Pub. No. ME

Suggestions for Completing Your Member's Evaluation Form

(ME Form Attached)

This sheet has all the instructions you'll need to complete your ME form. Do not attach this sheet to your finished form.

4-H national award trips are based on evaluation of accomplishments and experiences in 4-H projects and activities. This Member's Evaluation (ME) form will help you present this information to evaluation groups. The form allows for a concise statement of what you have accomplished during your total 4-H experience. You are restricted to the space available in this form. Adding pages could *disqualify* you.

You will be evaluated on what you've learned, done, accomplished, and how much you've "grown." You'll need to pick out and combine things from throughout your 4-H years and your projects that best communicate what you've done and what the results and benefits have been. Good luck.

Section I: 4-H Leadership

Leadership means taking responsibility for planning, arranging, conducting, and evaluating programs, projects, and activities. Section I deals with your 4-H leadership experiences that are not directly related to the projects or activities you will describe in Section II. In the space provided, you may want to include:

- 4-H leadership learning or doing goals that you have set for yourself (learn to plan meetings, learn different ways to motivate people, learn to teach younger members, learn to work effectively with people of differing ages, etc.)
- Progress you are making toward your 4-H leadership goals
- Future plans to continue meeting these or new leadership goals
- 4-H leadership roles that you have assumed
- Leadership roles that have been most beneficial to you or to others
- Major 4-H leadership accomplishments (accomplishments, benefits to you and to others)
- Club, county, district or state responsibilities

You will have the opportunity to indicate specific leadership responsibilities you've assumed in particular projects or activities in Section II. Try not to repeat.

Section II: 4-H Project or Activity Reports

Your four most important 4-H projects or activities (other than leadership) may be described in this section. One page is available for each. *Don't* add pages. Consider writing about:

- Goals
- What you've learned or skills you've developed
- How size and scope of the project or activity has grown
 - o financial investment, savings, loss, or gain
 - o number of different techniques tried, things made, things grown
 - o going in-depth into one specific thing
 - o the intangible (appreciation of others, satisfactions, growth of others, etc.)
 - o awards that indicate quality of work (be selective)
- Things you have done in this project or activity (demonstrations, tours, meetings, etc.).

Section III: Other 4-H Activities Summary (not previously reported)

Start with your most recent year and summarize the other 4-H leadership, project, or activity involvement you have not written about yet. This might include participation in health, safety, conservation, recreation, music, drama, speaking, etc. Say the most with fewest words. Use words that mean something to someone outside of your club or county. Indicate special responsibilities or importance if it is not evident. Be selective so you don't exceed the given space.

Section IV: Non-4-H Activities Summary

Start with your most recent year and summarize those things that you're involved in at school, church, community organizations, etc. Be selective so you don't exceed the given space. Use words that people outside of your community will understand. Indicate special responsibilities or importance if it is not evident.

Section V: Discussion Question

This section allows you to share your thoughts on a question for which there is no right or wrong answer. You will be evaluated on your depth of thought and how clearly you can communicate.

How to Write an ME Form that Communicates

- 1. The appearance, accuracy, thoroughness and grammatical correctness of your ME form will reflect you. Let that reflection be a good one!
- 2. What you've accomplished is more important than the format you choose to tell it paragraphs, phrases, outlines, tables, graphs, etc. Let your personal style and the amount and type of information you have to tell be your guide. Just tell what you want to tell in a concise, understandable manner.
- 3. What you write should be clear to someone not familiar with the activities. Pretend you're explaining them to someone who has never heard of 4-H before.
- 4. Make your information readable! Use a typewriter or computer. If that's not possible, print very neatly in blue or black ink. Use special effects sparingly or they lose their effect and look cluttered. Filling a page from edge to edge with words or reducing print size usually makes your ME hard to read.
- 5. Use words that say exactly what you mean or describe exactly what you did. Slang and words like "great" or "meaningful" do not help the reader understand what you actually did or accomplished.

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To get a good perspective of all items called for on this form, read it through thoroughly before you begin to write. *Important:* Report a specific activity (or thing you did) only once. Determine the most appropriate place on the form to report it.

Please Fill Out Completely					Date:			
Member Name:					Male		Female	
Address:	City:					_ Zip:		
Phone: Birthdate:	Age:		G1	rade: _		Years in	n 4-H:	
County:	Club Na	ame:						
Name of Parent or Guardian:								
Number of Members in Club:	Nu	mber (of Lead	lers in	Club:			
Have you worked in the 4-H Foodstand at County Fair? If no, please share the reason:								
Have you attended State 4-H Youth Conference in Madi	son? Yes		No		If yes	, give ye	ar	
Citizenship Washington Focus in Washington DC?	Yes		No		If yes	, give ye	ar	
Have you received the 4-H Key Award?	Yes		No		If yes	, give ye	ar	
Year in School: F	uture Plans:							

Project Listing

List your most recent projects in which you have been enrolled and indicate years and if presently enrolled. Do not exceed space allowed. Be selective if necessary.

	Project	Units	Years Involved	Check if currently enrolled
1				
2				
3				
4				
5				
6			•	
7				
8				
9				
10				

Section I: 4-H Leadership Describe your leadership in 4-H (for example: club officer, project youth leader, club committee, etc.). Write about the decisions you helped make in your club and county, things you helped plan and carry out, or how and what you have taught others (demonstrations, speeches, community service, etc.). What are your future leadership goals? Pick one community service activity you have helped with while in 4-H: Community Service: • Explain why you feel it was an important event. Who benefitted from this community service project? What did you learn? What was your role in helping with this community service project?

Describe one 4-H Project or Activity that you feel was the most valuable to you or your club. Name of project or activity:			
•	What did you learn?		
•	What was one goal you set for yourself in this project?		
•	Did you accomplish your goal? Please explain:		
•	Tell us how this was valuable to you or your club.		
•	Explain leadership and/or teaching responsibilities you've had in this project or activity:		

	ibe one 4-H Project or Activity that you feel was the most valuable to you or your club. of project or tv:
•	Describe what you did.
•	What did you learn?
•	What was one goal you set for yourself in this project?
•	Did you accomplish your goal? Please explain:
•	Tell us how this was valuable to you or your club.
•	Explain leadership and/or teaching responsibilities you've had in this project or activity:

Describe one 4-H Project or Activity that you feel was the most valuable to you or your club.			
Name of project or activity:			
• Describe what you did.			
What did you learn?			
What was one goal you set for yourself in this project?			
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Did you accomplish your goal? Please explain:			
Tell us how this was valuable to you or your club.			
 Explain leadership and/or teaching responsibilities you've had in this project or activity: 			

Describe one 4-H Project or Activity that you feel was the most valuable to you or your club.
Name of project or activity:
Describe what you did.
What did you learn?
 What was one goal you set for yourself in this project?
• Did you accomplish your goal? Please explain:
Tell us how this was valuable to you or your club.
 Explain leadership and/or teaching responsibilities you've had in this project or activity:

/ear	sewhere in this report. Please be concise. Do not add Activities	
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Section IV: Non 4-H Activities

Year	Activities

Section V: Discussion Question

Based upon your experiences in 4-H, what is an important concern of youth that you feel 4-H has helped you deal with positively? What has 4-H specifically done to help you in dealing with this concern? Could changes be made for 4-H to help even more? How would your proposed change help? Please be concise. Do not add pages.