

4-H is an opportunity to try new activities and learn new skills. If you're looking for an idea to pass the time and want to try something new, check out the projects below. 4-H Friday will be created weekly with a variety of projects and skill levels highlighted each week. Please remember the social distancing and safer at home guidelines while doing these projects. If you would like to take a picture of you or your family doing one of these 4-H projects, feel free to email it to me at penny.tank@wisc.edu, with the subject line: 4-H Friday Photo and each family will be entered into a drawing at a later date for some special gifts! I may even ask for your permission to post a few on Facebook or our website/newsletter. We have some supplies at the Extension Office that could possibly be mailed to your home if needed. Email Penny to discuss.

Mama Mia Pizza Pockets

Here is a great recipe to try as a more "traditional" pizza pocket and there are some ideas to even make a breakfast pizza pocket. Experiment with ingredients and see what your family favorite is!

Directions:

1. Heat oven to 400 degrees F. Divide the refrigerated biscuits into 10 pieces.
2. Press each piece to form a 5" circle.
3. Spread 1-2 tablespoons of sauce on one half of the circle, because you have to fold the dough in half later. Don't put sauce too close to the edge.
4. Add filling (s) of your choice. (Not so much that you can't fold it over.)
5. Fold the pizza circle in half. Press the edges with a fork to seal.
6. Place pizza pockets on an ungreased cookie sheet. Bake at 400 for 12 to 15 minutes or until a deep golden brown.
7. Cool on a wire rack. Wrap in foil and refrigerate.

Reflect on your experience:

- How did you decide what filling (s) to use?
- What did you learn about being creative while cooking?
- Do you know other recipes you could be creative with?

Source: 4-H Foods Literature, Level A; Six Easy Bites, page 8



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Ingredients/Supplies

- Roll of refrigerated flaky biscuits
- Fillings of your choice (see below)
- Prepared pizza sauce
- Shredded mozzarella cheese

Choose from these sample fillings:

- Chopped pepperoni
- Chopped hard-cooked egg and diced cooked ham
- Chopped veggies (green pepper, mushrooms, or broccoli)
- Shredded cooked chicken
- Other ideas?





Make a Mosaic



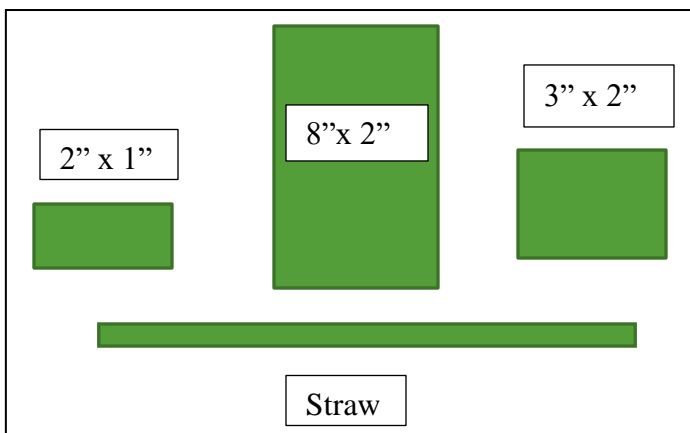
A mosaic is defined as a picture or decoration made of small, usually colored pieces of stone, seeds, beans, paper, pasta, etc.

Supplies: Preferably thicker paper/cardboard/wood to create your mosaic on, pencil, glue, material to fill in your mosaic

Activity:

- Sketch an outline of what you want your mosaic to be shaped like
- Decide on a pattern you want to make with your mosaic materials
- Use a small amount of glue in a small area at a time and start to place your mosaic materials how you want them
- Place the stones, beans, etc. close together so there is no open space.
- Fill in the entire outline of the shape
- Let the glue dry completely

Reflect: What was the hardest part of this project? How did you choose the materials for the mosaic? Are you interested in trying this again with a different design or different materials?



Aerospace Adventures

Rudder Away

The Wright Brothers were the first to design a controllable airplane. The Brothers experimented and tested many designs. One design that was most successful had a front type wing the Brothers called a 'front rudder'. You will make your very own Wright Brothers Front Rudder airplane (s)!

Skills: Discover what wings can do; experimenting and building models.

Materials: cardstock or other heavy paper, ruler, paper clips, large size drinking straw, scissors, tape

Steps:

- Begin by measuring and cutting the wings. Using the card-stock material, measure and cut: one wing 8-inches long and 2-inches wide. The front rudder wing should be measured and cut 3 inches long and 2 inches wide. The wing that is vertical (up and down on the tail) should be measured and cut 2 inches long and 1 inch wide.
- Cut the drinking straw on one end to make a 1 inch slit. Slip the vertical wing into the cut.
- Tape the longest wing that measures 8 inches just behind the vertical wing. Tape the other, shorter wing that measures 3 inches on the opposite end of the straw. (See the photo to the left for a visual.)
- Test-fly your Front Rudder airplane with your family members. Practice bending and cutting the wings with different parts up or down. Record your results (i.e. 8 inch wing bent upward, bent down, ends only bent upward, bent down)

Reflect: Was this fun to do with your family? Which airplane design flew the longest? Fastest? Highest? Why do you think that is? Would you do anything different next time?

Source: *Reaching New Heights, 4-H Aerospace Literature*

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