## Resources for Youth and Families at Sturm Memorial Library.

Always My Child: a parent's guide to understanding your gay, lesbian, bisexual, transgendered, or questioning son or daughter by Kevin Jennings Simon & Schuster, c2003 323p.

Call Number 305.235 Jen Adult Nonfiction

The Courage to be Yourself: true stories by teens about cliques, conflicts, and overcoming peer pressure

Free Spirit Pub., c2005. 145p.

Call Number: 305.235 Cou Young Adult Nonfiction

The Empty Chair: the journey of grief after suicide by Beryl S. Glover In-Sight Books, c2000.

Call Number: 362.28 Glo Adult Nonfiction

For Teens Only: quotes, notes & advice you can use by Carol Weston

HarperTrophy, 2003. 248 p.

Call Number: 646.7 Wes Young Adult Nonfiction

Guiding Your Child Through Grief by Mary Ann Emswiler

Bantam Books, 2000. 286p.

Call Number: 155.9 Ems Adult Nonfiction

Healing Grief: reclaiming life after any loss by James Van Praagh

Dutton, c2000. 286p.

Call Number: 155.9 Van Adult Nonfiction

Healthy Anger: how to help children and teens manage their anger by BernardGolden Oxford University Press, 2003. 325 p.

155.4 Gol Adult Nonfiction

Keys to helping children deal with death and grief by Joy Johnson

Educational Series, c1999, 179p.

Call Number: 155.9 Joh Adult Nonfiction

Life strategies for teens by Jay McGraw

Fireside, 2000. 236p.

Call Number: 158 McG Young Adult Nonfiction

Night Falls Fast: understanding suicide by Kay R. Jamison

Vintage Books, 2000. 432 p.

Call Number: 616.85 Jam Adult Nonfiction

The Noonday Demon: an atlas of depression by Andrew Solomon

Scribner, c2001. 569p.

Call Number 616.85 Sol Adult Nonfiction

No Time to Say Goodbye: surviving the suicide of a loved one by Carla Fine

Broadway Books, 2000. 252 p.

Call Number: 362.28 Fin Adult Nonfiction

The Power to Prevent Suicide: a guide for teens helping teens by Richard Nelson

Free Spirit Pub., c2006. 114p.

Call number: 362.2 Nel Young Adult Nonfiction

Real Boys: rescuing our sons from the myths of boyhood by William S. Pollack

Henry Holt & Company, 1999. 447p.

Call Number: 305.23 Pol Adult Nonfiction

Real Boys' Voices by William S. Pollack

Random House, c2000. 392p.

Call Number: 305.23 Pol Adult Nonfiction

Reviving Ophelia: saving the selves of adolescent girls by Mary Bray Pipher

Ballantine Books, 1995. 304 p.

Call Number: 305.235 Pip Adult Nonfiction

Sanity and Grace: a journey of suicide, survival, and strength by Judy Collins

J.P. Tarcher/Penguin, c2003. 191 p.

Call Number: 921 Col Adult Nonfiction

Secrets of the Vine for Teens by Bruce Wilkinson

Multnomah Publishers, c2003. 126p.

Call Number: 226.5 Wil Young Adult Nonfiction

Standing in the Shadow: help and encouragement for suicide survivors by June Cerza

Kolf: Baker Books, c2002. 95 p.

Call Number: 362.28 Kol Adult Nonfiction

Suicide: the forever decision: for those thinking about suicide and for those who know,

love, or counsel them by Paul G. Quinnett

Crossroad, c1992. 156 p.

Call Number: 616.85 Qui Adult Nonfiction

Surviving Suicide: help to heal your heart: life stories from those left behind by Heather

Hays

Brown Books, c2005. 262 p.

Call Number: 362.28 Hay Adult Nonfiction

Teen Rights (and Responsibilities): a legal guide for teens and the adults in their lives by

Traci Truly

Sphinx Pub., 2005. 321p.

Call Number: 346.7 Tru Young Adult Nonfiction

Treating and Preventing Adolescent Mental Health Disorders: what we know and what

we don't know: a research agenda for improving the mental health of our youth

Oxford University Press, 2005. 818 p.

Call Number: 616.89 Tre Adult Nonfiction

When a Friend Dies: a book for teens about grieving & healing by Marilyn E. Gootman

Free Spirit Pub., c2005. 118 p.

Call Number: 155.9 Goo Young Adult Nonfiction