**WAUPACA COUNTY** 2018

**ADVENTURES PROJECT RECORD**

**(**Introduction to Adventures, Canoeing, Bicycling, Winter Travel, Backpacking**)**

Name:       Grade (January 1):

Project(s) taken:

Years in Project:       Number of project meetings held:       Number attended:

**CHECK ALL THAT APPLY TO YOUR PROJECT THIS YEAR:**

Visited a camping or sporting goods store

Learned to read a topographic map

Used a compass to find direction

Practiced building and starting a fire

Went on a day trip adventure

Went on an overnight trip

Set up a tent and took it down

Planned, prepared and cooked a meal while on the trip

Kept field notes on animals and/or plants observed on trip

Took pictures while on trip

Kept a journal of trip

Selected appropriate clothing/gear for outing

Packed my own backpack

Used a camping lantern/camp stove

Planned and/or mapped out your adventure

Learned to tie the following knots and hitches. List:

Made an outdoor first aid kit

Unpacked after trip

Left the camping area cleaner than before I got there

Learned different types of snowshoes and their best use

Learned about different types of cross country skis and their best use

Purchased cross country skis and / or snowshoes

Learned basic cross-country ski maneuvers

Went snowshoeing

Learned about hypothermia and frostbite – how to treat and prevent, also dehydration

Developed and used a bike maintenance check list

Learned basic road safety for bikes

Learned about proper bike helmet fit and wore a helmet

Learned parts of a canoe and paddle

Properly entered and exited from a canoe

Properly fitted and wore a life jacket while canoeing

List the different strokes used while canoeing:

Gave a talk or demonstration on an adventure, list:

Other, please list:

OVER

Describe the trips/outings you went on:

|  |  |  |
| --- | --- | --- |
| Where | When | Length of Trip |
|  |  |  |
|  |  |  |

In what ways did you help with the trip?

What safety methods did you learn/use on the trip or in your project?

What was your favorite part of the trip/project?

What would have made the trip/project better?

**EXHIBIT RECORD**

|  |  |
| --- | --- |
| Exhibit | Placing at Fair |
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Project story recommended but not required. Add additional pages as needed. R1/13