurt Fruit Parfait

Ingredients:

- 1 cup low-fat vanilla yogurt
- ¼ cup fresh or frozen fruit
- ¼ cup breakfast cereal or granola (see below for *Three Ingredient Granola*)



Method:

1. Choose a tall clear glass.
2. Put a large spoonful of yogurt in the bottom of the glass.
3. Next put half of the frozen fruit pieces on the yogurt.
4. Put another spoonful of yogurt on top of the fruit.
5. Next put half of the cereal on top of the yogurt.
6. Follow with another spoonful of yogurt and the other half of the frozen fruit.
7. Finish with a small scoop of yogurt and top with the rest of the cereal. Enjoy!

Three Ingredient Granola

Ingredients:

- 1 cup rolled (quick or old-fashioned) oats
- 3 tablespoons brown sugar
- 3 tablespoons butter, melted

Method:

1. Preheat oven to 350°
2. Mix together the oats, sugar and butter.
3. Spread evenly in a baking pan or sheet.
4. Bake for 6 minutes and stir granola. Bake for 6 to 7 more minutes.
5. Remove granola from the oven and let cool for 10 minutes. The granola will harden and become crisp as it cools.
6. Gently stir cooled granola to break it into small pieces.
7. Store in an airtight container and use within 3 to 4 days.

Courtesy: Maine Cooperative Extension: Food & Health

<https://extension.umaine.edu/food-health/recipes/>

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