

Topic	Format	Title	Author	Description
Grief / Loss – Children	Book	25 Things To Do	Laurie A Kanyer, MA	Activities to Help Children Suffering Loss or Change. Gives healing activities to do with your child, such as a painted rock memorial, play acting, ball play, feeling faces and more. Copyright 2004
Grief / Loss – Children	Workbook	A Bunch of Balloons	Dorothy Ferguson	A story/workbook for ages 5-9. Compares loss of a loved one with the letting go of a helium balloon. It's especially good because it looks at not just what's been lost, but what still is left. Copyright 1992
Grief / Loss – Children	Book	A Child's Book About Burial and Cremation	Earl Grollman Joy Johnson	Talks about how the body is cared for and why it is important to say goodbye. Sometimes the ashes are scattered on a mountain or some place that was loved by the person who died. And once more, they return to the gentle, welcoming earth. Copyright 2001
Grief / Loss – Children	Book	A Child's Book About Death	Earl Grollman Joy Johnson	There is a gentle, almost poetic explanation of how everything and everyone dies. We talk about the feelings that come when someone dies and what happens to the body. You may have many feelings. You don't understand what is happening to you. You may think you will never smile again. Copyright 2001
Grief / Loss – Children	Book	A Child's Book About Funerals and Cemeteries	Earl Grollman Joy Johnson	Grief, feelings, and the funeral, what the child is likely to experience, what they will see and what people may do are all discussed in ways that will include the child in this important family event. Remember, the funeral is that special time to say goodbye and thank you. Copyright 2001
Grief / Loss – Children	Journal	A Treasury of Thoughts	A Centering Corporation Resource	This blank journal is a safe place for you to express your feelings since the death of someone you love. You can write down any moments, moods and memories that you feel are important. Copyright 1998
Grief / Loss – Children	Workbook	Beautiful Dragons Workbook	Joy Johnson	This extremely helpful book contains information about fears and activities for children of all ages. Workbook pages include drawing their fears, ways to overcome bad dreams, courage badges, deep breathing exercises and more. Makes a nice companion to the book, The Very Beautiful Dragon Copyright 2003
Grief / Loss – Children	Book	But I Didn't Say Goodbye	Barbara Rubel	This is an extraordinary resource to help children deal with the difficult often hidden and stigmatizing after effects of suicide. One that is honest and respectful of the child's intelligence and resiliency. Copyright 1999

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Grief / Loss – Children	Book	Children and Pet Loss: A Guide for Helping	Marty Tonsley, RN	This guide will help the reader understand the child's attachment to the pet and the significance of the loss; understand the child's concept of death; recognize how children grieve; encourage the child's successful grieving; know when and whether to suggest getting another pet; recognize loss as a valuable lesson about life; know which books are recommended for grieving children. Copyright 1996
Grief / Loss – Children	Book	Children's Grief How to help the child whose parent has died.	Pat Papenbrock Robert Voss	Children are resilient. With understanding and support, they will come through their grief in a healthy and maturing way. We hope that what we have written will help you to give understanding and support. Copyright 1988 Copyright 1990
Grief // Loss – Children	Video and Booklet	Children Grieve, Too	Joy and Dr. Marvin Johnson	Gives information to those who work with grieving children. Basic and reader friendly; talks about what you need to know and how children respond to grief, from infants through teens. Explains death and the funeral. References other resources. Copyright 1998
Grief // Loss – Children	Book	Emily's Sadhappy Season	Stephanie Golightly Lowden	Emily's father dies of heart related problems. Emily struggles with guilt, anger and fear following his death. The back of the book includes tips for helping children grieve. Copyright 1993
Grief // Loss – Children	Book	Finding Grandpa Everywhere	John Hodge	As parents, we wish to shield our children from hurt and pain. At the same time, we do not wish to give them a distorted understanding of the world, so we must include them in events that touch their lives. Death is as much a part of life as weddings and birthday celebrations. Just as members of the family share celebrations together, family members should come together to face the death of a loved one. Copyright 2004
Grief / Loss - Children	Book	Green Mittens from Grandma	Bernice Hogan Hanks	Green Mittens from Grandma is a gentle story about a child's grief, and how remembering helps. Copyright 1996
Grief / Loss - Children	Book	Grunt	Suzanne Schlossberg Tamberrino	Grunt is a beloved family dog whose age and illness have taken away his quality of life. He's given us a lot of good years. Now it's our turn to do something good for him. The family makes a decision to end his suffering. The vet gives Grunt a shot that ends his life quickly and without pain. Afterwards, the family plans a special goodbye. Copyright 2001

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Grief / Loss - Children	Book	Healing a Child's Grieving Heart	Centering Corporation	100 Practical Ideas for Families, Friends & Caregivers. This book offers 100 practical, kid-friendly ideas for helping children grieve. An easy-to-use resource for parents, aunts, uncles, grandparents, teachers and coaches. Copyright 2001
Grief / Loss - Children	Workbook	Help Me Say Goodbye	Janis Silverman	It is hard for children to say goodbye to someone they love. When a special person dies or becomes terminally ill, children need help coping with their grief and finding ways to remember and honor their special someone. Help Me Say Goodbye is an art therapy book that encourages children to express their feelings in words or pictures. It helps them think about what to say and do, how to deal with their feelings, and how to remember their special friend or relative. Families, teachers, school counselors, and grief counselors will find Help Me Say Goodbye an invaluable tool when comforting a grieving child. Copyright 1999
Grief / Loss - Children	Book	If Daddy Loved Me, Why Did He Leave Me?	Dr. David Dalke	For parents and families caring for children after a parent has committed suicide. Copyright 1994
Grief / Loss - Children	Book	I Heard Your Daddy Died	Mark Scrivani	This book is for children ages 2-6. It is a simple and helpful tool for family members and caregivers to read to the child who has lost a parent. This book lets the child know it is okay for them to cry and be sad as well be happy and play. The book includes many ideas to help the child to remember their father. "I Heard Your Daddy Died", encourages discussion and lets the child know that all feelings are normal. Copyright 1996
Grief / Loss - Children	Book	I Heard Your Mommy Died	Mark Scrivani	This book is for the child ages 2-6. It is a simple and helpful tool for family and caregivers to read to the child who has lost a parent. This book lets the child know it is okay for them to cry, be sad and also be happy and play. There are many ideas to help the child to remember their mother. This book encourages discussion and lets the child know that all feelings are normal. Copyright 1994
Grief / Loss - Children	Book	I Know I Made It Happen	Lynn Bennett Blackburn	We look at feelings when there's a family fight, a divorce, illness, injury and death. Gives kids support and understanding during crisis. It's nice to know, though, that my wishes, and my thoughts, and my words, don't make bad things happen. Copyright 1991

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Grief / Loss - Children	Book	Lost and Found Remembering A Sister	Ellen Yeomans	We lost Paige. That's what my Grandma said "lost". My parents said she died. I wondered if I could find her again. So begins the story of one child's search for understanding after the death of her sister. If someone could be "lost" could they also be "found"? Dealing with her own grief and accepting the emotions of those around her this child finds her way toward healing. Copyright 2000
Grief / Loss - Children	Book	Memories Live Forever	Sharon Rugg	This is a vitally needed book that helps children through the necessary process of grief. The pages are filled with activities, text, and poems that guide children through memories and feelings. This process encourages them to share their feelings with someone who cares about them. Copyright 1995
Grief / Loss - Children	Book	Molly's Mom Died	Margaret M. Holmes	Picture book has gentle illustrations and reassuring text to help young children understand the grief process. The author uses descriptive language that would appeal to a grieving child. The book validates both the negative and positive feelings and the behaviors that are typical for children who have lost a parent. There is a caregiver section at the back of the book that could help adults answer questions and deal with particular concerns. Copyright 1999
Grief / Loss - Children	Coloring Book	New Baby A special coloring book for big sisters and big brothers.	Centering Corporation	Ages 4-9: A workbook for children whose brother or sister dies before birth. Includes pages for writing and drawing to help share thoughts and feelings. Begins with finding out about the new baby in the family, finding out about the death, questions, and things to do to remember the baby. Copyright 1991
Grief / Loss - Children	Storybook	Ragtail Remembers	Liz Duckworth	As he tries to understand what has happened, Ragtail is swept by confusing feelings of denial, anger, and sadness. With the help of a new friend, he learns to deal with his feelings and soon discovers the comfort that comes from remembering. Copyright 2003
Grief / Loss - Children	Workbook	Reactions	Alison Saltnoun	This excellent workbook can help children cope with grief and loss. While this book is primarily designed for use by therapists or support groups, it can certainly be used by families as a way to promote discussion of feelings and reactions. This book provides places for individual responses, and also has suggestions for coping. It is written in simple but uncondescending terms, so children from six through fourteen will find comfort in it. Copyright 1998

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Grief / Loss – Children	Workbook	Remembering Our Baby	Patti Keough	A workbook for children whose brother or sister dies before birth. Includes pages for writing and drawing to help share thoughts and feelings. Begins with finding out about the new baby in the family, finding out about the death, questions, and things to do remember the baby. Copyright 2001
Grief / Loss - Children	Storybook	Sunflowers & Rainbows for Tia	Alesia Alexander - Greene	This story is about a child whose father dies at home. It follows the family from the night of the father's death through the days following the funeral. The feelings of the child and the events surrounding her father's death are realistically portrayed and caringly addressed. The illustrations are bright and colorful and the text is rich and descriptive. Copyright 1999
Grief / Loss - Children	Book	Talking With Children About Loss	Maria Trozzi Kathy Massimini	Through stories and thoughtful analysis, Maria explains how to handle the difficult job of talking with children and adolescents about loss. Includes information about divorce, pet loss, death of a family member, the disabling of a sibling and more. Over 300 pages! Copyright 1999
Grief / Loss - Children	Storybook	The Brightest Star	Kathleen Marsh Henery	A little girl, grieving the death of her mother, finds comfort in looking for the brightest star in the sky to remind her of her mother's love. Beautiful, soft illustrations, reassuring text, and the depiction of real feelings make this book truly special for children who grieve. Copyright 1998
Grief / Loss - Children	Book	The Empty Place	Roberta Temes, Ph.D.	When a third grader's big sister Jennifer dies, the boy is confused, angry, and scared. For the first time, he must face the awful finality of death and the pain of loss. The young boy is fearful "because some day my mother could die, or my father could die, or I could die." Copyright 1992
Grief / Loss – Children and Adults	Storybook	The Fall of Freddie the Leaf	Leo Buscaglia, Ph.D.	The Fall of Freddie the Leaf touches children and adults alike illustrating the delicate balance between life and death. The Fall of Freddie the Leaf is a warm, thought-provoking story about how Freddie changes with passing seasons and the coming of winter. This is the 20 th anniversary edition of the beloved classic that has helped thousands of people come to grips with life and death. Copyright 1982

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Grief / Loss - Children	Storybook	The Healing Tree	Kathleen Maresh Hemeny	Sammy couldn't wait to go to Baba Maria's house her grandma told such wonderful stories. But the story Baba told Sammy today was different. Sammy and Baba had been sitting on the old swing under the oak tree. Sammy noticed a long bare strip on the trunk of the tree where there was no bark. "Baba, what happened to this tree? Why is there a big scar running down the middle of it?" So begins the story of The Healing Tree. Copyright 2001
Grief / Loss - Children	Book	The Next Place	Warren Hanson	The Next Place is an inspirational journey of light and hope to a place where earthly hurts are left behind. An uncomplicated journey of awe and wonder to a destination without barriers. The Next Place is a celebration of life. Hear the music. Feel the warmth. And be carried away along life's everlasting flight. Copyright 1997
Grief / Loss -- Children	Storybook	The Problem With Hair	Karen Sue Foss	A story for children who are learning about cancer. Copyright 1996
Grief / Loss - Children	Book	The Very Beautiful Dragon	Joy Johnson	This is a book about facing our fears, even when we're children. Once we stop hiding from what really scares us, once we see it as it really is, once we meet it and get acquainted, we can recognize our strengths and our power. Copyright 2001
Grief / Loss - Children	Book	Thumpy's Story	Nancy C. Dodge	Thumpy shares the hurt and questions when his sister dies. This story provides an opportunity for children and adults to express their emotions and learn about life, death, grief and love. Copyright 1986
Grief / Loss - Children	Color Book	Thumpy's Story: A Story to Color	Nancy C. Dodge	This is especially good for very young children, ages 3 up. Through coloring the pages children learn about grief and loss. Copyright 1996
Grief / Loss - Children	Workbook	Treasured Memories of a Special Person	Mary Herta Janerino	This workbook can be used by any age child for the death of any loved one. It is full color throughout and includes pages for funniest memory, happiest memory, wishes, hopes, favorite foods shared and more. Includes a page for adults helping children grieve. Copyright 1996

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Grief / Loss - Children	Booklet	Waterbugs and Dragonflies	Doris Stickney	A tender tale of death and new life, this mini-book uses the symbol of one waterbug, climbing a stalk to turn into a dragonfly, never to return. Includes a prayer for parents, scripture and information for what parents can say. Copyright 2004
Grief / Loss - Children	Book	When Dinosaurs Die	Lauree Krasny Brown and Marc Brown	This fun and colorful guide helps dispel the mystery associated with death and provides answers to the most often asked questions. Copyright 1996
Grief / Loss - Children	Story book	Where The Balloons Go	Paul Coleman	Corey loves his Grandma and she loves him. This exquisite story shares love and dreams and death and grief as Grandma dies and Corey tries hard to discover the real Balloon Forest. Copyright 1996
Grief / Loss - Children	Book	When Something Terrible Happens	Marge Heegard	Terrible things happen to children. Traumatic events in the lives of their families, their friends or in the world leave children feeling confused, insecure and frightened. Some things happen in nature like floods and earthquakes. People also cause violence and trauma. This book is designed to help children understand and cope with overwhelming feelings from loss and change. Creating art provides a method for expressing feelings children are unable to understand or express verbally. Copyright 1991
Grief / Loss - Spanish-speaking Children	Book	Los Recuerdos Viven Eternamente	Sharon Ruggs	Written in Spanish, this is a vitally needed book that helps children through the necessary process of grief. The pages are filled with activities, text, and poems that guide children through memories and feelings. This process encourages them to share their feelings with someone who cares about them. Copyright 1997