



# 4-H Camp Registration Information for Waupaca, Portage, Lincoln, and Taylor County 4-H

The Waupaca County UW-Extension 4-H Youth Development Program and the 4-H Leaders' Association has planned a fun filled camping season for all 4-H youth. This year, we will again be hosting a 4 county camp! 4-H Camp is a great way to make new friends, experience new adventures, learn cooperation, learn life skills and pass on knowledge to others. 4-H camps offer new and different opportunities and activities.

Hiking! Swimming! Campfires! New Friends!

If you or your child has never experienced the joys of 4-H Camp, you may be asking yourself:

*"Is 4-H camp fun?" ~ Most Definitely!*

*"Do we play a lot of games at 4-H Camp?" ~ Of course we do!*

But don't forget to also ask yourself:

*"Does 4-H camp teach life skills?" ~ Absolutely!*

Like other 4-H projects and activities, 4-H camp is centered around the idea of providing youth a fun, hands-on environment to build and strengthen valuable life skills. According to a large research study by the American Camp Association, summer camps positively affect children in the following ways:

- Children become more confident and experience increased self-esteem.
- Children develop more social skills that help them make new friends.
- Children grow more independent and show more leadership qualities
- Children become more adventurous and willing to try new things.\*



A Virginia study suggested that a primary benefit of 4-H Camp participation is related to: RESPONSIBILITY

Youth report: "becoming more independent and capable of self-care."

Adults report: "youth taking care of their own things, sharing work responsibilities, and taking initiative on their own."\*\*

Camp is another great way 4-H enables youth to learn and practice skills to be productive citizens.

4-H Camp Opportunities	For whom	Costs	Includes:
Junior Camp June 8-9, 2018 Central Wisconsin Environmental Station in Amherst (see page 3 for more details)	Youth who have completed 2 <sup>nd</sup> – 4 <sup>th</sup> grade	\$45 per camper Scholarships are available upon request  <b>(see page 4 for registration and payment details for both camps)</b>	Lodging 3 meals and 2 snacks All program fees
Intermediate Camp June 13-15, 2018 Camp Upham Woods in Wisconsin Dells (see page 2 for more details)	Youth who have completed 5 <sup>th</sup> – 8 <sup>th</sup> grade	\$75 per camper Scholarships are available upon request	Transportation Lodging 5 meals and 2 snacks All program fees

\* American Camp Association (2005). *Directions: Youth Development Outcomes of the Camp Experience*. Martinsville, IN: American Camp Association. Retrieved March 10, 2006, from [http://acacamps.org/research/research\\_book.pdf](http://acacamps.org/research/research_book.pdf)

\*\* Garst, B. A. & Bruce, F. A. (2003). *Identifying 4-H Outcomes Using a Standardized Evaluation Process Across Multiple 4-H Educational Centers*. Blacksburg, VA: Virginia Tech. Retrieved March 10, 2006 from <http://www.ioe.org/ioe/2003june/rb2/shtml>

# 4-H Intermediate Camp

The purpose of Intermediate Camp is for 4-H youth in 5<sup>th</sup> – 8<sup>th</sup> grade to gain life skills through hands-on activities, experience nature, meet and interact with other youth, and work in group settings.

Bus transportation is provided for all campers/counselors/adults to Upham Woods Environmental Education Center in Wisconsin Dells. The bus leaves around 12:30 pm on Wednesday, June 13 and returns around 1:00 pm Friday, June 15.

Campers have the opportunity to participate in great camp activities such as:

- Adventurous Nature Hikes and Activities
- Dynamic Group Games
- Wild & Wet Waterfront Activities
- Awesome Campfires with Skits, Songs, and Stories
- Imaginative Arts & Crafts
- Cabin Dwelling

Location: Upham Woods Outdoor Learning Center (<http://fyi.uwex.edu/uphamwoods/>) provides educational opportunities through programs focused on environmental and leadership education. Operating since 1941, Upham Woods is a model residential outdoor learning center, managed by the University of Wisconsin-Extension. The center sits on a prime location on the Wisconsin River, two miles north of the Wisconsin Dells, offering an excellent “river classroom” to study both the natural and cultural history of Wisconsin. The center rests on 310 total acres of forested land, including a 210-acre island called “Blackhawk Island.” The facility consists of 14 buildings including a fully equipped nature center and a raptor enclosure housing educational birds of prey. Upham Woods offers a **safe, inclusive, and engaging environment** that encourages **youth development and mastery** through independent and community-building outdoor learning activities. Through exploration of the natural environment, outdoor land and water pursuits, and our low element challenge course, 4-H campers gain unforgettable experiences learning about the natural world, themselves and each other!



Programs meet the goals, essential elements and foundational topics of 4-H Youth Development principles. Upham Woods programming features youth **leadership and life skills development** opportunities that build on the **4-H goals** of:

- **Competence** in lifetime skills
- **Confidence** in self and others
- **Connection** with nature, 4-H leaders, and fellow 4-H'ers
- **Caring** for the environment, themselves, their peers and leaders
- **Character** for today's experiences and tomorrow's challenges

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# 4-H Junior Camp

The purpose of **Junior Camp** is for 4-H youth in 2<sup>nd</sup> – 4<sup>th</sup> grade to gain life skills through hands-on activities, experience nature, meet and interact with other youth, and work in group settings.

Transportation for all campers/counselors/adults to the Central Wisconsin Environmental Station in Amherst is your responsibility. Camp starts around 3:00 p.m. Friday, June 8 and ends about 5:00 p.m. Saturday, June 9.

Campers have the opportunity to participate in lots of cool camp activities such as:

- Nature Hikes and other nature activities
- Wild & Wet Waterfront Activities
- Awesome Campfires with Skits, Songs, and Stories
- Imaginative Arts & Crafts
- Cabin or dorm style dwelling
- Small and Large group games



Location: The Central Wisconsin Environmental Station (CWES <http://www.uwsp.edu/cnr-ap/cwes/Pages/default.aspx>) is a 200-acre teaching and learning center located 17 miles east of Stevens Point on glacial Sunset Lake. Since 1975, we have been an integral part of the University of Wisconsin - Stevens Point College of Natural Resources program and is staffed with professional natural resource and environmental educators. Their Mission is to foster in adults and youth the appreciation, understanding, skill development, and motivation needed to help them build a sustainable balance between the environment, economy, and community.

## More details about our camping programs:

4-H Youth Leaders and Adult Volunteers plan and lead youth in camp activities. The camp program is developed with guidance from the 4-H and Youth Development Program, Waupaca County UW-Extension.

There is a camp first aid person on duty who is a volunteer with first aid and/or nursing training. Campers will be under the direct supervision of older youth counselors (grades 9 and above) and/or adults. The ratio of adults to youth participants is 1:10 or less. Adult Advisors are active 4-H volunteers that have completed the youth protection process. Adult Advisors assist by monitoring youth activities, possibly leading activities, and assisting with camp operations. Participants will eat in the camp cafeteria; sleep in a bunk bed in a cabin or large dorm room with other campers and counselors of the same gender and use a restroom with private showers. Adult Advisors are assigned to sleeping areas in the same buildings, but separate areas from the campers. During camp, adults and youth will participate in large and small group activities which may involve any of the following: discussion, writing, reading aloud, problem solving, arts and crafts, singing, swimming in a lake, canoeing, hiking, walking, role plays or skits, running, dancing, climbing stairs, standing or sitting for long periods, outdoor/indoor games, or having personal contact with other participants. A certified lifeguard will be on duty for swimming and canoeing activities. Life jackets are required and provided by camp for canoeing and a swim test needs to be passed to swim in certain depths of water. Please be aware that because of the nature of camp activities, some of them may involve an element of risk but the participant will also be taught safety procedures.

Adult chaperones are also needed for both camps. Please indicate when you register if you have someone interested in chaperoning. Adults need to be at least 21 and complete the 4-H Volunteer Orientation.

## Registration Deadline in 4-H online: May 5<sup>th</sup>, 2018

### Payment due by May 15<sup>th</sup> to UWEX office.



#### TO REGISTER: FINDING THE EVENT \*\*\*

- Log into your family account on 4-H Online at <https://wi.4honline.com/> and look at your member list.
- Scroll to the bottom and find the section titled "Register A Member In An Event".
- Select the name of the member you want to register.
- Then select the event.
- A series of boxes will appear at the bottom of the screen.
- Click on the "Register" button.

\*\*\*If you need a paper registration form or need to come to the UW-Extension Office to register in 4-H online, please contact Penny at [penny.tank@ces.uwex.edu](mailto:penny.tank@ces.uwex.edu) or 715-258-6230.

#### TO REGISTER: REGISTERING FOR THE EVENT

- On the next screen you will be asked for specific information related to the event.
- Any required fields are in bold. Click on the "Continue >>" button. If you missed any required fields, you will get an error message and the missing fields will be highlighted.
- Verify your choices and click on the "Check Out >>" button.
- On the Payment screen, the only selection is County/Club 4H Check. Click on the "Select Payment Method" button.
- On the Confirm screen, check the box agreeing to the Pay by Computer Terms and Conditions.
- Click the "Confirm Order" button. On the Finish screen, you can print your entry.
- While still logged into your family account on 4-H Online look again at your member list.
- Select the name of the member you just registered for Camp.
- Click on the "Health Form" Tab.
- Review and complete this form (note: be certain to note the date you completed/updated the form at the bottom of the page before you click "continue")
- **Send your check made out to Waupaca County 4-H Leaders' Association Inc., with "Camp" in Memo by May 15<sup>th</sup> to Waupaca County 4-H Leaders' Association Inc., c/o Waupaca County UW-Extension 811 Harding Street, Waupaca, WI 54981. \*\* Junior Camp Only** – also return your required "Central Wisconsin Environmental Station Waterfront/Photo Release" form.

If you need financial assistance in paying for camp please contact Penny at [penny.tank@ces.uwex.edu](mailto:penny.tank@ces.uwex.edu) or 715-258-6230. Partial or full camperships are available as needed. We thank the Waupaca County 4-H Leaders' Association and the Golding Family for the financial assistance to make this possible.



Camping information (about transportation, what to bring, etc. ) will be mailed to you after you register for camp.

We hope you can join us at camp this summer!